

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

*Did you know that we serve hot breakfast 5 days a week? Come say good morning to your fantastic cafeteria staff and start your day right with an Ultimate Breakfast Sandwich!*

**1**  
Homemade Pizza  
Sweet Potato Fries  
Cucumber Dippers  
Fresh Blueberries with Whipped Topping  
100% Juice

**4**  
Italian Combo  
California Blend Vegetables  
Crisp Romaine Salad  
Garlic & Herb Breadstick  
Fruit Cocktail  
100% Juice

**5**  
**Professional Development**  
**No School**

**6**  
Pancakes or Hash Brown  
Cinnamon Carrots  
Chicken Sausage or Bacon  
Egg Patty & 100% Juice

**7**  
Popcorn Chicken  
Mashed Potatoes  
Corn  
Gravy  
Dinner Roll  
Banana Split Cups & 100% Juice

**8**  
French Bread Pizza  
Crisp Romaine Salad  
Sweet Potato Fries  
Baked Apples & 100% Juice

**11**  
**Veteran's Day**  
**No School**

**12**  
WW Tortilla  
Seasoned Beef or Fajita Chicken  
Shredded Cheddar Cheese  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Orange Wedges & 100% Juice

**13**  
Spicy Chicken & Waffles  
Hash Brown Patty  
Cinnamon Carrots  
Fresh Strawberries  
100% Juice

**14**  
*Thanksgiving Feast*  
Turkey Roast  
Mashed Potatoes & Gravy  
Roasted Mini Butternut Squash  
Cranberry Sauce  
WW Dinner Roll  
Baked Apples & 100% Juice

**15**  
Homemade Pizza  
Sweet Potato Fries  
Cucumber Dippers  
Fresh Blueberries with Whipped Topping  
100% Juice

**18**  
Waffle Cut Fries  
3-Bean Chili & Cheese  
Seasoned Broccoli  
Dinner Roll  
Fruit Cocktail  
100% Juice

**19**  
WG Nacho Chips  
Seasoned Beef or Fajita Chicken  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Strawberries & 100% Juice

**20**  
Chicken Tenders  
Mashed Potatoes  
Steamed Carrots  
Garlic Knot  
Orange Wedges  
100% Juice

**21**  
Cherry Blossom or Firecracker Chicken  
Vegetable Fried Rice  
Oriental Blend Vegetables  
Fresh Pineapple & 100% Juice

**22**  
French Bread Pizza  
Crisp Romaine Salad  
Sweet Potato Fries  
Baked Apples & 100% Juice

**25**  
Italian Combo  
California Blend Vegetables  
Crisp Romaine Salad  
Garlic & Herb Breadstick  
Fruit Cocktail  
100% Juice

**26**  
WG Nacho Chips  
Seasoned Beef or Fajita Chicken  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Strawberries & 100% Juice

**27**  
**Early Dismissal**  
**No Lunch Served**

**28**  
**Thanksgiving Break**  
**No School**

**29**  
**Thanksgiving Break**  
**No School**

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Please make checks payable to Stonington Public Schools Food Service or SPS Food Service
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider