

SMSD Middle Schools Breakfast and Lunch Menu - May 2025

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	·	.org/about/departments/food-service or https://ww		This institution is an equal opportunity provider.
	Breakfast - To Make a Meal, St	udents must select at least 3 ite	ms one must be a fruit or juice.	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of: 5/5, 5/19				
Choice of Entree: Feature - Waffle	Choice of Entree: Feature - Glazed Breakfast Bun	Choice of Entree: Feature - Breakfast Pizza	Choice of Entree: Feature - Chocolate Breakfast Bun	Choice of Entree: Feature - Biscuit Breakfast Sandwich^
Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin Meal Prices
Scrambled Egg	Cheese Stick	Overnight Oats	Yogurt	Breakfast
Fresh Fruit, Craisins*	Apple Slice, Craisins*	Chilled Fruit, Craisins*	Fresh Fruit, Craisins*	Applesauce, Craisins* Full Price - \$1.65
Choice of Entree:	Choice of Entree:	Week of: 5/12 Choice of Entree:	Choice of Entree:	Reduced - \$.30 Choice of Entree:
Feature - Pancake	Feature - Glazed Breakfast Bun	Feature - Breakfast Bagel	Feature - Chocolate Breakfast Bun	Feature - Breakfast Croissant Sandwich [^]
Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin	Cereal, Pop Tart, Muffin
Scrambled Egg		Overnight Oats	Yogurt	
Fresh Fruit, Craisins*		Chilled Fruit, Craisins*	Fresh Fruit, Craisins*	Applesauce, Craisins*
Lunch - To Make a Meal, Students must select full portions of 3 components and one must be a 1/2 cup of fruit or vegetable.				
			THURSDAY 1	FRIDAY 2
<u>Meal Prices</u>	Offered Daily at Lunch	Studente must aboose a full portion	Choice of: Buffalo Chicken Bites with Roll	Choice of:
Lunch Full Price - \$3.00	PBJ Sandwich & String Cheese Deli Sandwich**	Students must choose a full portion of at least 3 of the 5 components to	Hamburger/Cheeseburger	Chili Frito Pie Chicken Filet Sandwich
Reduced - \$.40		receive a full school lunch and at	Buffalo Chicken Pizza	Pizza Hut Pizza [^]
	**Daily Deli Sandwich Rotation:	least one component must be a 1/2	Yogurt Smoothie & Cinn Crisps	Trix Yogurt with Granola
	M - Ham & Cheese Wrap [^]	cup of fruit or vegetable.	Hummus & Ranch Crisps	Served with:
Offered Daily at Breakfast and Lunch 100% Fruit Juice	Tu - Buffalo Chicken Wrap W - Ham & Cheese Croissant^	Components include protein, grain,	Served with: Seasoned Fries	Tater Tots Fresh Baby Carrots
Apple, Orange and Apple Cherry	Th - Buffalo Ranch Chicken Salad Croissant	•	Baked Beans*	Mixed Green Salad
Lowfat Milk	F - Ham & Cheese Sandwich [^]	,	Mixed Green Salad	Cinnamon Apples
White, Chocolate and Strawberry	_		Banana	Chilled Pineapple
MONDAY	THEODAY	WEDNECDAY	Chilled Applesauce	Cinnamon Roll Bite*
MONDAY 5 HOAGIE DAY	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9 SHRIMP DAY
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Macaroni & Cheese	Chicken Fingers & Roll	Mandarin Orange Chicken with Rice	Walking Taco	Popcorn Shrimp
Chicken Filet Sandwich	Hamburger/Cheeseburger	Chicken Filet Sandwich	Hamburger/Cheeseburger	Chicken Filet Sandwich
Pizza Hut Pizza^	Ranchero Pizza	Pizza Hut Pizza [^]	Buffalo Chicken Pizza	Pizza Hut Pizza^
Yogurt Parfait with Granola Served with:	Yogurt Smoothie & Cinn Crisps Hummus & Ranch Crisps	Yogurt Parfait with Granola Served with:	Yogurt Smoothie & Cinn Crisps Hummus & Ranch Crisps	Trix Yogurt with Granola Served with:
Seasoned Wedges	Served with:	Fresh Baby Carrots	Served with:	Scalloped Potatoes*
Glazed Carrots	Mashed Potatoes with Country Gravy*	Steamed Broccoli	Rancher Beans [^]	Red Bell Peppers
Fresh Celery	Fresh Broccoli	Fresh Cucumbers	Salsa	Green Beans
Mixed Green Salad	Mixed Green Salad	Mixed Green Salad	Fresh Romaine Lettuce	Mixed Green Salad
Apple Slices Chilled Fruit Cocktail	Fresh Oranges Chilled Pears	Grapes Chilled Peaches	Banana Chilled Applessures	Cinnamon Apples Chilled Pineapple
Cheetos		Mixed Green Salad	Chilled Applesauce Frozen Fruit Cup	Banana Muffin
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
	HUMMUS DAY			BBQ DAY
Choice of:			Choice of:	Choice of:
Chicken Chili Crispito Chicken Filet Sandwich		Philly Cheesesteak Sandwich Chicken Filet Sandwich	Soft Tacos & Cilantro Lime Rice Hamburger/Cheeseburger	BBQ Pork Sandwich^ Chicken Filet Sandwich
Pizza Hut Pizza^	Ranchero Pizza	Pizza Hut Pizza^	Buffalo Chicken Pizza	Pizza Hut Pizza
Yogurt Parfait with Granola	Yogurt Smoothie & Cinn Crisps	Yogurt Parfait with Granola	Yogurt Smoothie & Cinn Crisps	Trix Yogurt with Granola
	Hummus & Ranch Crisps		Hummus & Ranch Crisps	
Served with:	Served with:	Served with:	Served with:	Served with:
Corn Salsa	Potato Smiles Red Bell Peppers	Fresh Baby Carrots Steamed Broccoli	Seasoned Fries Refried- Beans*	Tater Tots Fresh Baby Carrots
Fresh Celery	Fresh Broccoli	Fresh Cauliflower	Salsa	Green Beans
Mixed Green Salad	Mixed Green Salad	Mixed Green Salad	Fresh Romaine Lettuce	Mixed Green Salad
Apple Slices	Fresh Oranges	Grapes	Banana	Cinnamon Apples
Chilled Fruit Cocktail	Chilled Pears	Chilled Peaches	Chilled Applesauce	Chilled Pineapple
Scoops 19	TUESDAY 20	Cheddar Goldfish Crackers WEDNESDAY 21	Frozen Fruit Cup THURSDAY 22	Cinnamon Bun* FRIDAY 23
MONDAY 19	I ULSDA I ZU	WEDNESDAY 21	THURSDAY 22	FRIDAY 23 Last Day of School K-11
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Baked Penne with Meat Sauce		Dumplings & Fried Rice	Buffalo Chicken Bites with Roll	Manager's Choice Entrée
Chicken Filet Sandwich		Chicken Filet Sandwich	Hamburger/Cheeseburger	Chicken Filet Sandwich
Pizza Hut Pizza [^] Yogurt Parfait with Granola	Ranchero Pizza Yogurt Smoothie & Cinn Crisps	Pizza Hut Pizza^ Yogurt Parfait with Granola	Pizza Yogurt Smoothie & Cinn Crisps	Pizza Trix Yogurt with Granola
Served with:	Hummus & Ranch Crisps	Served with:	Trogart Omootine & Omi Onsps	Served with:
Green Peas	Served with:	Fresh Baby Carrots	Served with:	Potato Fries
Fresh Baby Carrots	Potato Smiles	Steamed Broccoli	Seasoned Fries	Manager's Choice Vegetable
Fresh Celery	Fresh Cherry Tomatoes	Fresh Cucumbers	Baked Beans*	Manager's Choice Fruit
Mixed Green Salad Apple Slices	Fresh Broccoli Mixed Green Salad	Mixed Green Salad Grapes	Mixed Green Salad Fruit	Manager's Choice Grain 100% Juice
Chilled Mandarin Oranges		Chilled Peaches	Chilled Applesauce	Milk
Garlic Breadstick	Chilled Pears	Doritos		
MONDAY 26	TUESDAY 27	WEDNESDAY 28		
			Summer,	
			B	inch Bunch
NO SCHOOL	NO SCHOOL	NO SCHOOL		
ADADEAD 17 15				
GRADES Pre-K - 12	GRADES Pre-K - 12	GRADES Pre-K - 12	y Fell	16 26 36 36 36 36 36 36 36 36 36 36 36 36 36
MEMORIAL DAY	Toocher Workdoy	Teacher Facilitated Drof Learning	Hunger does not take a ve	acation in the summer time.
IVIEIVIORIAL DAT	Teacher Workday	Teacher Facilitated Prof. Learning	_	nch Bunch starting <i>June 2nd</i> !
				to all children ages 1-18.
			Locations: Comanche, Rosehill,	Shawanoe, Westridge & SM West
			https://www.smsd.org/about/departme	ents/food-service/summer-lunch-bunch