

Monday

Tuesday

Wednesday

Thursday

Friday



**4**  
 Warm WG Muffin  
 Fruit & 100% Juice  
 Milk

**5**  
*Professional Development*  
*No School*

**6**  
 Mini Blueberry Waffles  
 Or  
 Strawberry Pancakes  
 Fruit & 100% Juice  
 Milk

**7**  
 Chicken Bacon,  
 Egg, & Cheese  
 Breakfast Wraps  
 Fruit & 100% Juice  
 Milk

**1**  
 WG Baked Cinnamon  
 Rolls  
 Fruit & 100% Juice  
 Milk

**8**  
 WG Baked Cinnamon  
 Rolls  
 Fruit & 100% Juice  
 Milk

**11**  
*Veteran's Day*  
*No School*

**12**  
 Chicken Sausage,  
 Egg, & Cheese  
 On WW Croissant  
 Fruit & 100% Juice  
 Milk

**13**  
 Mini Blueberry Waffles  
 Or  
 Strawberry Pancakes  
 Fruit & 100% Juice  
 Milk

**14**  
 Chicken Bacon,  
 Egg, & Cheese  
 Breakfast Wraps  
 Fruit & 100% Juice  
 Milk

**15**  
 WG Baked Cinnamon  
 Rolls  
 Fruit & 100% Juice  
 Milk

**18**  
 Warm WG Muffin  
 Fruit & 100% Juice  
 Milk

**19**  
 Chicken Sausage,  
 Egg, & Cheese  
 On WW Croissant  
 Fruit & 100% Juice  
 Milk

**20**  
 Mini Blueberry Waffles  
 Or  
 Strawberry Pancakes  
 Fruit & 100% Juice  
 Milk

**21**  
 Chicken Bacon,  
 Egg, & Cheese  
 Breakfast Wraps  
 Fruit & 100% Juice  
 Milk

**22**  
 WG Baked Cinnamon  
 Rolls  
 Fruit & 100% Juice  
 Milk

**25**  
 Warm WG Muffin  
 Fruit & 100% Juice  
 Milk

**26**  
 Chicken Sausage,  
 Egg, & Cheese  
 On WW Croissant  
 Fruit & 100% Juice  
 Milk

**27**  
 Mini Blueberry Waffles  
 Or  
 Strawberry Pancakes  
 Fruit & 100% Juice  
 Milk

**28**  
*Thanksgiving Break*  
*No School*

**29**  
*Thanksgiving Break*  
*No School*

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Please make all checks payable to Stonington Public Schools Food Services or SPS Food Services
- Applications for free and reduced price meals may be submitted at any time during the school year!
- This institution is an equal opportunity provider