



Principal's Newsletter-November 2019

Rotary Student of the Month-October

Congratulations to Savannah Price who was chosen as the Rotary Student of the Month for October. Savannah is a senior at Suffield High School and is an honors student. She is a member of the National Honor Society and the World Language Honor Society, where she was elected as Secretary. In January of 2019 Savannah was awarded the World Language Student of the Month. Senorita Dolnack chose Savannah for her dedication to learning the Spanish language and culture, in addition to the quality of her work in class. Savannah has received outstanding achievement awards in Personal Finance, English, Social Studies and World Language. Savannah is also a member of the Girls' Lacrosse Team and has been in Gymnastics for many years. She has been awarded the Scholar-Athlete Award for maintaining honor roll while participating in athletics at Suffield High School. Savannah is also a member of the Class Council and participates in Chick-Fil-A Leader Academy, where she helped organize a sock drive where the group collected 3,000 pair of socks for those in need. In addition, she has volunteered for the Glenn Packard Golf Tournament. Savannah is the Creator of "Kindness for Kids", a nonprofit organization which funds vaccines for underprivileged children in developing countries who do not have access to satisfactory health care. Savannah also finds the time to work part-time at a local restaurant. As you can see by all the wonderful things Savannah has accomplished, it is no surprise she was chosen as the Rotary Student of the Month. Congratulations Savannah!



Savannah Price

ShopRite Kindness Award-by Lisa Goodwin

Congratulations to Gretchen Gustafson, who was chosen to receive the ShopRite Kindness Award for October. Gretchen was nominated by Ms. Lisa Goodwin who said, "Gretchen was a student of mine in Honors Algebra II last year. She came to me at the beginning of the year this year and asked me if she could help me in my Wildcat period. Gretchen wanted to volunteer in my Wildcat classroom tutoring students two days a week. After watching Gretchen in my classroom over the past two months, I have seen Gretchen display all the qualities for the ShopRite Kindness Award. She has Exemplary Citizenship because she wanted to help others be more successful in math. Gretchen exhibits Civic Awareness because she knows she can help others with her awesome math abilities. Responsibility is something Gretchen showed last year as well as this year; she always has her homework done and is prepared for all assessments. This year she sees me only when she knows she does not need to see her other teachers for assistance. She knows her grades are important. Gretchen most definitely has Leadership and Commitment to Others. She does not hesitate to ask any of students if they need help. Many of the students look up to her in class and are excited she is there when they show up to class. Lastly and most obvious, Gretchen displays Helping Others. Tutoring her peers on a weekly basis is a sure sign that she wants to assist her classmates and me. Way to go Gretchen!!!"



Gretchen Gustafson

Scholar Athlete

Congratulations to Nora Shanks and Charles Brydges for being named the male and female scholar athletes for the Class of 2019. They were nominated to receive the Connecticut High School Coaches Association scholarship. In order to be nominated, students must have earned at least one varsity athletic letter, have achieved a minimum academic average of 3.0 and have demonstrated exemplary citizenship and leadership. Out of all the students nominated throughout Connecticut, four \$1,000 scholarships will be awarded to the top two boys and top two girls selected by a committee.

When asked to say a few words about Charles, coach Casolari commented, "I have worked with Charles both in the classroom, and on the athletic field and he is an exceptional leader in both areas. Most impressive to me is his solid character and willingness to work with others."

When asked to say a few words about Nora, coach Casinghino offered, "Nora's leadership, intrinsic motivation and positivity shine through on the field hockey field. She is the student athlete that every coach wants on their team."

In the spring, these two students will be celebrated by the CIAC at a banquet honoring all the students nominated. Congratulations Nora and Charles!



Nora Shanks and Charles Brydges

National Honor Society Induction

The National Honor Society Induction took place on October 24th in the Suffield High School auditorium. The four pillars of National Honor Society are Scholarship, Service, Leadership and Character. Thirty-six students (12 seniors and 24 juniors) were inducted into the National Honor Society at the formal induction ceremony. These students join the 15 seniors who were inducted last year. Mrs. Reiser was the guest speaker. Mr. Blain, Principal and Mrs. Zawawi, Assistant Superintendent, each spoke at the ceremony. They join the 15 seniors who were inducted last year. Congratulations!



Manufacturing Field Trip

Did you know that October is Manufacturing Month in the State of Connecticut?

On October 22nd, Mr. Percoski and Mrs. McCluskey took a group of girls to the Girls and Manufacturing Summit at Fairfield University. The manufacturing industry is facing a serious skills gap, and part of this gap is the under-representation of women in the industry. The Making It Real: Girls & Manufacturing Summit introduced middle and high school girls to manufacturing and the exciting career opportunities it offers. Our students did a great job participating in hands-on activities and design challenges and had the opportunity to speak with women in the field of manufacturing.



Girls and Manufacturing Summit Field Trip

The Kindness Crew

Since cancer has affected many of our lives, the Kindness Crew decided that working with the Dana-Farber Cancer Institute along with the Jimmy Fund would be the best possible choice to raise and donate as much as we can for cancer research.

“Dana-Farber provides expert, compassionate care to children and adults and is home to groundbreaking cancer discoveries. Since its founding in 1948, the Jimmy Fund has raised millions of dollars through thousands of community efforts to advance Dana-Farber’s lifesaving mission.” LET’S JOIN AND BE A PART OF THIS FANTASTIC CAUSE!

We will be holding an Opportunity Drawing during parent-teacher conferences (November 13-15) and the first week of December for the students. Let’s make this the BEST ever!

If you wish to donate an item or gift card for the Opportunity Drawing – please send them in to room 214 or to the Main Office – Attention: Kindness Crew

Music Department News

The Music Department will participate in the NCCC Festival this year. The festival will be held on Monday, November 18th and Wednesday, November 20th, with a concert on November 20th at 7pm at Stafford High School. Select students from the NCCC league will rehearse and perform and concert together with guest conductors. Student from SHS participating are Charlotte Arnold, Allison Davis,

Danae Dimitrakopoulos, Jack Flanagan, Keith Griswold, Gretchen Gustafson, Nicolas Hyder, Angela Jiang, Ari Metcalf, Shannon O'Brien, Veronica Partain, Ava Yunis and Olivia Zacchia. All are welcome to attend the concert.

The SHS Band will perform at the Night Football game at SHS on Friday, Nov. 8th. Students will meet in the Band room at 5:45pm and the game begins at 6:30pm. We will be done by 8:00pm.

SHS Drama Musical Production-BFF-Ticket Information

Performances December 5, 6, and 7 at 7PM (Thursday through Saturday)

Tickets: Adults \$15 / Seniors \$10 / Students \$5

Purchase advance tickets! Pre-purchased tickets held at door, avoid ticket purchase line.

Indicate Date of Performance and type/number of tickets ordered. Include e-mail address for confirmation receipt. Checks payable to Suffield High School.

Send payment to:

Suffield High School, c/o Paula Anderson

1060 Sheldon Street

West Suffield, CT 06093

Athletic News

The SHS Field Hockey team will be wrapping up their regular season on Tuesday and preparing for post season play. The team has been working hard to prepare for a successful post season.

Girls' swimming completed their regular season schedule in October and prepares to host the conference championship meet. Class M states will be in mid-November with Meg Tesko, Lily Rzecinski and Libby Agrafojo already qualified. We hope to have a few more qualify before we give a Wildcats effort at states this month!

Girls' and Boys' soccer and Volleyball all qualified for the state tournament

The Football team has improved to 5-1 on the season and will be playing at Suffield High school on November 18th.

Suffield has been selected as a 2018-2019 CIAC Michaels Cup "Class Act" Sportsmanship recipient. The award will be presented to Suffield on Thursday, November 21st at the CIAC Sportsmanship Summit being held at the Aqua Turf. This is the 3rd year in a row that the Suffield Athletic department has earned this honor.

The winter season is fast approaching and these are the start dates:

Girls Basketball/Boys Ice Hockey/Wrestling 12/2

Boys Basketball/Boys/Girls Indoor Track/Boys Swimming 12/5

Suffield High School Spirit



Teachers at Suffield High School dressed up for Halloween and showed their school spirit. Teachers and staff donated money to give to a family in need in our community.

Substance Abuse Brochure

Superintendent Tim Van Tasel would like families to have access to the link below. It is a brochure on substance abuse, which you may find helpful. If you would like a hard copy, please stop by the high school and we will make one available to you.

[file:///C:/Users/panderson/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/T0CFA5JD/Community%20Resource%20Brochure%20\(6\).pdf](file:///C:/Users/panderson/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/T0CFA5JD/Community%20Resource%20Brochure%20(6).pdf)

Impact of Social Media on Our Lives-by Nikki Lengyel

Did you know that more than 2 billion people have smartphones today and we are checking them on average about 150 times a day?

Youth Services is hosting a viewing of the film LIKE which is a documentary about the impact of social media on our lives. We know that social media and smartphones can be both helpful and hurtful to us. Come to the event on November 19th from 6-7:30 in the Middle School auditorium to learn more about how social media has changed today's definition of human connection. Following the film CT Trooper Kate Cummings will be sharing her knowledge and answering audience questions. Feel free to come as a family (film is appropriate for ages 10 and up), enjoy some refreshments and learn about how social media is impacting us every day. (See flyer on next page)

AN **IndieFlix** ORIGINAL PRODUCTION

"Looking at how social media has changed today's definition of human connection."

"Technology makes our lives easier in so many ways - but what is the cost of our dependence, and our children's reliance, on screens? LIKE reveals the true effects of technology on the brain and uncovers the impact social media can have on our lives."

After the film CT Trooper Kate Cummings will share her knowledge and participate in Q&A!

LIKE

A DOCUMENTARY ABOUT THE IMPACT OF SOCIAL MEDIA ON OUR LIVES

EXECUTIVE PRODUCER, PRODUCER, DIRECTOR
SCILLA ANDREEN

PRODUCER, EDITOR, DIRECTOR OF PHOTOGRAPHY
IAN ANDREEN

EXECUTIVE PRODUCER
MEI LING ANDREEN

COMPOSER
DAN GIESCHEN

DATE & TIME
Tuesday November 19th
from 6-7:30pm

LOCATION
Suffield Middle School Auditorium

IndieFlix  **INDIEFLIX**
FOUNDATION

TheLikeMovie.com

Sponsored by: Suffield Youth Services

Appropriate for ages 10+