

# WEEK 1 LUNCH MENU



## MONDAY

### *Soup & Bread*

Carrot & coriander

### *Favourites*

Pork sausages, onion  
gravy,  
Yorkshire puddings

### *Younger Years*

Pork sausages 7  
trimmings

### *Green Zone ( Vegan )*

Vegan stew with pearl  
barley & herb  
dumplings

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Lamb chilli tacos

Guacamole, soya

cream

Salsa,

lime & coriander rice

### *On the Side...*

Mashed potato

Garden peas

Cauliflower cheese

### *Hot Dessert*

Apple crumble &

custard

## TUESDAY

### *Soup & Bread*

Cauliflower

### *Favourites*

Seafood paella,  
turmeric rice, charred  
peppers lemons

### *Younger Years*

Seafood paella

### *Green Zone ( Vegan )*

Mac & greens

Garlic ciabatta sticks

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Vegetable spring rolls

With Plum sauce, sticky

rice, stir fry vegetables

& rice noodle salad

### *On the Side...*

Sticky rice

Roast carrots

Broccoli florets

### *Hot Dessert*

Vanilla rice pudding

Apricot & berry

compote

## WEDNESDAY

### *Soup & Bread*

Broccoli & chilli

### *Favourites*

Beef burger  
Chicken burger  
Vegan burger

### *Younger Years*

Burger day

### *Green Zone ( Vegan )*

Vegan burgers

Beef tomatoes

Cheddar melts

Mustards , relish

ketchup, bacon bits

Red onion, American

cheese sauce

Dirty slaw

### *Global Kitchen*

Buzzing burgers

### *On the Side...*

French fries

Charred cobs

BBQ beans

### *Hot Dessert*

Date & seed Flapjack

## THURSDAY

### *Soup & Bread*

Celeriac & thyme

### *Favourites*

Chicken madras  
Naan bread, Onion  
salad & mango chutney

### *Younger Years*

Chicken thighs

### *Green Zone ( Vegan )*

Butternut squash Dahl

Naan bread, Onion

salad & mango chutney

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Pulled Pork , pitta

bread, hummus, Greek

salad, Tzatziki

Pickled cabbage

### *On the Side...*

Steamed rice

Green beans

Cumin sauteed

cabbage

### *Hot Dessert*

Spiced syrup sponge &

spiced custard

## FRIDAY

### *Soup & Bread*

All the greens

### *Favourites*

Chef battered Hake  
Tartare sauce,  
gherkins, pickled  
onions

### *Younger Years*

Chunky Buttermilk Fish

Fingers

### *Green Zone ( Vegan )*

Ravioli porcini

Pesto & parmesan

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Hunters chicken

Smoked tomato sauce

Grilled bacon

Herbed cheddar melt

### *On the Side...*

Chipped potatoes

Garden peas

Mushy peas ( Chef

made

Baked beans

### *Cold Dessert*

Waffles & ice cream

bar

# WEEK 2 LUNCH MENU



## MONDAY

### *Soup & Bread*

Spinach

### *Favourites*

Classic Beef Lasagne

Garlic Ciabatta

### *Younger Years*

Classic Beef Lasagne

Garlic Ciabatta

### *Green Zone (Vegan)*

Harissa rubbed

Aubergine steak

Citrus Cous Cous

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Pirii Piri chicken

Sweet potato wedges

Spicy beans

Crispy green salad

Tomato 7 coriander

salad

### *On the Side...*

Roast sweet potato

Green beans

Sweetcorn

### *Hot Dessert*

Sticky toffee pudding

& Custard

## TUESDAY

### *Soup & Bread*

Roasted butternut

squash

### *Favourites*

Salt & pepper squid

Thai sweet chilli sauce

Oyster sauce

### *Younger Years*

Salt & pepper squid

### *Green Zone (Vegan)*

Falafel bar, Pitta bread

houmous, Greek Salad

Tzatziki & pickled

cabbage

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

## Meat free Tuesday

### *Global Kitchen*

Spinach & ricotta

Cannelloni topped with

crispy Soya bean & red

pepper pistou, wilted

Spinach

### *On the Side...*

Soy egg noodles

Stir fried Greens

Bang bang cauliflower

### *Hot Dessert*

Bread & butter

pudding served with

custard

## WEDNESDAY

### *Soup & Bread*

Mexican bean

### *Favourites*

Chicken Fajita, dry beef

chilli, coriander rice

Refried beans

Black beans

### *Younger Years*

Chicken fajita

### *Green Zone (Vegan)*

Mexicana eggs, tomato &

avocado

Mexican bean salad

Lime dressing

Torn leaf

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

## Wrap it up Wednesday

### *Global Kitchen*

Beef and chicken Fajitas

Tomato wrap

Spinach wrap

Seeded tortilla

Guacamole, sour cream,

Japelenos

Salsa

Grated cheese

### *On the Side...*

Coriander rice

Charred cob

Chunky charred

courgette

### *Hot Dessert*

Carrot cake, white

chocolate & chilli

frosting, churro crumb

## THURSDAY

### *Soup & Bread*

Mushroom & sage

### *Favourites*

Braised beef Cottage

pie

### *Younger Years*

Braised beef cottage

pie

### *Green Zone (Vegan)*

Celeriac & butternut

squash topped with

goats cheese pearls

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Chicken Caesar salad

Chargrilled chicken

thighs

Croutons, soft boiled

egg

Parmesan cheese

Caesar dressing

### *On the Side...*

Broccoli florets

Roasted Carrots

### *Hot Dessert*

Apricot tart

Greek yoghurt

## FRIDAY

### *Soup & Bread*

Cauliflower & Cumin

### *Favourites*

Breaded Whole scampi

### *Younger Years*

Chef made fish fingers

### *Green Zone (Vegan)*

Roasted red pepper,

courgette & basil

calzone

### *Jacket potato bar*

beans in tomato sauce

Cheddar cheese

### *Pasta bar*

Neapolitan sauce

Cheese sauce

### *Global Kitchen*

Maple Gammon

Pease pudding

Free range egg

### *On the Side...*

Chipped potatoes

Baked Beans

Garden Peas

Mushy peas

### *Hot Dessert*

Brownie bar

# WEEK 3 LUNCH MENU



## MONDAY

### Soup & Bread

Pea & mint

### Favourites

Roast loin of pork

Apple sauce, Yorkshire pudding

Sage & onion stuffing

Gravy

Younger Years

Roast loin of pork

### Green Zone ( Vegan )

Sweet potato & white

bean chilli

Steamed rice

Avocado salsa

### Jacket potato bar

beans in tomato sauce

Cheddar cheese

### Pasta bar

Neapolitan sauce

Cheese sauce

### Global Kitchen

Smoked mackerel

niçoise

Crispy green salad

Olives, tomatoes

Soft boiled eggs

### On the Side...

Rosemary roasted

potatoes

Garden peas

Roast parsnips

### Hot Dessert

peasants pudding &

custard

## TUESDAY

### Soup & Bread

Spicy parsnip

### Favourites

Four cheese tortellini

Pistou , parmesan

Tomato ,wilted rocket

Younger Years

Four cheese tortellini

### Green Zone ( Vegan )

stilton & sprouting

Broccoli frittata

Wilted spinach & broad

bean puree

### Jacket potato bar

beans in tomato sauce

Cheddar cheese

### Pasta bar

Neapolitan sauce

Cheese sauce

## Meat free Tuesday

### Global Kitchen

Katsu fish taco

Salmon/crispy cod

Soft taco/ sticky rice

Katsu sauce, chilli

sauce, crispy lettuce,

Tomato salsa & soured

cream

### On the Side...

Roasted squash

Green beans

### Hot Dessert

Chocolate fudge cake

served with chocolate

sauce

## WEDNESDAY

### Soup & Bread

Tomato & basil

### Favourites

All about Pizza

Meat feast, margarita

Ham & pineapple

Spinach & egg

Younger Years

All about Pizza

### Green Zone ( Vegan )

Tomato, basil &

mozzarella salad

Coleslaw, crudities

### Jacket potato bar

beans in tomato sauce

Cheddar cheese

### Pasta bar

Neapolitan sauce

Cheese sauce

### Global Kitchen

BBQ WINGS

Fire cracker wings

Buttered cobs

### On the Side...

Buttered cobs &

spinach

### Hot Dessert

Courgette & sultana

drizzle cake

## THURSDAY

### Soup & Bread

Leek & potato

### Favourites

Beef & vegetable

shortcrust pie

Gravy

Younger Years

Beef & vegetable pie

### Green Zone ( Vegan )

Chargrilled vegetables

with lime& chilli

polenta chips

### Jacket potato bar

beans in tomato sauce

Cheddar cheese

### Pasta bar

Neapolitan sauce

Cheese sauce

### Global Kitchen

Chargrilled lemon

chicken

Creamy orzo pasta,

smoked paprika, lemon

& basil dressing

### On the Side...

Creamed potatoes

Broccoli florets

Roasted carrots

### Hot Dessert

Pear tart served with

custard

## FRIDAY

### Soup & Bread

Broccoli , coriander &

soy

### Favourites

Chef battered hake

Tartare sauce, Pickles

Lemon wedges

Younger Years

Chunky fish fingers

### Green Zone ( Vegan )

Squash , sage &

chickpea roll

Sprouts, potato& sauté

red onions

### Jacket potato bar

beans in tomato sauce

Cheddar cheese

### Pasta bar

Neapolitan sauce

Cheese sauce

### Global Kitchen

Slow roasted harissa

beef brisket

Giant herbed cous cous

Cucumber, chilli & feta

salad

### On the Side...

Chipped potatoes

Garden peas

Mushy peas

### Hot Dessert

Lemon Meringue bar