

# Student Activities

## The role of student activities

Co-curricular activities are an important part of the holistic education that Cathedral High School provides to her students. Participation in activities outside of the classroom setting gives students opportunities to develop leadership skills, make new friends, serve others, and be more physically fit.

## A high level of student participation

Nearly every student at Cathedral has participated in at least one co-curricular activity (usually many more) by the time he or she graduates. Percentage of participation is extremely high because Cathedral offers over 50 clubs in which to participate, moderators who truly care about students and enjoy spending time with them outside of school hours, and a philosophy that allows students to create and lead their own initiatives. Cathedral encourages all of her students to participate in at least one activity, but also to be careful not to commit to too many activities at one time so that they can fully participate in each one.

## Well-rounded students

Search Institute has identified the following building blocks that help young people grow up healthy, caring, and responsible. Cathedral encourages students to gain as many of these assets as possible. The relationships formed in student activities help students to gain assets. Student activities and the 40 Developmental Assets add to a more thorough understanding of our students in regard to their Cathedral 360 personalized educational experience.

- Family Support
- Positive Family Communication
- Other Adult Relationships
- Caring Neighborhood
- Caring School Climate
- Parent Involvement in Schooling
- Community Values Youth
- Youth as Resources
- Service to Others
- Safety
- Family Boundaries
- School Boundaries
- Neighborhood Boundaries
- Adult Role Models
- Positive Peer Influence
- High Expectations
- Creative Activities
- Youth Programs
- Religious Community
- Time at Home
- Achievement Motivation
- School Engagement
- Homework
- Bonding to School
- Reading for Pleasure
- Caring
- Equality and Social Justice
- Integrity
- Honesty
- Responsibility
- Restraint
- Planning and Decision Making
- Interpersonal Competence
- Cultural Competence
- Resistance Skills
- Peaceful Conflict Resolution
- Personal Power
- Self-Esteem
- Sense of Purpose
- Positive View of Personal Future



## Current list of clubs and activities

This list of clubs and activities is continually growing. Check our website for descriptions of each club or activity, contact information for moderators, and the most up-to-date list at [gocathedral.com/studentactivities](http://gocathedral.com/studentactivities).

Alliance Club	Irish Engineers Club
American Sign Language Club	Irish Guys With Ties Glee Club
Art Club- Sara Greene	Irish Investors Club
Asian Student Union	Kassie Kares Philanthropic Club
Aviation Club	Latin Club
Battle of the Books Competition	Latin Dance Team
Best Buddies Club	Latino Student Union
Black Student Union	Life Savers Club
Books and Bagels Club	Liturgy Planning Committee
Bowling Team	Lumberjack Society Social Club
Brain Game Academic Team	Math League and Contests
Catan Society	Medical Club
Cathedral Broadcasting Club	Mental Health Awareness Club
Cathedral Leukemia and Lymphoma Society	Model UN
CHS Live News Club	National Honor Society
Champions Together Club	Philanthropy Mission Team
Chess Club	Philosophy and Theology Club
Class Officers	Poetry Out Loud Club
Improv Comedy Team	Project I.R. I. S. H- Charlene Witka
Creative Writing Club	Riley Dance Marathon
CTEC Robotics Club	Service Learning "In Our Village" Club – Liz Browning
Dance Team	Ski and Snowboarding Club
Dungeons and Dragons Club	Society of the Silver Screen Movie Club
EMBRACE Multicultural Club	Spanish Club
Environmental Club	Spanish Competition Team
Fishing Club	Speech and Debate Team
French Club	Student Council
German Club	Student Life Council
Girl Up Womens Forum	The Cathedral Outdoor Life and Safety Club
History Club	The Weekly Wire Politics Club
Holy Cross Council	We The People
Horse Club	Young Democrats
International Food Club	Young Republicans
International Thespan Society	
Intramurals	
Irish Blessings Daycare Club	

5225 E. 56th Street  
Indianapolis, IN 46226  
317.542.1481  
[www.gocathedral.com](http://www.gocathedral.com)



Dungeons and Dragons Club



Yoga Club



Show Choir



The Irish 500, which is presented by Student Council each year