

# Food Services Menu Sub-Committee

October 10, 2019

## Meeting Minutes

**Call to order 10:10am:** A meeting of the Food Services Menu Sub-Committee was held in the Board of Education Board Room.

**Attendees:** Dr. E. Ann Carabillo (BOE administration), Abbe Large (RTM member), Dave Nanarello (BOE Food Services), Nerlyn Pierson (PTAC Health & Wellness), Jayne-Marie Lockett (BOE Food Services), Sara Seidelmann, MD, PhD, Elissa Diamond-Fields, DC (PTAC Health and Wellness), Stephanie Knuth (joined at 10:47am).

**Approval of Agenda:** Approved.

**Approval of Minutes Previous Meeting:** Copy of July 31<sup>st</sup> meeting minutes to be circulated, reviewed and approved.

### Discussion:

#### Menus:

It was noted that standard menus have been developed for October. November menus are to be updated with previously discussed changes.

Menu planning and strategies were discussed.

Food Choices and improvements were discussed. It was noted that processed items are to be upgraded or eliminated completely. Committee members cited specific examples.

#### Marketing:

Committee members were advised that Director of Communications, Sasha Houlihan, will collaborate with the Food Services Sub-Committee to communicate to the community key changes in the Food Service menu and program.

Students and staff engagement was also discussed. The committee was advised of an upcoming recipe contest.

#### Update on Trays, Dishwashers:

The dishwasher pilot and use of stainless steel trays at New Lebanon School were discussed. The committee was advised that different types of dishwashers need to be examined regarding space issues, capacity and cost. The potential need for an additional monitor and cost impact was discussed. Reduction of plastic waste was discussed. It was noted that Food Services will be transitioning to compostable paper for fruit and vegetable cups.

Information:

Details regarding a Yale nutritionist seminar were shared.

**Adjournment:** The meeting was adjourned at 11:00am.

Respectfully submitted, Dave Nanarello

Approved 11/5/19