

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF HEAT AROUND THE WORLD.



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

**IN A HURRY,
NO WORRY!**

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



CHECK THIS OUT!

Blazin' hot chicken salad or sub with a buffalo vegetable topping on a zesty pepper roll.

DELI

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

OTHER DAILY OPTIONS

Hummus



TRY THIS ONE!

Blazin' hot chicken salad or sub with a buffalo vegetable topping on a zesty pepper roll.



GRILL

EVERYDAY SELECTIONS

Classic Hamburger
Crispy Chicken Sandwich

Toppings

Sliced Cheddar Cheese
Sliced Pepper Jack Cheese
Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

Monday Corn Dog

Tuesday Rib-B-Que

Wednesday Toasted Cheese Sandwich

Thursday Hot Dog

Friday Chicken Tender Sandwich

Offered with Veggie Sticks or French Fries

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza
M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

Offered with Toasted Garlic Caesar Salad

DAILY PASTA OPTIONS

Alfredo Mac and Cheese



Fresh Baked Bread Offered Daily with Pasta



SHAKE IT UP!

Blazin' hot chicken pizza topped with celery, carrots, cucumbers, cheddar cheese, chopped parsley and Spicy Trio Sauce.

This week in GLOBAL



Choice of: Tortilla Chips, 6" & 10" Tortilla, Cilantro Lime Rice or Taco Salad Bowl

EVERYDAY SELECTIONS

Taco Beef or Cheddar Cheese Sauce

Monday Carnitas served with Refried Beans or Aztec Corn

Tuesday Fajita Chicken served with Mexican Black Beans or Aztec Corn

Wednesday Carnitas served with Refried Beans or Aztec Corn

Thursday Thanksgiving Meal

Friday Carnitas served with Refried Beans or Aztec

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Chipotle Lime

Mayonnaise blended with chipotle and adobo sauces, fresh cilantro, lime juice, honey, garlic, and yellow mustard.

Spicy Trio Sauce

A combination of jalapeños, crushed red pepper and Sriracha sauce blended with ranch dressing.

Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in ADVENTURE



EVERYDAY

Toasted Cheese Sandwich

Monday Jersey Shore Grilled Cheese

Tuesday California Grilled Cheese

Wednesday Wisconsin Grilled Cheese

Thursday Thanksgiving Meal

Friday Caprese Grilled Cheese

Add Your Choice of

Seasoned Potato Wedges,
a Side Garden Salad
or Hearty Tomato Soup

NOVEMBER 18-22

TULSA PUBLIC SCHOOLS HIGH SCHOOLS

Additional nutrition information available upon request.
This institution is an equal opportunity provider.