Managing Technology @Home & Beyond
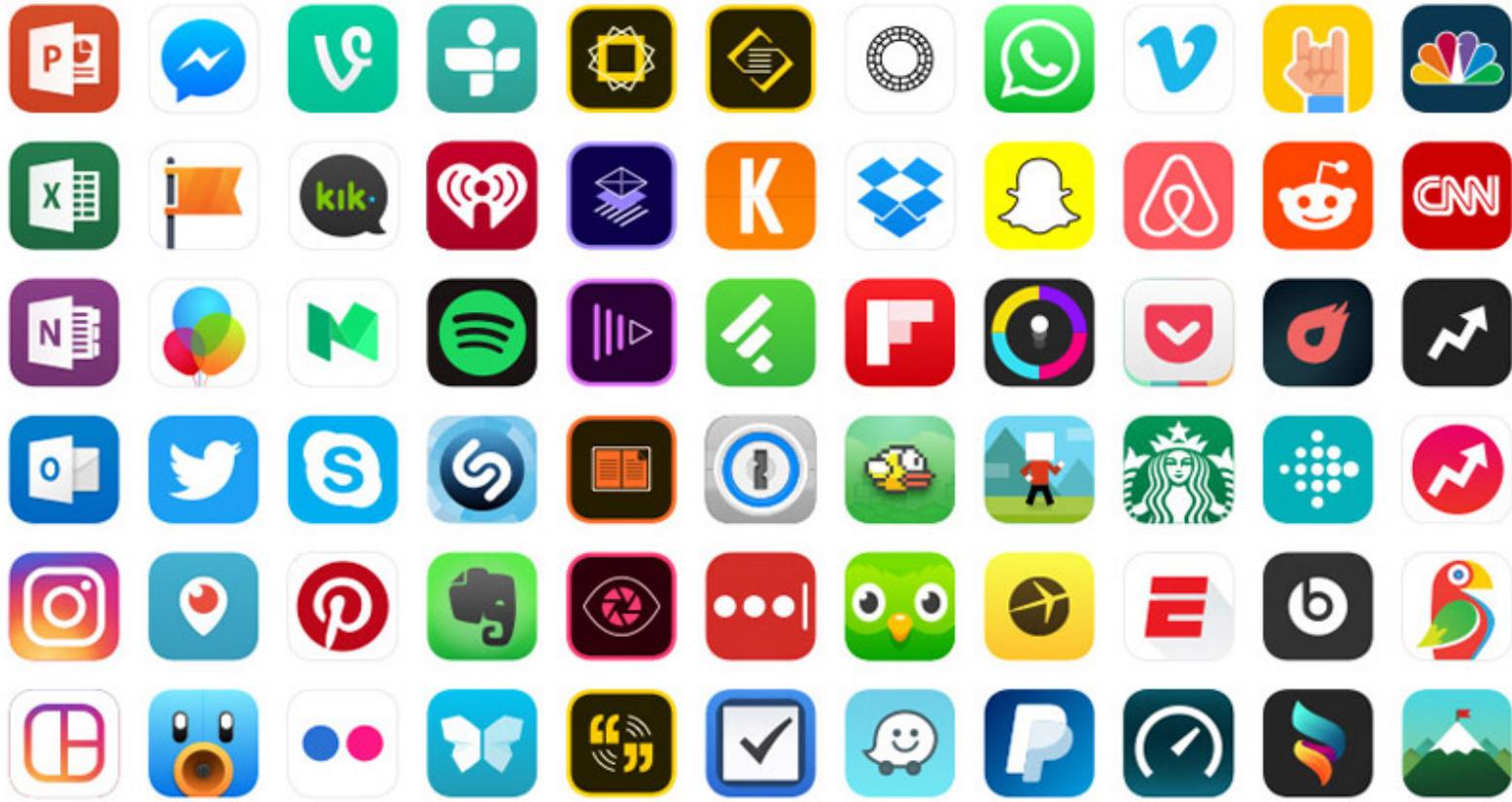
@Home

Internet Service Provider Offerings
- Anti-Virus Protection
- Filtering/Monitoring
  - AT&T- Smart Home
    - Manage devices on your network, set-limits
    - Doesn't seem to have a content filter
    - Only available with specific routers
  - Xfinity- myxFi
    - Age-appropriate content filter
    - Receive alerts when new device joins network
    - Set schedules

Third-Party Applications
- OpenDNS
  - Free and paid Options
  - Whole house customizable DNS filtering
- Disney Circle
  - Basic features- Age appropriate filtering, monitoring, pause
  - Free basic, monthly fee adds features
  - Some routers already have this installed
  - Can purchase appliance
- SecurlyHub
  - Filter based on categories
  - Block inappropriate content
  - Monitor activity
  - Flags activities (self-harm, cyberbullying, drugs)
  - One-time appliance purchase

Beyond

Device Specific
- iOS Guide- Parent Controls
  - Screen Time
  - Manage family IDs
- Android- Family Link
  - Monitor
  - Manage apps
  - Screen time limits
  - Location

Third Party
- Bark- Monitoring
  - $9.00/month
  - Can monitor apps, sends alerts for potential risks
  - Some limitations with certain apps on iOS
- OurPact- Monitoring
  - Free and up to $6.99/month
  - Monitor, track, schedule, block and grant apps, set app rules, block texting

Cell Provider Services
- AT&T- Secure Family App
  - Fee applies
  - Location- Geofencing location updates
  - Block apps filter based on age-appropriate settings
  - Pause internet, set schedule
- Verizon- Smart Family App
  - Fee Applies
  - Content filters
  - Set limits on data and time
  - Block apps
- T-Mobile- Family Mobile
  - Fee applies
  - Content filters
  - Monitor
  - Time limits and schedules
  - Add Home Base to control TV, computers, and game consoles at home
- Sprint- Account Settings

Resources

Website
- Common Sense Media
  - https://www.commonsensemedia.org/parent-concerns

Book
- Ana Homayoun
  - *The Myth of the Perfect Girl: Helping Our Daughters Find Authentic Success in School and Life*
  - *Social Media Wellness: Helping Tweens and Teens Thrive in an Unbalanced Digital World*

List of Common Apps
- Texting Apps
  - GroupMe
  - Kik Messenger
  - WatsApp
  - Discord
- Photo and Video Sharing Apps and Sites
  - Instagram
  - Tik Tok

- Microblogging Apps and Sites
  - Tumblr
  - Twitter
- Live-Streaming Apps
  - Houseparty- Group Video Chat
  - Live.me
  - YouNow: Broadcast, Chat, and Watch Like Video
- Self-Destructing Apps
  - Snapchat
  - Whisper
- Chatting, Meeting, and Dating Apps and Sites
  - Monkey –Have Fun Chats
  - MeetMe: Chat and Meet New People
  - Omegle
  - Yubo- Formerly Yellow
  - Amino- Communities, Chat, Forums, and Groups
- Obscuring Apps

https://www.commonsensemedia.org/blog/16-apps-and-websites-kids-are-heading-to-after-face