## CHRISTIAN VALUES AT LHP: FRUIT OF THE SPIRIT

A few years ago, our staff collaborated to determine how each Fruit of the Spirit is actively incorporated into life at LHP. Below, each attribute is defined and is supported by Biblical references.



Kindness is using encouraging words, helpful actions and sincerely appreciating and nurturing everyone's unique abilities.

- 1 Corinthians 13:4 Love is Patient and Kind.
- The Parable of the Good Samaritan Luke 10:30-37 New International Version (NIV)

30 ... Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. 31 A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. 32 So too, a Levite, when he came to the place and saw him, passed by on the other side. 33 But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. 34 He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. 35 The next day he took out two denarii[c] and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.' 36 "Which of these three do you think was a neighbor to the man who fell into the hands of robbers?" 37 The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise."

Faithfulness is demonstrating the ability to be loyal and consistent, to follow through on commitments, and to show dedication.

• The Widow's Two Mites Luke 21:1-4 New King James Version (NKJV) 1 And He looked up and saw the rich putting their gifts into the treasury,2 and He saw also a certain poor widow putting in two mites. 3 So He said, "Truly I say to you that this poor widow has put in more than all; 4 for all these out of their abundance have put in offerings for God, but she out of her poverty put in all the livelihood that she had."

**Peace** is harmony between parts of the whole.

- Matthew 5:9 ESV "Blessed are the peacemakers, for they shall be called sons of God."
- Matthew 6:25-34 ESV "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. ..."

Gentleness is being quick to listen and slow to speak, measuring our words, and projecting an attitude of safety and empathy.

- 2 Timothy 2:24 A servant of the Lord must not quarrel but be gentle to all.
- Proverbs 15:1 A gentle answer turns away wrath, But a harsh word stirs up anger.
- Matthew 5:5 Blessed are the gentle, for they shall inherit the earth.

Patience is the heartfelt modeling of selflessness through listening and acting in a calm, courteous, empathetic, mature, & tolerant manner.

• Psalm 37:7 Be still before the Lord and wait patiently for him.

Love is recognizing and accepting the needs and emotions of others so that you may respond with care, respect, and patience.

• Mark 12:29-31 English Standard Version (ESV) 29 Jesus answered, "The most important is, 'Hear, O Israel: The Lord our God, the Lord is one. 30 And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' 31 The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

Self-Control is demonstrating the ability to use discernment to choose the right thing even when it is hard, demonstrating impulse control under difficult circumstances, and being able to think and then respond or act calmly.

- James 1:19 Let every person be quick to hear, slow to speak, slow to anger.
- 2 Timothy 1:7 ESV For God gave us a spirit not of fear but of power and love and self-control.

Goodness is an awareness of a moral compass manifested in actions of virtue and excellence.

- Galatians 6:9-10 Let us not grow weary of doing good... As we have opportunity, let us do good to everyone
- Ephesians 5:9 ESV For the fruit of light is found in all that is good and right and true,
- Romans 12:9 ESV Let love be genuine. Abhor what is evil; hold fast to what is good.

Joy is feeling or condition of contentment and happiness not subject to changing circumstances.

- Psalm 16:11 (ESV) 11 You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.
- Proverbs 17:22 ESV A joyful heart is good medicine, but a crushed spirit dries up the bones
- John 15:11 ESV These things I have spoken to you, that my joy may be in you, and that your joy may be full.

