

November '19 Breakfast & Lunch Menu

Iredell Statesville Schools: **Elementary & Middle Menu**

Offered Daily: 1/2 pint Milk: FF (13), 1% (13), or Chocolate 1% (20), Strawberry FF (19) or Vanilla FF (19)

(~carb counts)

Menu subject to change due to weather, calendar changes, administrative directive, equipment malfunction, and/or product availability.



Chicken Biscuit (36) Pepperoni Pizza (30) Chicken Fajitas (21) Tater Tots (16) Cherry Tomatoes & Dip (3) Assorted Fruit Juice (15) 1				
Mini Pancakes (36) Chic Fillet Sandwich (37) Turkey & Cheese Sandwich (28) Sweet Green Peas (13) Dill Pickles (0) Mandarin Oranges (29) 4	Yogurt w/ Grahams (33) Hamburger (25) Pork Chop Sandwich (43) Mashed Potatoes (15) Homestyle Greens (6) Assorted Fruit Juice (15) 5	Breakfast on a Stick (48) Popcorn Chicken with Roll (25) Loaded Baked Potato, Roll (52) Black-eyed Peas (24) Creamy Broccoli Soup, Crackers (46) Fruit Cocktail (14) 6	Biscuit & Gravy (41) Beefy Nachos (20) Chicken Alfredo (26) Green Beans (5) Sweet Waffle Fries (26) Fruity Jell-O (30) 7	Snowballs (34) Cheese Pizza (30) Fish Sandwich (41) Steamed Cabbage (3) Baby Carrots & Dip (7) Strawberry Cup (22) 8
Veteran's Day Holiday 11	Super Honey Bun (34) Corndog (30) Fiestada Pizza (43) Refried Beans w/ Chips (28) Potato Smiles (20) Warm Peach Cobbler (51) 12	Breakfast Pizza (26) Chicken BBQ Sandwich (34) Grilled Cheese Sandwich (36) Tomato Soup, Crackers (34) Sweet Yellow Corn (16) Raisins (29) 13	Glazed Cinnamon Roll (43) Lasagna w/ Breadstick (40) Chicken Tenders, Roll (25) Seasoned Potato Wedges (21) Fresh Garden Salad (3) Baked Cinnamon Apples (30) 14	Dunking Stix (48) Pizza Pocket (30) Beef Ravioli, Breadstick (45) Pinto Beans (20) Cherry Tomatoes & Dip (3) Assorted Fruit Juice (15) 15
French Toast Sticks (38) Spicy Chic Fillet (40) Beefy Soft Taco (22) Lettuce and Tomatoes (3) Sweet Potato Crinkles (17) Fruit Cocktail (14) 18	Blueberry Muffin (26) Chicken Nuggets, Roll (25) Beef Riblet Sandwich (37) Cheesy Potato Soup, Crackers (54) Green Beans (5) Fruity Jell-O (30) 19	Donut (30) Mini Corndogs (30) Chicken Pie & Roll (30) Mashed Potatoes (15) Homestyle Greens (6) Warm Apple Cobbler (44) 20	Dutch Waffle (43) Breakfast for Lunch (59) Super Mascot Burger (33) Sweet Yellow Corn (16) Dill Pickles (0) Assorted Fruit Juice (15) 21	Crumb Cake (48) French Bread Pizza (30) Fish Nuggets w/Roll (35) Refried Beans w/ Chips (28) Baby Carrots & Dip (7) Fresh Fruit 22
Sausage Biscuit (27) Turkey, Gravy, Roll (18) Hamburger (25) Mashed Potatoes (15) Green Beans (5) Warm Apple Cobbler (44) 25	Warm Cinnamon Bar (40) Pepperoni Pizza (30) Chicken Fajitas (21) Tater Tots (16) Cherry Tomatoes & Dip (3) Assorted Fruit Juice (15) 26	No School 27	Holiday HAPPY THANKSGIVING 28	No School 29

Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections