

Changing lives takes time and patience.

Relationships = TIME

Just like any relationship your Mentor-Mentee relationship needs time to grow. The most important thing you can do is be consistent, and don't give up!

Work Together

Offer choices and let your mentee know you value his/her opinion. Noticing the little things can be important. Remember, your interaction may be the only personally-focused attention your mentee gets that day or week.

Set Some Goals

Goals will help you and your mentee achieve the most from the mentoring experience. Role play, talk about short- and long- term goals, suggest a timeline to achieve goals, do some research, and reflect on the steps you took together to achieve success.



Thank you for your
support of Every Child.

Important information:

My Mentee: _____

Campus Name: _____

Campus Phone: _____

Campus Address: _____

Mentor Coordinator eMail: _____

CIS Contact: _____

Mentor's Guide

Shaping Lives



Mentor Do's

- Be consistent in your attendance and message
- Be on time
- Be yourself
- Be an active listener
- Be honest, patient and forgiving
- Be encouraging
- Be realistic
- Respect cultural, social and religious differences
- Maintain confidentiality
- Be a friend and neutral party for your mentee
- Set a professional example
- Help your mentee see the advantages of education

Mentor Don't

- Leave a student alone at any time or leave school with your student
- Give gifts (supplies for projects are OK)
- Meet alone behind closed doors
- Overstay your scheduled visit
- Hesitate to ask for help from a campus professional
- Join in with a mentee's criticism of school or others
- Give out personal information unless and until you are ready
- Expect change overnight

**We are here
to support you!**

mentor@springbranchisd.com

**Inside you'll find some helpful tips
and ideas that will help you maximize
your mentoring time.**

You can always contact your Mentor Coordinator for support.

**The SBISD Mentoring Team provides on-going training and
resources for mentors.**

springbranchisd.com/engage/mentors

Get to Know Your Mentee

Smile and shake hands when you meet. Learn how to pronounce each other's names and talk about what you would like to be called. (For example, Ms. May) Share birthdays and fun details about your family. Learn shared interests and ask open-ended questions to encourage conversation.

Break the Ice

It's a good idea to arrive with a plan and a small activity when meeting with your mentee. **Some simple things you can do on your first visit include;** playing cards, taking a school tour, reading a book, bringing a photo to share and talk about, just like any other first meeting it can be awkward at times.

Engaging Activities

- Shoot baskets
- Read a book together
- Make a photo album
- Knit/sew
- Decorate cookies
- Make a holiday card
- Help with homework
- Look at college websites
- Play a board game or puzzle
- Draw
- Build LEGOs®
- Talk about your day
- Discuss etiquette
- Make jewelry
- Talk about scholarships
- Set goals

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