

# December Merlo High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>No School Today</b>	3 Buffalo Chicken Tater Bowl	4 Chicken or Vegetarian Nachos (V)	5 Orange Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	6 Chicken Alfredo Pasta Chicken Soft Tacos
9 Rib B Que Sandwich Cheese (V) or Pepperoni Pizza Rippers	10 Buffalo or Crispy Layered Chicken Bowl	11 Beef or Vegetarian Nachos (V)	12 Sweet and Sour Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers	13 Pasta with Meat Sauce Chicken Soft Tacos
16 Buffalo or Crispy Popcorn Chicken Cheese (V) or Pepperoni Pizza Rippers	17 Country Steak with Mashed Potatoes & Gravy	18 Chicken or Vegetarian Nachos (V)	19 Teriyaki Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers	20 Lasagna Roll Ups (V) Chicken Soft Tacos

## Offered Daily

- Bosco Cheese Stuffed Breadsticks (V)
- Buffalo or Crispy Chicken Sandwich
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Roadrunner Cheese or Pepperoni Pizza(V)\*
- Variety of Deli Sandwich (V)
- Variety of Prepared Salads (V)
- Yogurt and Granola Cup (V)

Lunch Prices  
Paid: \$3.60  
Reduced: No Charge  
Adult: \$4.50  
Milk: \$0.50

V=Vegetarian  
\* = Pork

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto [www.schoolcafe.com](http://www.schoolcafe.com).

## Have a wonderful Winter Break!

### See you in 2019!

**What is included in your students lunch meal?** Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% White Milk, or Nonfat Chocolate Milk, Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

**Menus subject to change.**

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Visit our Website: <http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school!

Just go to <https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?category=SUB+FOOD+SERVICE> click and apply!