

COUGAR HOME SAFETY ASSESSMENT- VERSION 2.0

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Description of Assessment and Procedures for Administration:

- This occupational therapy assessment requires the administrator to have competency and knowledge in environmental and home safety.
- The Cougar Home Safety Assessment 2.0 contains 52 criteria that can be answered by observation, testing of certain home items, and questioning the resident.
- The Cougar Home Safety Assessment 2.0 includes the following categories: fire hazards/ carbon monoxide, emergency/ medical, electrical/ water temperature, flooring/ hallways, kitchen, bathroom(s), closets / storage areas, parking areas and entrances.
- The occupational therapist will be escorted on a tour of the resident's home or apartment and complete the Cougar Home Safety Assessment 2.0. The occupational therapist may use clinical reasoning to determine if areas are safe or unsafe. If any criteria is not applicable, mark it "safe."
- Tools required: thermometer, flashlight, reaching stick/yard stick to test smoke detector, pen, and a copy of the assessment.

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FIRE HAZARDS / CARBON MONOXIDE

1. There is a fire extinguisher present on every level of the house or apartment.
Safe ___ Unsafe ___

2. There is a functional smoke detector present on every level of the house or apartment.
Safe ___ Unsafe ___

3. Portable heaters, ashtrays, or other fire sources are located away from flammable objects.
Safe ___ Unsafe ___

4. Candles are burned in places away from flammable objects.
Safe ___ Unsafe ___

5. There is a functional carbon monoxide detector present on every level of the house or apartment.
Safe ___ Unsafe ___

Comments / Recommendations:

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EMERGENCY / MEDICAL

6. An accessible telephone is in every room, a medical alert device, or a cordless telephone is accessible.

Safe ___ Unsafe ___

7. Emergency numbers are posted on or near the telephone, or are easily accessible (i.e. primary physician, pharmacy, closest family member, etc).

Safe ___ Unsafe ___

8. Flashlights are accessible and functional.

Safe ___ Unsafe ___

9. Assistive devices are in accessible areas (i.e. walkers, canes, glasses, hearing aides, long handled reacher, etc.).

Safe ___ Unsafe ___

10. Medications are in an accessible area.

Safe ___ Unsafe ___

11. All areas of the home are in a sanitary condition.

Safe ___ Unsafe ___

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ELECTRICAL / WATER TEMPERATURE

12. Large appliances such as laundry machines and/ or refrigerators are accessible.

Safe ___ Unsafe ___

13. All outlets and switches have plate covers, so that there is no exposed wiring.

Safe ___ Unsafe ___

14. All cords are placed out of the flow of traffic.

Safe ___ Unsafe ___

15. Cords are not attached to walls or baseboards with nails or staples.

Safe ___ Unsafe ___

16. Cords are in good condition (not frayed or cracked).

Safe ___ Unsafe ___

17. Outlets do not appear to be over-loaded.

Safe ___ Unsafe ___

18. The water temperature is 120 degrees or lower.

Safe ___ Unsafe ___

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FLOORING / HALLWAYS

19. Floor surfaces are level and provide a non-slip surface.

Safe ___ Unsafe ___

20. Carpeting is secure and level.

Safe ___ Unsafe ___

21. Throw rugs have a non-slip backing.

Safe ___ Unsafe ___

22. Hallways, passageways, and stairways are free of clutter.

Safe ___ Unsafe ___

23. Hallways, passageways, and stairways between rooms have lighting available.

Safe ___ Unsafe ___

24. Night lights are available and are used at night or for unlit areas.

Safe ___ Unsafe ___

25. Indoor stairways have a secure railing on at least one side.

Safe ___ Unsafe ___

26. Doorway thresholds are reasonably level with the floor.

Safe ___ Unsafe ___

27. Transitions between rooms are level or there is a rail, if needed.

Safe ___ Unsafe ___

Comments / Recommendations:

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KITCHEN

28. Flammable objects such as towels or curtains are located away from the stove area.

Safe ___ Unsafe ___

29. Dials are labeled on stove.

Safe ___ Unsafe ___

30. There is no excessive grease or clutter on or around the stove area.

Safe ___ Unsafe ___

31. Commonly used items are stored in accessible locations.

Safe ___ Unsafe ___

32. Garbage cans, pet bowls, and other objects are not located in the walking path.

Safe ___ Unsafe ___

33. A stable step stool is available, if items are stored above arms reach.

Safe ___ Unsafe ___

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BATHROOM(S)

34. A non-skid mat or surface is outside all bathtubs or showers.

Safe ___ Unsafe ___

35. A non-slip surface, mat or abrasive strips are in all the bathtubs or showers.

Safe ___ Unsafe ___

36. All bathroom areas are accessible.

Safe ___ Unsafe ___

37. A properly installed grab bar or other stable surface is available near the tub and toilet.

Safe ___ Unsafe ___

Comments/Recommendations:

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CLOSETS / STORAGE AREAS

38. Closets and/or storage areas have lighting available.

Safe ___ Unsafe ___

39. Commonly used items are accessible.

Safe ___ Unsafe ___

40. Walk space is free of clutter.

Safe ___ Unsafe ___

41. The garage, if used, is accessible and has lighting available.

Safe ___ Unsafe ___

42. The attic, if used, is accessible and has lighting available.

Safe ___ Unsafe ___

43. All chemical products are stored in a safe manner.

Safe ___ Unsafe ___

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PARKING AREA / ENTRANCES

44. Parking areas have lighting available.

Safe ___ Unsafe ___

45. Parking areas are reasonably level and have a non-slip surface.

Safe ___ Unsafe ___

46. Walkways and sidewalks are clutter free and level.

Safe ___ Unsafe ___

47. Walkways and sidewalks have lighting available.

Safe ___ Unsafe ___

48. The doorbell is functional.

Safe ___ Unsafe ___

49. House numbers are visible on the home or mailbox.

Safe ___ Unsafe ___

50. Outside stairways, if present, have a secure railing on at least one side.

Safe ___ Unsafe ___

51. Entrance and doorways to home are free of clutter and hazards.

Safe ___ Unsafe ___

52. Entrance has lighting available.

Safe ___ Unsafe ___

Comments / Recommendations:

SAFETY SCORE

# Safe	
# Unsafe	
# Not rated	
FINAL SAFETY SCORE: Percent Safe= {# Safe} ÷ {52 minus # Not rated}	

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Notes

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