

ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

ADHD is a biological condition but environmental factors are also likely to play a part in the child's behaviour.

STRATEGIES

- Seat the pupil close to the **teacher** – use “**proximity control**”
- Use the pupil's **name**
- Selectively **ignore** minor inappropriate behaviour – especially if it is to gain your attention
- **Acknowledge** positive behaviour
- When reprimanding – focus on the **behaviour you want**.
 - Rather than saying “**Stop / Don't.....**”
 - Say “**Please do.....**”
- Criticise the behaviour, not the child.
- Explain unacceptable behaviour **privately** (and the consequences, these should never be publicly humiliating of course.)
- Keep oral instructions **brief**
- Break tasks up into **small steps**
- Help the pupil to **organise** him/herself -
 - making lists
 - writing down homework
 - planning project work
- Focus on **content** rather than untidiness and spelling errors
- **Praise and encourage** progress. It is important to build up the pupil's self esteem.