



## **SMITH KNIGHTS BASKETBALL**

### ***Boys Tryout Information***



*The following is a guide to 'what coaches are looking for' at tryouts to make team.*

1. **Schedule.** Are you able to attend all practices and games to completion without conflicts (soccer, lax, etc.) We understand that you may be sick or have an emergency and may miss some time. If you have a reoccurring scheduling conflict please discuss it with your coach during tryouts.
2. **Effort.** Do you give your best effort during drills, scrimmages, etc.
3. **Behavior and attitude.** A good student and teammate. Respect the game, teammates, coaches.
4. **Competitive.** Strive to be the best so the team is successful.
5. **Coachable.** Can understand drills/schemes presented and apply corrections when given.
6. **Skill + Athleticism**
  - a. **Dribble** with both hands with head up and speed and direction change
  - b. **Pass and Catch** (hands) stationary and on the move.
  - c. **Shoot – Layups** (both sides), FT and perimeter (form, strength and accuracy)
  - d. **Rebound** (Jump to to catch ball above head). Can make contact with another player to gain position.
  - e. **Offense –** (see all above). Can create scoring opportunities. Understand spacing and schemes. Transition from 'D' to 'O'.
  - f. **Defense –** can defend 1 v 1 and understand 'help'. Transition from 'O' to 'D'.

\*\*\* Please note that we as coaches know that not every student/athlete has all the 'criteria' listed above. These are some of the 'things' we are looking at in making our selections for the team.

\*\*\* Please note that each year brings a new group of student/athletes and with that comes decisions by coaches where some criteria not listed above come into play to what is best for the individuals and the team.

**Good Luck!**

If you have any questions or concerns please contact me at 248.823.4735 or by email [DLosey@trov.k12.mi.us](mailto:DLosey@trov.k12.mi.us). I look forward to meeting everyone at our parent meeting (see calendar),

**Go Knights, Duane Losey**

***ALWAYS YOUR BEST!***