



HOME AND SCHOOL ASSOCIATION

Parent Education

2019-2020



CHARLES

PREVENTION OF CRIME AND ABUSE

THURSDAY, SEPTEMBER 19, 2019 | 6:00 PM | MPR

Led by Jenny Charles and members of the Davidson County District Attorney's Office.

BOOK CLUB: THE IMPORTANCE OF BEING LITTLE

MONDAY, SEPTEMBER 30, 2019 | 6:00 PM | MPR

Discussion on *The Importance of Being Little* by Erika Cristakis.

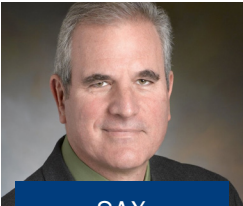


VALDES

EFFECTIVE NATURAL CONSEQUENCES WITHOUT SHAMING

THURSDAY, OCTOBER 17, 2019 | 6:00 PM | MPR

Local counselor, Kary Valdes, LCSW, Love and Logic facilitator, will cover a variety of struggles ranging from back talking to door slamming and pushing boundaries, i.e. bedtime, meals, and chores.

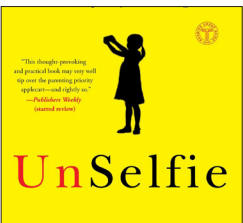


SAX

INSTAGRAM IS EATING MY DAUGHTER AND MY SON WON'T STOP PLAYING FORTNITE

TUESDAY, NOVEMBER 5, 2019 | 6:00 PM | MPR

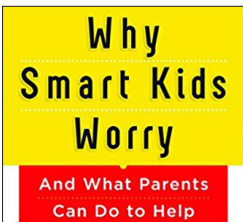
Dr. Leonard Sax MD, PhD, *New York Times* Best Selling author of *The Collapse of Parenting*, *Boys Adrift*, *Why Gender Matters*, and *Girls on the Edge*, will address the impact of American pop-culture on today's youth. Dr. Sax will provide scientific data and enforceable guidelines on screen time for children of all ages.



BOOK CLUB: UNSELFIE

TUESDAY, NOVEMBER 12, 2019 | 7:00 PM | KRAEMER HOME

Join us for a discussion on *UnSelfie* by Michele Borba prior to the author's appearance at Ensworth High School on Thursday, January 16 at 6:30 PM.



WHY SMART KIDS WORRY

THURSDAY, FEBRUARY 25, 2020 | 6:00 PM | MPR

Allison Edwards, psychotherapist, affiliate professor at Vanderbilt University, and the author of *Why Smart Kids Worry* and *Worry Says What?*

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Events are appropriate for parents of all ages, free, and open to the public. Childcare and pizza provided for current SBA students at speaker events. Please contact Janelle Kraemer (janellekraemer@me.com) with questions, to RSVP, or to purchase a book in advance. Profits from book sales will go to SBA.

