



November 2019

In Season Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.

Monday

Tuesday

Wednesday

Thursday

Friday

= Contains pork
 * = Turkey Ham products containing 100% turkey - no pork ingredients

Maple Breakfast* Wrap 4
 Breakfast Pizza
 Whole Grain Donut

Cheese Quesadilla 5
 Ultimate Breakfast Round with Smoothie
 Cinnamon Roll

Mini Pancakes 6
 Breakfast Pizza
 Whole Grain Donut

Cheesy Sausage Biscuit 7
 Ultimate Breakfast Round with Smoothie
 Cinnamon roll

French Toast 1
 Breakfast Pizza
 Whole Grain Donut

French Toast 8
 Breakfast Pizza
 Whole Grain Donut

11
Veterans Day

Cheese Quesadilla 12
 Ultimate Breakfast Round with Smoothie
 Cinnamon Roll

Mini Pancakes 13
 Breakfast Pizza
 Whole Grain Donut

Cheesy Sausage Biscuit 14
 Ultimate Breakfast Round with Smoothie
 Cinnamon roll

French Toast 15
 Breakfast Pizza
 Whole Grain Donut

Maple Breakfast* Wrap 18
 Breakfast Pizza
 Whole Grain Donut

Cheese Quesadilla 19
 Ultimate Breakfast Round with Smoothie
 Cinnamon Roll

Mini Pancakes 20
 Breakfast Pizza
 Whole Grain Donut

Cheesy Sausage Biscuit 21
 Ultimate Breakfast Round with Smoothie
 Cinnamon roll

French Toast 22
 Breakfast Pizza
 Whole Grain Donut

Maple Breakfast* Wrap 25
 Breakfast Pizza
 Whole Grain Donut

Cheese Quesadilla 26
 Ultimate Breakfast Round with Smoothie
 Cinnamon Roll

Mini Pancakes 27
 Breakfast Pizza
 Whole Grain Donut

28
Thanksgiving Break

29
Thanksgiving Break

Announcements

Offered Daily:
 Breakfast Bread Variety, Yogurt with a Muffin or Granola, Bagel & Cream Cheese, Peanut Butter & Jelly Uncrustable, Muffin Flat, Cereal Variety

Included with All Breakfasts
 Daily Fruit Variety
 1% White or NF Chocolate Milk

Menu selections may change based on product availability.

*Juliana Fisher MS, RDN, CD
 Director, Food Services*

Meal Prices

Breakfast	
Elementary	\$2.05
Secondary	\$2.30
Reduced K-12	Free
Adult	\$2.70
Lunch	
Elementary	\$3.30
Secondary	\$3.55
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.30
Milk Only	\$0.50