

MISERICORDIA UNIVERSITY Sound Byte

DIAGNOSTIC MEDICAL SONOGRAPHY

Summer 2019 • Issue 19

Congratulations to the Class of 2019

Seventeen sonography students were recognized for their achievements on March 10, 2019. Students celebrated their successes with family, friends, faculty, clinical instructors, and administration. Displayed for guests to learn more about student activities

during the program, were posters and brochures of their portfolios highlighting academic and personal events.

Twelve students were presented their Certificate of Completion for completing the 18-month certificate program. Five students were recognized for their accomplishments and earned their Bachelor of Science degree on May 11, 2019.

All 17 students earned their RDMS credential with 16 possessing both OB/Gyn and Abdomen specialties.

The class of 2019 exhibited a 100% pass rate in all three ARDMS examinations. The program is currently aware of fifteen graduates who are employed.

Awards

Two Achievement Awards for Academic Excellence were presented. In the Certificate program, Theodosia Schneider of Maine earned the highest GPA. Danielle Owens of Syracuse, NY earned



the award for the student in the BS program earning the highest GPA. The Sonography WAVE Award recipient was Rebecca Flick, Allenton, PA. Kristine Holdorf was recognized for her participation in a bottle recycling program that benefits the St. Gabrielle's Angels.

Thank you to everyone for your contribution in their successes.

Fall Course Offerings

The Sonography Department is offering the following courses on-line:

Advanced Vascular (3 credits) ; Breast Sonography (2 credits) and Advanced Fetal and Pediatric (3 credits)

Many compliments are received from sonographers who take these courses.

If interested in enrolling in any of these courses, please contact the program at 570-674-6790 no later than July 30, 2019.

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Graduate Spotlight

Jennifer Windt, BSDMS, RT, RDMS Class of 2008 and 2013 **Current Position**: Clinical Specialist with GE Healthcare

Share with us your journey to where you are now.

The journey is the reward they say. As I reflect on my ultrasound career and how I got to where I am today it leaves me astonished and grateful. I remember my interview with Sheryl Goss upon entry to the certificate program at Misericordia University. Her words resonated with me, she said, "Ultrasound has been good to me. You get out of this program what you decide to put into it." I knew at that moment that it was not going to be easy, but I wanted it. There are many different avenues to pursue in healthcare and for me it was always imaging. I started my imaging career in radiologic technology with ultrasound as my goal and to mirror Sheryl's words, "it has been good to me". There have been times I questioned my decision, especially on those tough days. There are a lot of difficult days in ultrasound, but such is life, you power through scanning one patient at a time. I can confidently claim today I would have made the same choice.

My experience in the corporate world is completely different than scanning clinically. The program at MU, along with my career path, helped me get prepared for my current role as a clinical specialist for Point of Care Ultrasound (POCUS). The role required me to relocate and travel, which rewarded me to meet countless ultrasound professionals along the way. These individuals shared their passion and their drive for this profession has opened so many new opportunities for me professionally and personally. One thing that will forever remain the same is how many people can place Sheryl on the six degrees of Kevin Bacon scale. Trust her when she tells you the ultrasound

community is a close tight knit network. I met people in this profession from Philadelphia to Wisconsin who can comment on Sheryl's passion for ultrasound, along with the program and even NEPASU. I consider myself lucky to have been a part of it all.

Who would you consider your professional mentors?

If I could change a few things I would have paid more attention to my teachers. Throughout life, not just your career, you will come across teachers of all kinds; pay attention to them all. The good, the bad, the ugly, they are all put in your path to guide you along the way. Grab a hold of the ones who see your spark and want to help you ignite it. Don't make it harder than it must be by avoiding the trials along the way. Instead, put yourself in vulnerable positions, get uncomfortable, and be willing to take the challenges that will help you learn and become more confident. Be willing to fall and fail forward, as Sheryl would recommend, be willing to move your cheese. Hopefully, she still recommends the book "Who Moved My Cheese" by Dr. Spenser Johnson. If you have not read this book, do yourself a favor and get this easy read. Mrs. Goss's assignments are never easy, however, take my advice and trust the process, as there is a method to her madness... it works! The DMS program at MU is like no other.



What advice would you give sonographers?

Being vulnerable is ok. Asking questions is even better. All you need is for one person to believe in you when you are in a room full of non-believers. Sometimes that one person is you. Be proud of your career choice. Be proud of your decision to stay or move along. Always remember these three things: Where you started, where you are, and where you want to be. One of my favorite quotes is by St. Jerome, "Never let it rest, 'Til your good is better and your better is your best."



Wins National Award

Congratulations to Teela Durfee, BS, RDMS and Tara Cielma BS, RDMS, RDCS, RVT on winning the Technologist Best Poster Award at the Society of Pediatric Radiology annual conference this past May in San Francisco, CA. Teela is a graduate of MU's Bachelor of Science Post Certification Program and Tara will earn her B.S. degree later this summer. Teela and Tara are employed by Children's National Health System in Washington, D.C.

Technologist Best Poster Award

wel Sonography: Technical approach and challenging diagnoses

Bulas, MD, Judyta Adeviga, Anjum Bandarka

Mission Trip

I once again had the amazing opportunity to participate in a recent mission trip to Santiago, Dominican Republic and work alongside Cara Spector, class of 2019. Over the course of three days in the clinic, we scanned approximately 40 to 50 patients. It was such a rewarding opportunity and an eye opening experience for both Cara and I. You really value your education and learn to work as a team in the management of the patient.

The trip applies the interprofessional education gained from within the program. The residents of the country are truly grateful for our work there. I was a recipient of a grant for mission work through the SDMS. I am very grateful to SDMS for their support in international service.

Sonography Student Presentations

Four sonography students presented their senior capstone projects on May 2, 2019. Three students displayed their research posters during MU's Research Poster Day. The Campus community attended and had opportunity to talk with the students about their senior research posters. Rebecca Flick presented her research at the May NEPASU meeting.



LEFT TO RIGHT: CARA SPECTOR, RDMS; KRISTINE HOLDORF, RDMS; AND DANIELLE OWENS, RDMS







REBECCA FLICK, RDMS

Research Topics

- Cara Spector Variance of Sonographic Measurements
- Danielle Owens Quality Assurance of Infection Control
- Kristine Holdorf Ergonomics in Sonography
- Rebecca Flick Quality Matters in the Detection of Congenital Cardiac Defects

College of Health Sciences and Education Diagnostic Medical Sonography



301 Lake Street Dallas, PA 18612-1090

Visit us at www.misericordia.edu/dms

Dates and Reminders

July 30, 2019 Last date to register for fall courses

August 26, 2019 First week of on-line classes

September 17, 2019 NEPASU Dinner Meeting at the Irem Temple Country Club

September 26-29, 2019

SDMS Annual Meeting National Harbor, MD SDMS will not be back to the Mid-Atlantic region until 2023.

Clinical Advisory Meetings

Fall 2019: Dates forthcoming

Clinical Instructors and Department Managers are invited and encouraged to attend.

Congratulations

On May 11, 2019 five sonographers graduated with a Bachelor's Degree in Diagnostic Medical Sonography.



PICTURED ABOVE: KRISTINE HOLDORF, REBECCA FLICK, CARA SPECTOR, DANIELLE OWENS. ABSENT FROM PHOTO: KRISTIN PETRUZELLI