

MIHS November 2019
Full Salad bar Offered Daily

Monday

Tuesday

Wednesday

Thursday

Friday

1-Nov

Chicken Sandwich
Pizza
Corn
Lettuce/Tomato/Onion/Pickle
Fresh Fruit
Leafy Green Salad

4-Nov

Philly Beef Subs
Hot dog w/ Cole Slaw
French Fries
Sautéed Peppers & onions
Fresh Fruit
Leafy Green Salad

5-Nov

Walking Taco
Pork Carnita Taco(soft&hard)
Corn/Pintos
Pico,Lettuce
Fresh Fruits
Leafy Green Salad

6-Nov

Cheeseburger Sliders
BBQ Sliders
Sweet Potato Fries
Streamed Broccoli
Fresh Fruit
Leafy Green Salad

7-Nov

Chicken Fajaita Nachos
Cheese Quesdilla
Fresh Pico, Shredded Lettuce
Black Bean Salad
Fresh Fruit
Leafy Green Salad

8-Nov

Chicken Sandwich
Pizza
Lettuce/Tomato/Onion/Pickle
Fresh Fruit
Leafy Green Salad

11-Nov

Quesadilla/Rice
Spaghetti w/Roll
Steamed Broccoli
Fresh Pico
Fresh Fruit
Leafy Green Salad

12-Nov

Country Fried Steak
Oven Fried Chicken/ Rolls
Mashed Potatoes & Gravy
Green Beans
Fresh Fruit
Leafy Green Salad

13-Nov

Chicken Sliders
Walking Tacos w/ Pico
Lettuce/Tomato/Onion/Pickle
Pinto Beans
Fresh Fruit
Leafy Green Salad

14-Nov

CornDog&Sweet Potato Fries
Asian Chicken w/ Rice
Mixed Veggies
Fresh Fruit
Leafy Green Salad

15-Nov

Chicken Sandwich
Pizza
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit
Leafy Green Salad

18-Nov

Hot Dog w/Cole Slaw
Cheeseburger Sliders
Oven Baked Fries
Baked Beans
Fresh Fruit
Leafy Green Salad

19-Nov

Asian Chicken
Quesadilla
Brown Rice/Egg Roll
Oriental Vegetable
Fresh Fruit
Leafy Green Salad

20-Nov

Chili w/ Grilled Cheese
Chicken Tenders w/ Roll
Broccoli
Fresh Fruit
Leafy Green Salad

21-Nov

Ham
Chicken
Roll & Dressing
Gravy & Mashed Potatoes
Green Beans,Apple Crisp
Sweet Potato Casserole
Leafy Green Salad

22-Nov

Chicken Sandwich
Pizza
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit
Leafy Green Salad

25-Nov

No School
Thanksgiving Holiday

26-Nov

No School
Thanksgiving Holiday

27-Nov

No School
Thanksgiving Holiday

28-Nov

No School
Thanksgiving Holiday

29-Nov

No School
Thanksgiving Holiday

In the operation of child feeding programs no child will be discriminated against because of race, color, national origin, age, sex, or handicap. If you believe you have been discriminated against, write immediately to School and Community Nutrition, 1654 Twin Towers East, Atlanta GA.30334