



Cabrillo Elementary School

Lunch Menu November 2019




Student lunch \$3.45 paid, .40 reduced*, free*, adults \$4.00, milk .50

*You may qualify for free or reduced price meals. The district highly encourages applying online at <http://wiseburnusd.heartlandapps.com>. Applications are also available at all school locations. For questions regarding the food service program please call (310) 725-4700 x4510


Monday	Tuesday	Wednesday	Thursday	Friday
NEW THIS SCHOOL YEAR				
The Wiseburn Unified School District (in partnership with Chartwells School Dining) will offer freshly prepared meals daily at Cabrillo Elementary School, offering two different entree choices per day. Come have a delicious lunch with us. (Menu subject to change daily)				

				
4 WG Bagel Turkey Sausage Tater Tots <i>or</i> SunButter and Jelly Sandwich Tater Tots Salad Bar	5 Turkey Corn Dog with Waffle Fries <i>or</i> Popcorn Chicken Salad with a WG Roll Salad Bar	6 Chicken Nuggets with Tater Tots <i>or</i> Fruit Parfait Salad Bar	7 Crispy Chicken Sandwich with Seasoned Fries <i>or</i> Chicken Caesar Salad w/ a WG Roll Salad Bar	8 Cheese or Pepperoni Pizza on WG Crust Seasoned Corn <i>or</i> Turkey and Cheese Sandwich with Corn Salad Bar
	12 Breaded Chicken Drumstick with Mashed Potatoes and Gravy <i>or</i> Popcorn Chicken Salad with a WG Roll Salad Bar	13 Mini Turkey Corn Dogs with Tater Tots <i>or</i> Fruit Parfait Salad Bar	14 Popcorn Chicken with Potato Wedges <i>or</i> Chicken Caesar Salad with a WG Roll Salad Bar	15 Cheese or Pepperoni WG Flatbread Seasoned Carrots <i>or</i> Chicken Ranch Wrap with Carrots Salad Bar
18 WG French Toast Sticks Turkey Sausage Patty Hash Brown Potato <i>or</i> Sun Butter & Jelly Sandwich Hash Brown Patty Salad Bar	19 Beef Hot Dog or Chili Dog with Tater Tots <i>or</i> Popcorn Chicken Salad with a WG Roll Salad Bar	20 Classic American Cheeseburger with Seasoned Fries <i>or</i> Fruit Parfait Salad Bar	21 Roast Turkey Mashed Potatoes & Gravy Seasoned Peas <i>or</i> Chicken Caesar Salad with a WG Roll Salad Bar	22 Cheese or Pepperoni Pizza on WG Crust Seasoned Green Beans <i>or</i> Turkey and Cheese Seasoned Green Beans Salad Bar
				



A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable & fruit side dishes, and milk. Milk choices include 1% white and non-fat chocolate.

A cold vegetable and fruit salad bar is available daily in which we feature a variety of vegetables and fruits including locally grown produce when seasonally available.



Salad Bar Selections				
Monday	Tuesday	Wednesday	Thursday	Friday
Chopped Romaine Sliced Tomatoes Sliced Cucumbers Whole Fruit Chilled Fruit Chilled Fruit	Chopped Romaine Sliced Tomatoes Celery Sticks Whole Fruit Chilled Fruit Chilled Fruit	Chopped Romaine Broccoli Florets Carrot Sticks Whole Fruit Chilled Fruit Chilled Fruit	Chopped Romaine Sliced Tomatoes Garbanzo Beans Whole Fruit Chilled Fruit Chilled Fruit	Chopped Romaine Power Peas Carrot Sticks Whole Fruit Chilled Fruit Chilled Fruit

This Institution is an Equal Opportunity Provider. All menus subject to change without notice due to unforeseen circumstances.