



## 2019/2020 Family Engagement Events

Times & Locations subject to change. Latest information available on your weekly school e-newsletter.

**Tuesday, September 24, 2019**

(led by Elmbrook Schools)

*Journey to Resiliency: Bypassing & Navigating Anxiety & Depression in Adolescents*

Program time: 6:30-8:00pm

Location: Brookfield East High School - Cafeteria

**Wednesday, October 2nd (led by Elmbrook Schools)**

*New Family Welcome*

Program Time: 6:30-8pm

Location: Burleigh Elementary School - Viking Room

**Tuesday, October 15th, 2019**

*Growing Healthy Child Brains: Applying Current Neuroscience to Parenting with Dr. Michael Mazius, PhD.*

Program time: 7:00-8:00pm

Location: Burleigh Elementary School - Viking Room

**Monday, October 21st, 2019**

(in partnership with Elmbrook Schools)

*SAFER Choices on Healthy Relationships*

Program time: 7:00-8:30pm

Location: Sharon Lynne Wilson Center

**Thursday, November 7th, 2019**

*Our Kids' Digital Life: Family & Community Partnering in the Digital Age*

Program time: 6:30-8:30pm

Location: Pilgrim Park Middle School - Cafeteria

**Monday, December 2nd, 2019**

*The Vaping Epidemic with Dr. Barbara Calkins, MD.*

Program time: 7:00-8:00pm

Location: Brookfield Central High School - Cafeteria

**Tuesdays, January 7th, 14th, 21st & 28th**

*Love & Logic for Teens & Tweens with Kristin Hasbrook*

Program time: 7:00-8:30pm

Location: Dixon Elementary - LGI

**Thursday, January 9th**

(led by Elmbrook Library Services)

FACEBrook book club: *Born a Crime* by Trevor Noah & *Who Was Nelson Mandela* by Stephen Marchesi

Program time: 6:00-8:00pm

Location: TBD

**Tuesday, February 11th, 2020**

*Accepting and Loving your Body Today with Jennifer Swanson, Ed D, LPC, CPT*

Program time: 6:30-8:00pm

Location: Pilgrim Park Middle School - Library

**Thursday, March 5th, 2020**

*Simple Truths - DVD Presentation*

*How to Talk to Your Kids About the "Birds & Bees"*

Program time: 7:00-8:30pm

Location: TBD

**Wednesday, March 11th, 2020**

*Optimizing Sleep to Help Students Reach Their Dreams*

Program time: 7:00-8:30pm

Location: Burleigh Elementary School - Cafeteria

**Wednesday, April 1st, 2020**

*Countering Anxiety and Depression in our Children: The Importance of Positive Psychology with Dr. Michael Mazius, PhD.*

Program time: 6:30-7:30pm

Location: Brookfield Central High School - Library

