

Suffield Middle School Promise Group Health and Wellness Presentation

You are invited to attend a health and wellness presentation after school on November 6. Cindi Leech from Educated Choices will lead us through a fun and interactive presentation, we will learn about how certain diseases are lifestyle-related, the connections between diet and health and discuss ways that informed dietary choices can help prevent or relieve diseases. We will also discuss the latest, exciting food science technologies. There will be fun activities, too! This event is open to staff and students. Students that are not members of the Promise group must have a permission slip to attend.

Late bus will be available for transportation back home. Please **return** the permission slip to Mrs. Hunt, room B110 **by Monday, November 4, 2019.**

_____ has permission to attend the Promise health and wellness presentation after school on Wednesday, November 6 after school until - 3:45. I understand that late bus transportation will be available or I may make arrangements to pick my student up.

Parent signature

Phone #

Emergency Contact

Phone #

Please note any allergies or health concerns here