

Lunch menu for w/c 4th November 2019

MONDAY

Chef's Soup of the Day

Main Events

Turkey & Leek Pie

Cajun-Spiced Pork Chop

Meat Free Zone

Falafel with Slaw
& Coriander Hummus

And To Go With

Steamed New
Parsley Carrots
Minted Peas

Pudding

Choc Chip Sponge
& Chocolate Sauce

TUESDAY

Chef's Soup of the Day

Main Events

Lamb Tagine served with
Cous Cous

Braised Toulouse Sausage
with Mashed Potato

Meat Free Zone

Sweetcorn & Courgette
Fritters with Poached Egg

And To Go With

Green Beans
Cauliflower

Pudding

Deano's Apple Pie
With Custard

WEDNESDAY

Chef's Soup of the Day

Main Events

Beef Lasagne
with Garlic Focaccia
Cornflake-Crumbed
Chicken Thighs

Meat Free Zone

Roast Squash Goats
Cheese & Pearl Barley
Risotto

And To Go With

Lightly-Spiced Rice
Creamed Leeks
Steamed Sweetcorn

Pudding

Plum Crumble accompanied
by Chantilly Cream

Chef's Soup of the Day

Main Events

Chicken Rogan Josh served
with Chutney & Poppadam

Ham Pasta Bake in a
Creamy Sauce
with Garlic Bread

Meat free zone

Jack Fruit Rogan Josh

And To Go With

Cumin Carrots
Garden Peas
Cardamom Rice

Pudding

Spiced Pear & Ginger
Upside Down Pudding

THURSDAY

AVAILABLE DAILY

Salad Bar
Fresh Fruit
Pots
Homemade
Yoghurt with
Toppings
Baked Beans
& Jacket
Potatoes

FRIDAY

Chef's Soup of the Day

Main Events

Freshly Battered Fish

Poached Fish

Breaded Fish Fingers

Teriyaki-Glazed
Pork Spare Ribs

Meat Free Zone

Chargrilled Halloumi &
Pepper Pitta Pocket

And To Go With

Chunky Chips
Minted Peas
Baked Beans

Pudding

Treacle Tart with Cream

SATURDAY

Chef's Soup of the Day

Main Event

Beef Ragu Pasta Bake

Meat Free Zone

Sun-Dried Tomato, Feta
& Spinach Pasta Bake

And To Go With

Sweetcorn
Garlic Bread
Roast Mediterranean Veggies

Pudding

Home-made Cupcakes

SUNDAY

Sunday Roast

Main Event

Roast Pork with a Rich Gravy
Hunter's Chicken & New Potatoes

Meat Free Zone

Roast Vegetable & Cheese Filo Parcel

And To Go With

Roast Potatoes
Seasonal Vegetables

Pudding

Banoffee Pie