



November 2019

In Season Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.



Monday

Tuesday

Wednesday

Thursday

Friday

= Contains pork
* = Turkey Ham products containing 100% turkey - no pork ingredients

Beef or Cheese Nachos 4
Pepperoni Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

Macaroni & Cheese 5
Cheese Quesadilla
Buffalo Chicken Pizza
Spicy Chicken Burger

Chicken Curry w/Rice 6
Hawaiian Pizza*
Spicy Chicken Burger
GRAB & GO: Hummus Plate

100% Beef 7
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

Beef & Rice Burrito 1
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Chicken & Waffles 8
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

11
Veterans Day

Turkey Gravy with Mashed Potato 12
Cheese Quesadilla
Buffalo Chicken Pizza
Spicy Chicken Burger

Chicken Tikka Masala 13
with rice
Hawaiian Pizza*
Spicy Chicken Burger
GRAB & GO: Hummus Plate

100% Beef 14
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

Chicken & Rice Soup 15
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Beef or Cheese Nachos 18
Pepperoni Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

Chicken Tender Potato Bowl 19
Cheese Quesadilla
Buffalo Chicken Pizza
Spicy Chicken Burger

Beef Gyro 20
Hawaiian Pizza*
Spicy Chicken Burger
GRAB & GO: Hummus Plate

100% Beef 21
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

Cheesy Bread Rippers 22
w/Homemade Potato Soup
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Beef or Cheese Nachos 25
Pepperoni Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

Orange Chicken with Rice 26
Cheese Quesadilla
Buffalo Chicken Pizza
Spicy Chicken Burger

Vegan Curry w/ rice 27
Hawaiian Pizza*
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

28
Thanksgiving Break

29
Thanksgiving Break

Announcements

Included with All Lunches
Fruit & Vegetable Garden Bar
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

*Juliana Fisher MS, RDN, CD, SNS
Director, Food Services*

Meal Prices

Breakfast

Elementary	\$2.05
Secondary	\$2.30
Reduced K-12	Free
Adult	\$2.70

Lunch

Elementary	\$3.30
Secondary	\$3.55
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.30
Milk Only	\$0.50