


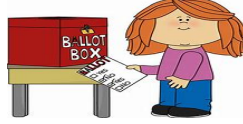



HAVERFORD TOWNSHIP - ELEMENTARY MENU			November 2019	
Contact the Food Services Office- 610.853.5900 x 5522			Menu Subject to Change. HTSD is an equal opportunity provider.	
Monday	Tuesday	Wednesday	Thursday	Friday
	Choice of Milk with Lunch Skim White, 1% White, 1% Chocolate or Strawberry Lactose Free or Soy Milk	<u>Daily Lunch Offerings</u> PB&J Sandwich Hummus Platter Vegetables & Fruits of the Day Grab & Go Lunch*	<u>Lunch Meal Prices</u> Elementary Lunch \$2.70 Reduced Lunch \$.40	<u>LUNCH - Select 1 Entrée</u> Choose 1 or 2 Veggies and/or 1or 2 Fruit, Select Favorite Milk <i>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</i>
<u>*Grab & Go Lunch Includes:</u> 2- 1 oz. Mozzarella Cheese Sticks WG Soft Pretzel Bag of Baby Carrots with Dressing Fruit Grab a Milk and Go!				November 1 <u>Lunch Select 1 Entrée</u> Tuna Salad Sandwich on WG Bread Hot Dog on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked French Fries Grape Tomatoes w/ Ranch Dip Apples, Banana, Orange, Mixed Fruit
November 4	November 5	November 6	November 7	November 8
<u>Lunch Select 1 Entrée</u> Chicken Tenders w/ Dipping Sauces Ham and Cheese Wrap <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Emoji Fries Steamy Broccoli Apples, Banana, Orange, Applesauce	<u>Teacher In-Service</u> Election Day 	<u>Lunch Select 1 Entrée</u> Turkey Hoagie Meatballs & Sauce on Club Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Tater Tots Celery Sticks w/ Ranch Dip Apples, Banana, Orange, Berries	<u>Lunch Select 1 Entrée</u> Ham & Cheese Sandwich on WG Bread MAX Cheese Sticks w/ Marinara <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Steamy Yellow Corn Roasted Onions & Peppers Apples, Banana, Orange, Diced Pears	<u>Lunch Select 1 Entrée</u> Tuna Salad Sandwich on WG Bread WG Cheese Pizza <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Potato Smiles BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit
November 11	November 12	November 13	November 14	November 15
<u>Lunch Select 1 Entrée</u> Ham and Cheese Wrap Cheeseburger on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Peaches	<u>Lunch Select 1 Entrée</u> Chicken Salad Sandwich on WG Bread Chicken Nuggets with Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Steamy Corn Mexican Black Beans Apples, Banana, Orange, Diced Peaches	<u>Lunch Select 1 Entrée</u> Chicken Patty Sandwich on WG Roll American* Hoagie <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Hash Brown Rounds Broccoli Florets w/ Dip Apples, Banana, Orange, Mixed Berries	<u>Lunch Select 1 Entrée</u> Turkey & Cheese Sandwich on Roll Deep Dish Personal Cheese Pizza <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Pears	<u>Lunch Select 1 Entrée</u> Tuna Salad Sandwich on WG Bread Hot Dog on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Waffle Fries Steamy Green Beans Apples, Banana, Orange, Mixed Fruit
November 18	November 19	November 20	November 21	November 22
<u>Lunch Select 1 Entrée</u> Ham and Cheese Wrap MAX Cheese Sticks w/ Marinara <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked French Fries Steamy Broccoli Apples, Banana, Orange, Applesauce	<u>Lunch Select 1 Entrée</u> Chicken Salad Sandwich on WG Bread French Toast Sticks w/ Sausage <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Baby Carrots w/ Ranch Dip Lettuce & Tomato Apples, Banana, Orange, Diced Peaches	<u>Lunch Select 1 Entrée</u> Hot Dog on WG Roll Stuffed Crust Cheese Pizza <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Seasoned Curly Fries Garden Side Salad Apples, Banana, Orange, Mixed Berries	<u>Thanksgiving Feast</u> Sliced Roast Turkey w/ Gravy Stuffing <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Fluffy Whipped Potatoes Steamy Green Beans Apples, Holiday Treat	<u>Lunch Select 1 Entrée</u> Tuna Salad Sandwich on WG Bread Mickey's Cheese Pizza <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Waffle Fries BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit
November 25 - Early Dismissal	November 26 - Early Dismissal	November 27 - Early Dismissal	November 28	November 29
<u>Parent Conferences</u>	<u>Parent Conferences</u>	<u>Parent Conferences</u>	School Closed - Thanksgiving Holiday Happy Thanksgiving! 	School Closed - Thanksgiving Holiday

Eliminate lost or forgotten meal money! Pre-Pay for meals using School Cafe or pay by check!