

Welcome to  
the **SQUAD**



# Find Your Squad: Sanity Among the Chaos

FCIS November 2019

#findyourtribe

# Connect With Us!

**Jennifer Hencken**

**Professional Development**

Trinity Preparatory School



@jenhencken

**Natalie Galed**

**Instructional Design Specialist**

Trinity Preparatory School



@natgaled

**Reba Gordon**

**Director of the Rich Library**

Trinity Preparatory School



@Reading\_Reba



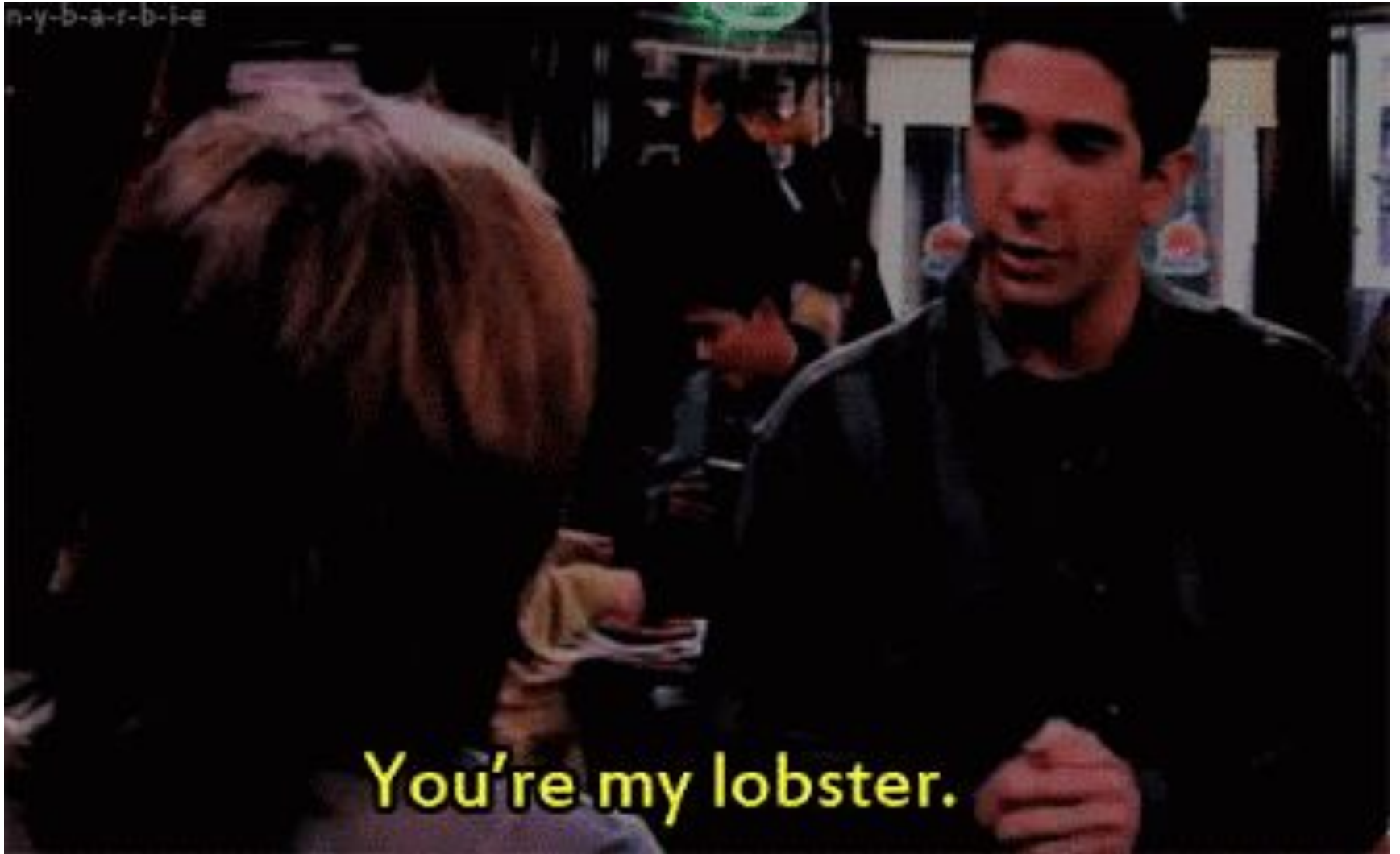
“

We greet students at the door to help them feel welcome. **Extend that same grace to colleagues** as well. Smiles, asking how are you, and actually listening to another adult's answer — they go a long way to setting the tone for a school.

— **Pernille Ripp**  
TEACHER

edutopia

# Who's Your Lobster?





CLING  
TO TEACHER  
FRIENDS  
THAT  
LIFT  
YOU UP.

02:00

**“Find a group of people who  
inspire you; spend a lot of  
time with them and it will  
change your life.”**


**~Amy Poehler**

**#findyourtribe**

**What types of people do you look for to help you brainstorm, if you need a boost, or need to vent?**



# Where do you go to meet the people you need?



**What are you contributing to the people around you? How  
do you give back?**

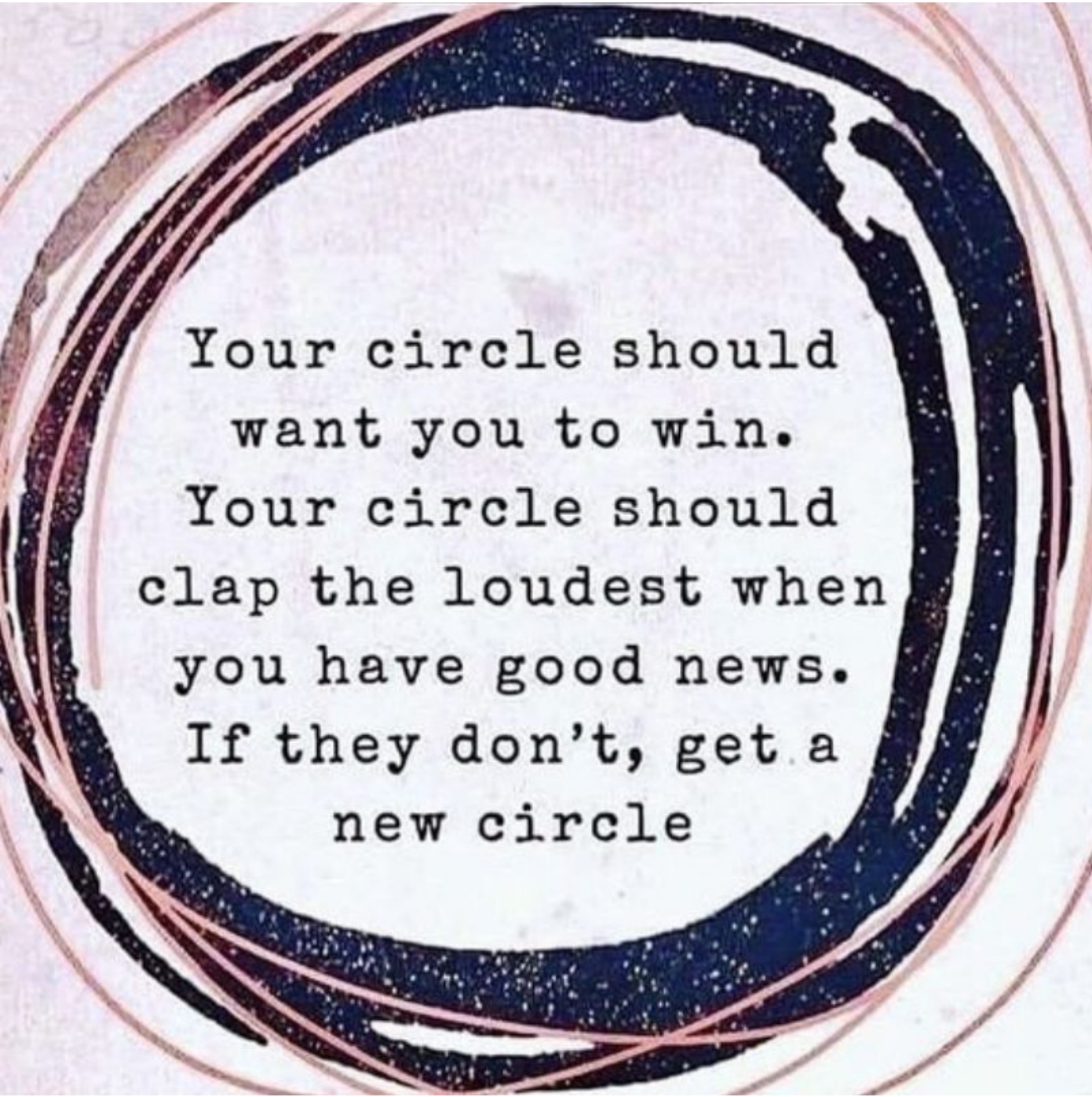
**When you  
have energy  
you get  
energy**

**WHAT YOU  
MODEL,  
PEOPLE  
WILL FOLLOW**

*Evan  
Robb*

TEACHERS NEED OTHER  
**TEACHERS.**

THIS IS NOT A JOB THAT  
**CAN BE DONE ALONE.**  
COLLABORATION AND  
**FRIENDSHIP ARE VITAL**  
**IN KEEPING TEACHERS**  
**SANE AND HAPPY.**

The image features a large, hand-drawn circle with a thick, dark blue or black textured border. Inside this circle, the text is written in a typewriter-style font. The background of the entire image is a light pink color, with several thin, concentric circles drawn in a reddish-pink hue around the main dark circle.

Your circle should  
want you to win.  
Your circle should  
clap the loudest when  
you have good news.  
If they don't, get a  
new circle



**Create a team  
that you would  
want to be on.**

RYAN SHEEHY



@SHEEHYRW



*ways to say "no"*

*no.*

*nah.*

*nope.*

*oh no no.*

*no thanks!*

*absolutely not.*

## **How to just say “no”: 4 frameworks from the pros**

1. Assess the true costs of saying “yes”
2. Say “I don’t” rather than “I can’t”
3. Share resources instead of your time
4. Set your own rules ahead of time

# “NO”vember

*A time to start saying “no” to  
people, places & things that  
drain your energy.*



**BE THE TEACHER  
WHO MAKES OTHER  
TEACHERS FEEL GREAT**

**--BECAUSE YOU ALWAYS HAVE CANDY.**

**DIGITAL: DIVIDE + CONQUER**



Dove Chocolate Messages

#findyourtribe



# Like-Minded Lobsters

## Who to Follow?

Cult of Pedagogy

#TeachersofInstagram

@GeorgeCouroos

@8Amber8 (Amber Teamann)

We are Teachers (Insta)

Dr. Jenn Hardy

#FindYourTribe

@pechakucha

@PBLWorks

@pechakucha

## Groups to Join

Project Based Learning Community  
(FB)

Hacking School Libraries (FB)

Specific Tech Tool Communities

Become an Ambassador for Product  
You Love

Teach with Tech

Organizations for Your Content

# #GratitudeSnaps

It's #GratitudeSnaps  
Challenge Time!  
Nov 1-Nov 27  
You've got THIS!

Every day tweet  
ONE pic of  
something you're  
grateful for and  
include  
#GratitudeSnaps.

 Don't forget  
to tag us!



## Join the #GratitudeSnaps Challenge



Tara Martin  
@TaraMartinEDU

*A Cousin of #BookSnaps*



Tisha Richmond  
@tishrich

# Our New Crew!

**Instagram** 

@jengannaio

@kellokittymommy

@theadventuresofmspanrels

**Facebook** 

Katie Fletcher Spellman

Katie Barber

Lauren Ash Annen

**LinkedIn** 

Robert Henneberg

**Twitter** 

@CoachHenneberg

@mscottie1

@jdetringo

@TPrep\_MSsports

@NAlboukrek

@crismagaletti

@arlenartistry

@Ms\_H\_Womersley

@kellycsteacher