

**INDEPENDENT SCHOOL
DISTRICT #624**



**WORK-STUDY
MEETING PACKET**

October 28, 2019

To: Members of the School Board

From: Dr. Wayne A. Kazmierczak
Superintendent of Schools

Date: October 15, 2019

A work-study session of the White Bear Lake Area School Board will be held on **Monday, October 28, 2019**, at 5:30 p.m. in Community Room 112 at the District Center, 4855 Bloom Avenue, White Bear Lake, MN.

WORK-STUDY AGENDA

A. PROCEDURAL ITEMS

1. Call to Order
2. Roll Call

B. DISCUSSION ITEMS

- | | |
|---|-----------|
| 1. North Homes Mental Health Partnership with Birch Lake Elementary | 5:30 p.m. |
| 2. Elementary and Middle School Literacy Update | 6:00 p.m. |
| 3. Bond Referendum Update | 6:30 p.m. |
| 4. Negotiations Study Session | 6:45 p.m. |

C. ADJOURNMENT

Times listed for each discussion item are estimated start times.

AGENDA ITEM: **North Homes Mental Health Partnership with
Birch Lake Elementary**

MEETING DATE: **October 28, 2019**

SUGGESTED DISPOSITION: **Discussion Item**

CONTACT PERSON: **Lisa Ouren, Director of Student Support Services**

BACKGROUND:

White Bear Lake Area Schools is partnering with North Homes Children and Family Services to provide mental health services at Birch Lake Elementary (BLE), with the intent to expand this model of mental health services to other schools in the future. Trevor Putnam, BLE school psychologist, coordinates these services in collaboration with the family. This partnership is integrated full-time into the Birch Lake school culture which allows for proactive, responsive and crisis support within the school day. This new initiative has come out of Strategy 8, “we will ensure the social and emotional growth of our students.”

Tonight, Trevor Putnam and Jill Tessman will provide an overview of this new social-emotional learning (SEL) initiative.

Birch Lake Elementary
and
North Homes Children and Family Services



Trevor Putnam, EdS
School Psychologist, Birch Lake Elementary

Birch Lake Elementary and North Homes partnership

guided by:

- **WBL Strategic Plan Strategy 8: We will ensure the social and emotional growth of our students.**
 - **Multi-Tiered Systems of Support (MTSS) framework**
 - **Social Emotional Learning (SEL) best practices**
-

New Mental Health and SEL Partnerships at Birch Lake Elementary

- **ALIVE!**
Trauma-informed schools program



- **North Homes**
school-based mental health services



North Homes

Based in Grand Rapids, locations in Duluth, Bemidji, and Deer River

- Diagnostic assessments, psychological evaluations, family assessments
- Counseling services with a wide range of modalities
- Substance abuse outpatient youth programming
- Day treatment
- **School based services**
- Adoption and foster care services
- Residential treatment options
- Young adult transitional facilities
- Adult services



North Homes School Based Programs

ISD 31- Bemidji (2007)

ISD 317- Deer River (2012)

ISD 118- Remer (2012)

ISD 113- Walker (2013)

ISD 363- Northome (2015)

ISD 93- Carlton (2016)

ISD 94- Cloquet (2016)

ISD 100- Wrenshall (2016)

ISD 318- Grand Rapids (2016)

ISD 319- Nashwauk (2017)

ISD 698- Floodwood (2019)

ISD 624- White Bear Lake (2019)

ISD 832- Mahtomedi (2019)

ISD 95- Cromwell (2019)

North Homes Services at Birch Lake Elementary:

- Full-time Mental Health Professional
 - Full-time Mental Health Practitioner
 - School Psychologist facilitates:
 - Direct Referrals
 - Consultation with classroom teachers
 - Voluntary service accessed by caregivers
 - Guided by the MTSS/SEL Framework
-



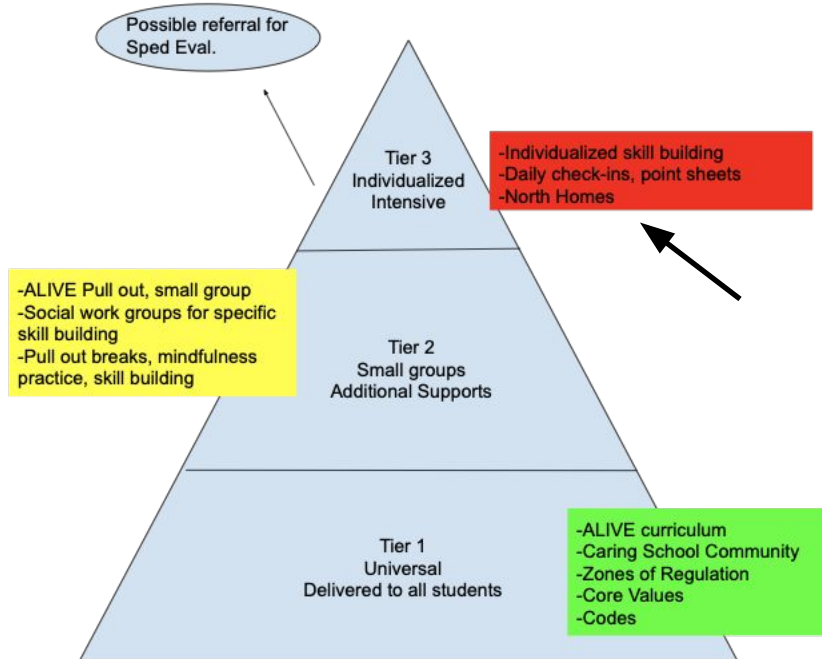
What is MTSS?

Multi-Tiered System of Support:

An integrated approach across social, emotional, behavioral, and academic supports.

An underlying structure that holds interventions and systems together addressing various levels of supports.

This is systems work that focuses on interventions and programs, not people and places.



Mental Health Professional

Therapy

- Needs to be recommended through diagnostic assessment
- Planned, monitored treatment plan
- **Cognitive functioning, emotions, internal processes**
- **Typically 1X week**
- Group, individual, or family

Mental Health Practitioners

Skills

- Needs to be recommended through diagnostic assessment
 - Planned, monitored treatment plan
 - **Repetitive, behaviorally based, teaching skills for coping**
 - **Typically 3X week**
 - Group, individual, or family
-

North Homes and Birch Lake Partnership Practices:

- Members at IEP meetings
 - Crisis response and assistance
 - Consultation and collaboration of services and supports
 - Classroom observations and consultations
 - Building-wide trainings
 - Partnership with caregivers
-



Student Impact:

- Intensive mental health services and treatment in the schools.
 - Early diagnosis
 - Diminish transportation barriers for families
 - Multi-disciplinary team collaboration
 - Less restrictive than off-site day treatment
 - Simplistic referral process for getting students in the door
 - Home visits
 - User friendly paperwork
 - Flexible mental health professionals embedded within the school culture and 100% devotion to Birch Lake
 - Continuum of services for students with mental illness
-

Questions, comments, needs for clarification?

Thank you!



AGENDA ITEM: **Elementary and Middle School Literacy Update**

MEETING DATE: **October 28, 2019**

SUGGESTED DISPOSITION: **Discussion Item**

CONTACT PERSON: **Sara Paul, Assistant Superintendent for Teaching
and Learning**

BACKGROUND:

Tonight, district leaders will be joined by elementary and middle school principals and teachers to provide a literacy update. The team will discuss:

- the compelling purpose for explicit and systematic literacy instruction; and
- the connected and supportive system of literacy professional development.

Elementary and Middle School Literacy Update

White Bear Lake Area Schools

Our
Compelling
Why

Elementary

Middle
School

School Board Work Study | October 28, 2019

...***Literacy*** is the
cornerstone
of all learning
and encompasses
communication through
understanding language
in ***both written and***
spoken form....”

Our
Compelling
Why

WBLAS Literacy Plan



Strategic Adjustments to Improve Student Literacy

Where we have been

Established
Literacy
Framework

2011-12

2014-15

A-ROI Study
of Literacy
Program and
Audit of
Intervention
Supports

Elementary

Established
Coaching Models
for Technology
and Literacy and
Prioritized Time
to Collaborate

2015-16

2017-18

District
Strategic
Planning

2018-19

Site Level
Strategic
Planning;
February
Work Study-
Literacy
Update

Where we are heading

Literacy
Focus for
2019

2019-20

The Science of Teaching Reading

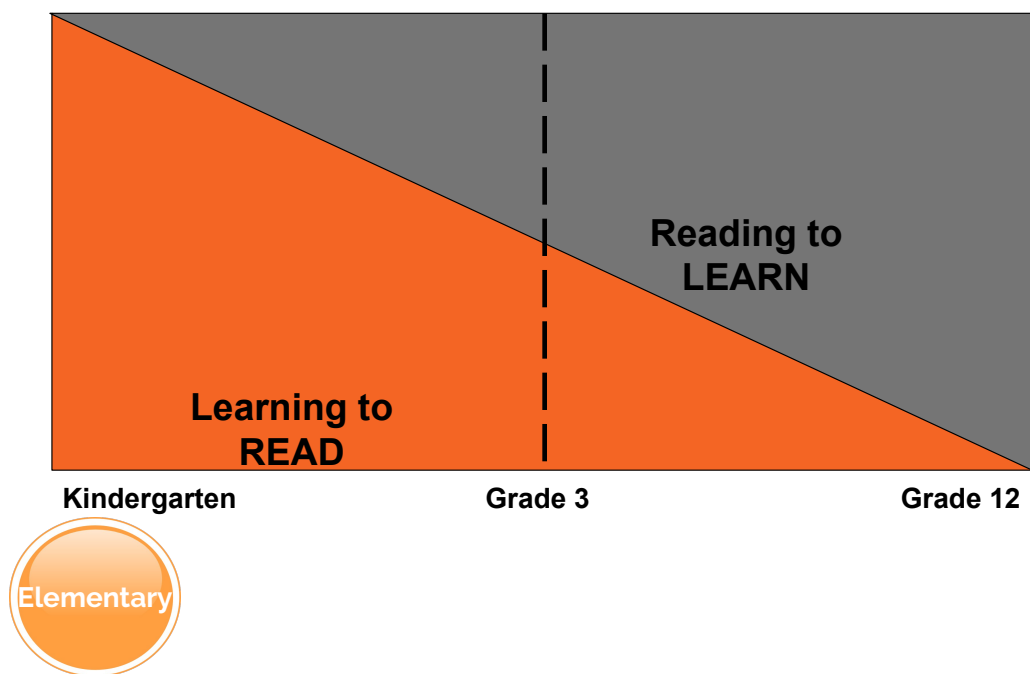
Reading needs to be taught directly, **explicitly**, and **systematically**, using an evidenced-based approach.

Elementary

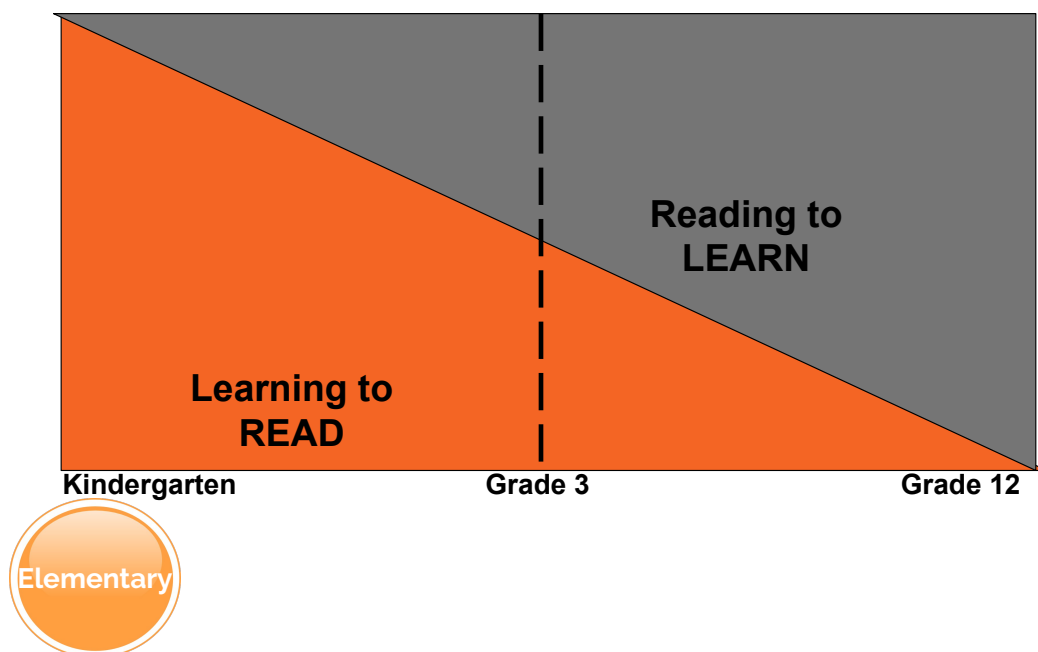
Reading is an incredibly complex, unnatural process. Unlike learning to speak, our brains are not wired to learn how to read through mere exposure to print.

- Phonemic Awareness
- Phonics
- Comprehension
- Vocabulary
- Fluency

The Importance of Reading Well by Third Grade



Learning to Read and Reading to Learn: Simultaneous and Continuous.

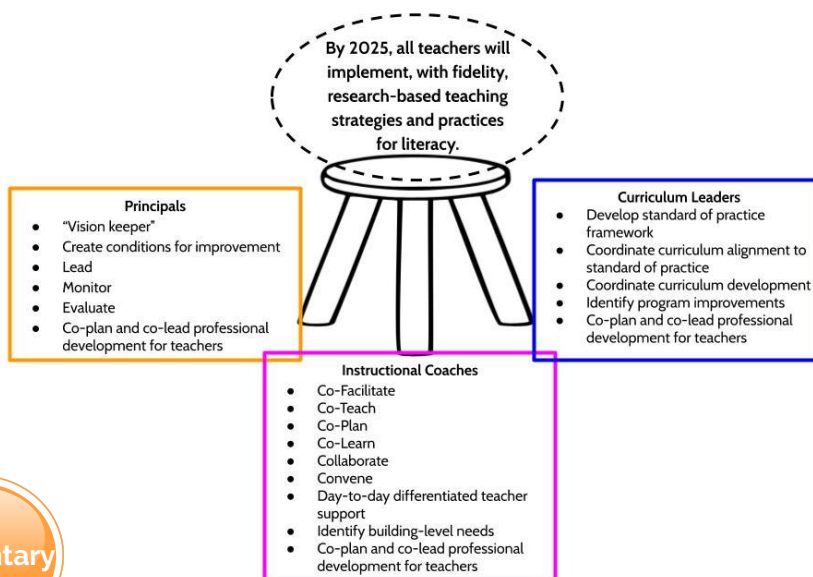


Our Compelling Why

- Literacy is the ability to read, write, speak, and think.
- Literacy is the foundation of all learning
- Being literate is a right, not a privilege.
- Everyone can learn.
- Teachers are a critical factor of student achievement.
- Teachers deserve a connected and supportive system of professional learning.

Elementary

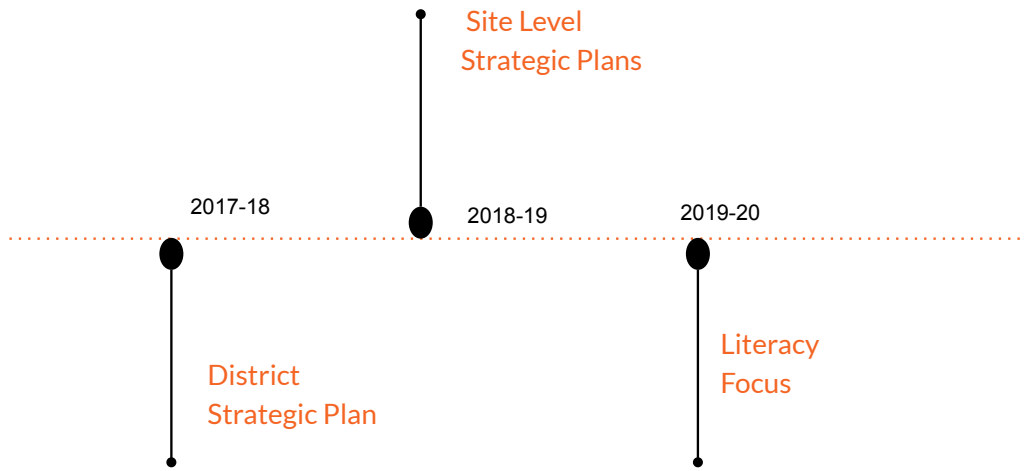
Connected and Supportive System of Professional Learning



Elementary

Strategic Adjustments to Improve Student Literacy

Where we have been



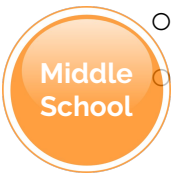
Where we are heading

Comprehensive Approach to Literacy

- Grade-level language arts instruction for all students
- Additional support for students who read below grade-level:
 - Team-taught classes, small group instruction
 - Direct instruction in reading for individuals and small-groups
- Reading comprehension strategies integrated across the curriculum (e.g. marking the text, identifying key words and phrases, determining author's message)

Prioritizing Literacy Teaching and Learning

- Instruction Grounded in Research
 - Demonstration
 - Supported practice (analogy to athletics, music)
 - Tailored to the learner based on ongoing assessment
- Instruction that empowers students to:
 - Set ambitious goals
 - Engage in self-assessment & reflection
 - Apply and transfer skills to multiple texts
 - Engage in academic discourse



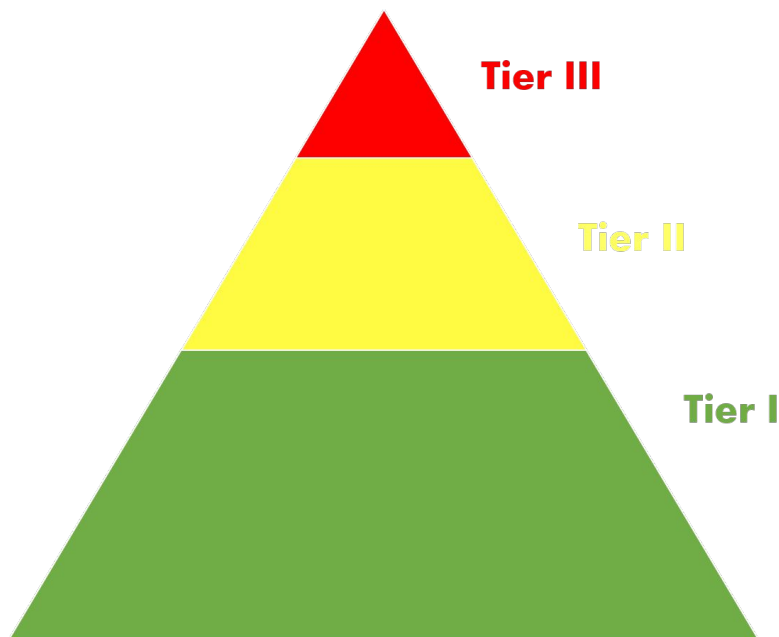
Explicit Reading Instruction

- Units of Study (ex - Deep Study of Character)
- Minilessons (10 min) - grounded in the MN standards
- Conferencing
 - individuals & small groups
 - assessing
 - differentiating & pushing learning forward
- Reading Notebooks
- Guided practice (time to read)



Appendix

MULTI-TIERED SYSTEM OF SUPPORTS



AGENDA ITEM: **Bond Referendum Update**

MEETING DATE: **October 28, 2019**

SUGGESTED DISPOSITION: **Discussion Item**

CONTACT PERSON(S): **Dr. Wayne Kazmierczak, Superintendent**
Tim Wald, Assistant Superintendent for
Finance and Operations

BACKGROUND:

Superintendent Wayne Kazmierczak and Assistant Superintendent for Finance and Operations Tim Wald will provide an update on the district's upcoming Building Bond Referendum.

On November 5, White Bear Lake Area School District residents will vote whether to provide funding for building needs across the district. If approved, the bond funding would provide space for our growing enrollment throughout the district, improve school safety and security, address deferred maintenance needs and update classrooms for more flexible learning spaces.

AGENDA ITEM: **Negotiations Study Session**

MEETING DATE: **October 28, 2019**

SUGGESTED DISPOSITION: **Discussion Item**

CONTACT PERSON: **Matt Mons, Director of Human Resources**

BACKGROUND:

Matt Mons, Director of Human Resources, and Tim Wald, Assistant Superintendent for Finance and Operations, will provide information on labor negotiations.

This portion of the meeting will be closed as permitted by Minnesota statutes.

This portion of the meeting may be closed to consider strategy for labor negotiations, including negotiation strategies or developments or discussion and review of labor negotiation proposals, conducted pursuant to Minnesota Statutes 179.A.01 to 179.A.25.