

College Athletics

What You Need to Know

Agenda

- Provide Information about College Athletics
- Help advise potential athletes and families about their role in this process
- Discuss Eligibility requirements
- Answer questions

I want to play sports in college

- Level of Intensity?
- Time commitment will vary across Divisions and Programs
- Tell me about the background of the coach, success, philosophy, goals, etc.
- One Year commitment
- The Experience is different for every Student-Athlete

Foundation of a Prospective Student-Athlete

- Make the grades- do the work!
- Play often with and against the top competition
- Build that GPA
- Start the process of researching schools
- Find out the Prospective student surveys
- Review the NCAA guide for College Bound Athletes and register with Clearing house- Junior /Senior year.

Recommendations for your Student-Athletes

- Develop a player resume and email the schools of your interest
- Create a Hudl video and keep it no longer than 10 minutes
- Play at as many high profile events as possible, and Play well
- Update important information to schools of interest: schedule, awards, honors
- Prepare applications for admissions
- Prepare recommendations from your coach and teachers

More recommendations

- Call the coach at the schools of interest, they want to hear from the students
- Parents stay involved and in contact with the coach (at the end of the process)
- Apply early to the schools of interest
- Visit the campus before Senior Year
- See the team play, meet coach and players

Practical recruiting advice

- Start early and research school websites
- Visit schools- official and unofficial visits
- Honest communication with college coach as to level of interest
- Personalize communication with college coaches
- Proofread all correspondence- work with your coaches and guidance counselors before submitting
- Don't discuss money in 1st communications
- Be careful of posting on social media
- Be respectful to all parties involved

What are the coaches looking for?

- Can the athlete play at their school's level?
- What success has the athlete had in H.S athletics and summer programs?
- Do they have the goods: size, speed, mental and emotional IQ
- Do they meet the school's academic standards? NCAA qualifier status
- Character: Leadership ability, goals , behavior before, during, and after the game?

How do you express your interest to play?

- Get a fair evaluation from your coaches (H.S or Club) on what level you can play at
- Write letters- emails with Athletic resume to coaches
- Fill out on-line questionnaires or mass mailing
- Visit the school and meet with the coach, attend camps at the school of your choice
- Develop the 2-way communication

Divisions in Intercollegiate Athletics

- NCAA Division I: Athletic Aid
- NCAA Division II: Athletic Aid (1 tryout)
- NCAA Division III: No Athletic Aid, No Tryouts
- NAIA: Tryouts and Athletic Aid
- NJCAA I and II: Tryouts and Athletic Aid
- NJCAA Division III: No Tryouts or Athletic Aid

Athletic Aid will vary with the sport and the school

Aid will be based on the coaches interest and student's need

Many Division III schools work with Financial Aid Dept.

NCAA Clearinghouse

- Division I and II only
- Determines Athletic Eligibility for college
- 16 Core Courses
- Class of 2021, requires 10 core classes to be completed before senior year
- Sliding scale- Core GPA/ Test Score Index (SAT)
- Check with your counselor for approved classes
- Division II- Eligibility is determined by the school

What are Core Courses

For the NCAA to Approve a Course

- Must be a 4-year College Prep
 - Include an applications of skills and concepts and demonstrate subject mastery
 - Include strategic thinking
 - Include extended thinking
- ❖ Required Core Coursed GPA comes from core courses only and based on 4.0 scale. The H.S must notify the NCAA of any weighted courses.

9th and 10th grade Time-line

- Start Planning: Take the right courses and earn solid grades
- Discuss NCAA approved core courses with High School Counselors
- Sign up for free profile page to receive NCAA reminders

Time Line for Grade 11

- Register with the eligibility center
- Make sure you are on schedule to meet core-course requirements
- After junior year, have your counselor send a copy of your transcript.
- When taking ACT or SAT, request test scores to be sent to the eligibility center
- Fill out amateurism questionnaire

Time Line for Grade 12

- Continue to send ACT or SAT test scores to Eligibility center
- Complete amateurism questionnaire and sign the final authorization signature online on or after April 1st if you plan to enroll in college in the fall semester
- Have counselor send a final transcript with proof of graduation to the eligibility center

Who's responsibility is it?

- So how are students noticed or recruited for college sports?
- Coaches should advise and assist during the process
- Family should contact colleges they are interested in.

Who helps the student and their family understand recruiting rules?

The NCAA schools that are recruiting the student should ensure the rules are followed. Rules differ by and sport and division.

Questions for Prospective College Bound Student-Athletes

- What type of experience are you looking for?
- Location, academic, athletic, social, size, team /sport specifics
- How many players are graduating and what positions are available
- What type of jobs are the athletes landing
- Time commitments of athletes
- Graduation rates
- What academic benefits are available