

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


*Did you know that we serve hot breakfast 5 days a week? Come say good morning to your fantastic cafeteria staff and start your day right with a good breakfast!*

Assorted Homemade Pizza  
Crisp Romaine Salad  
Carrot Dippers  
Apple Grin Slices

**Meatless Monday**  
Mozzarella Sticks  
Marinara Sauce  
Garlic & Herb WG Breadstick  
Seasoned Broccoli  
Fruit Cocktail

**Professional Development**  
**No School**

WG Penne Pasta  
Meatballs  
Marinara or Cheddar Cheese Sauce  
Green Beans  
Orange Wedges

French Toast Sticks  
Hash Brown  
Chicken Sausage or Chicken Bacon  
Egg Patty  
100% Juice

Assorted Homemade Pizza  
Crisp Romaine Salad  
Carrot Dippers  
Baked Apples

**Veteran's Day**  
**No School**

WG Nacho Chips  
Seasoned Beef  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Orange Wedges

WG Rotini Pasta  
Meatballs  
Marinara or Alfredo Sauce  
Broccoli  
Diced Pears

**Thanksgiving Feast**  
Turkey Roast  
Mashed Potatoes & Gravy  
Roasted Mini Butternut Squash  
Cranberry Sauce  
WW Dinner Roll  
100% Juice

Assorted Homemade Pizza  
Crisp Romaine Salad  
Carrot Dippers  
Apple Grin Slices

**Meatless Monday**  
Cheese Bites  
Marinara Sauce  
Green Beans  
Canned Pineapple

Hamburger or Cheeseburger  
On WW Bun  
Baked Beans  
100% Juice

WG Rotini Pasta  
Meatballs  
Marinara or Alfredo Sauce  
California Blend Vegetables  
Diced Pears

Breaded or Glazed Chicken Drumstick  
WG Honey Wheat Biscuit  
Tater Tots  
Banana Split Cups

Assorted Homemade Pizza  
Crisp Romaine Salad  
Carrot Dippers  
Baked Apples

**Meatless Monday**  
Toasted Cheese Sandwich  
Creamy Tomato Soup  
Seasoned Broccoli  
Applesauce

WW Tortilla  
Seasoned Beef  
Shredded Cheddar Cheese  
Brown Rice  
Refried Beans  
Orange Wedges

**Early Dismissal**  
Chicken Patty on WW Bun  
Oven Fries  
100% Juice

**Thanksgiving Break**  
**No School**

**Thanksgiving Break**  
**No School**

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 Cup fruit, 1 Cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Please make checks payable to Stonington Public Schools Food Service or SPS Food Service
- Menu subject to change as needed without notice.
- Applications for free and reduced meals can be submitted at any time during the school year!
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider