

# Lower School Chapel November 4, 2019



## Psalm 118:24

This is the day  
that the Lord has  
made;  
**let us rejoice and  
be glad in it.**



# Why How We Treat Others is Important

- How we are treated affects our health
- How we are treated affects our learning
- Life is a team sport
- Our common good depends on right treatment
- Respect is like the air we breathe





# Live in Harmony for We are All Related



Joy Harjo, First Native American Poet Laureate



# The primary teaching of every religion?

**Christianity:** In everything, do to others as you would have them do to you; for this is the law and the prophets. (Jesus, Matthew 7:12)



**Zoroastrianism:** Do not do unto others whatever is injurious to yourself. (Shayast-na-Shayast 13.29)



**Judaism:** What is hateful to you, do not do to your neighbour. This is the whole Torah; all the rest is commentary. (Hillel, Talmud, Shabbat 31a)



**Sikhism:** I am a stranger to no one; and no one is a stranger to me. Indeed, I am a friend to all. (Guru Granth Sahib, p. 1299)



**Hinduism:** This is the sum of duty: do not do to others what would cause pain if done to you. (Mahabharata 5:1517)



**Jainism:** One should treat all creatures in the world as one would like to be treated. (Mahavira, Sutrakritanga)



**Islam:** Not one of you truly believes until you wish for others what you wish for yourself. (The Prophet Muhammad, Hadith)



**Buddhism:** Treat not others in ways that you yourself would find hurtful. (Udana-Varga 5.18)



**Taoism:** Regard your neighbour's gain as your own gain, and your neighbour's loss as your own loss. (T'ai Shang Kan Ying P'ien, 213-218)



# Platinum Rule

Do to Others, What They Want  
to Have Done to Them





# Wisdom for Life by Lolly Daskal

- Treat everyone with kindness--not because they are kindhearted, but because you are.
- Don't try to make yourself great by making someone else look small.
- Never look down on someone unless you are helping them up.
- Remember, everyone has a story.
- We don't meet people by accident.



## Prayer

God be in my head,  
And in my understanding.

God be in my eyes,  
And in my looking.

God be in my voice,  
And in my speaking.

God be in my mind  
And in my thinking.

God be in my living,  
And in my everyday doing,

And teach us delight in  
simple things.

Amen

