DAILY BULLETIN for
THURSDAY, OCTOBER 24, 2019

TODAY’S SCHEDULE: Blocks 1, 3, 5, 7 | Paws Time

Today’s Bells

- Friday, Oct. 25  Periods 0-7 | Club Time | PTSA Luncheon

CLUB TIME NOTES for tomorrow:

➔ Juniors! Mandatory junior class meeting in the NPAC during Club Time this Friday. Mrs. Yamada, one of our counselors, will be presenting important information you'll need to navigate your year. Sooo... Juniors - go to the NPAC on Friday, not your CLUB!

➔ Make sure you have your Club Pass for Club Time tomorrow! No pass? Stay in 2nd period!

CAST YOUR VOTE for BHS!

Let’s get the BHS/Inglemoor game on KING 5’s BIG GAME OF THE WEEK!

VOTING CLOSES AT 1:00 TODAY so make your voice heard! Check king5.com to vote!

ALERT: AP STUDENTS!

Get online and register for your exams! Even though the tests aren’t until May, registration is only open until Oct. 31st.

Go to myap.collegeboard.org and make sure your account is set up. You’ll get your “join codes” from your AP teachers, then pay the fees on Total Registration.

THE CLOCK IS TICKING SO GET REGISTERED!
NATIONAL SUDDEN CARDIAC ARREST AWARENESS MONTH!

Keep your heart in the game and get a free EKG youth heart screening on November 6th in the Bothell High gym. You may be one in 250 teens with an underlying heart condition that can put you at risk for Sudden Cardiac Arrest, a syndrome that can stop your heart without warning. This is an easy test - no needles or x-rays, just a non-invasive EKG that measures your heartbeat. We encourage all students to attend (and you miss a little bit of class!). Check out the Bothell High School website for details on how to register for the Nick of Time heart screening. Ask your parents to complete the registration packet and return it to the main office prior to the screening.

OCTOBER IS BULLYING PREVENTION MONTH

The theme this week is INCLUSION:

- Continue to encourage inclusive activities throughout the school day (especially during lunch).
- Introduce yourself to a student you haven’t met before.


| Sports Schedule / Daily Bells |

**THURSDAY**

Periods 0, 1, 3, 5, 7: 93 min. classes

<table>
<thead>
<tr>
<th>Period</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>0</td>
<td>6:30 – 7:30</td>
</tr>
<tr>
<td>1</td>
<td>7:30 – 9:03</td>
</tr>
<tr>
<td>(Paws Time)</td>
<td>8:48 - 9:03</td>
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<tr>
<td>3</td>
<td>9:08 – 10:45</td>
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<tr>
<td>(Paws Time)</td>
<td>10:30 – 10:45</td>
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<tr>
<td>A Lunch</td>
<td>10:50 – 11:20</td>
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<tr>
<td>5A</td>
<td>11:24-12:57</td>
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<tr>
<td>(Paws Time)</td>
<td>12:42 – 12:57</td>
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<tr>
<td>5B</td>
<td>10:50 – 12:23</td>
</tr>
<tr>
<td>(Paws Time)</td>
<td>12:08 – 12:23</td>
</tr>
<tr>
<td>B LUNCH</td>
<td>12:27 – 12:57</td>
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<tr>
<td>7</td>
<td>1:02 – 2:35</td>
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<tr>
<td>(Paws Time)</td>
<td>2:20 – 2:35</td>
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**Tuesday, October 22, 2019**

4:00 pm  - Boys Tennis  - Varsity - Skyview - (5) Bedford - Skyview High School
5:00 pm  - Girls Soccer  - Junior Varsity - Bedford - Inglenook - Pop Keeney Stadium
7:00 pm  - Girls Soccer  - Varsity - Bedford - Inglenook - Pop Keeney Stadium

**Wednesday, October 23, 2019**

4:00 pm  - Boys Tennis  - Varsity - Skyview - (5) Bedford - Skyview High School
9:15 pm  - Volleyball - Junior Varsity - Bedford - Eastlake - Bedford High School
5:15 pm  - Volleyball - C-Team - Bedford - Eastlake - Bedford High School
6:00 pm  - Football - C-Team - Mount St. - Bedford - Mt. St. Michael Academy
7:00 pm  - Volleyball - Varsity - Bedford - Eastlake - Bedford High School

**Thursday, October 24, 2019**

3:00 pm  - Girls Softball - Varsity - Eastlake - Bedford - Juanita Aquatic Center
4:00 pm  - Girls Softball - Varsity - Chief Sealth - Bedford - SWAC
9:00 pm  - Girls Soccer - Junior Varsity - Lake Washington - Bedford - Lake Washington HS
7:00 pm  - Girls Soccer - Varsity - Lake Washington - Bedford - Lake Washington HS

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**Friday, October 25, 2019**

8:30 am  - Boys Tennis - Varsity - Kiggins Tournament - Qualifiers and Finals - (5) Pasco High School
3:30 pm  - Girls Softball - Varsity - Eastlake - Bedford - Eastlake - Bedford High School
7:00 pm  - Football - Varsity - Inglenook - Bedford - Pop Keeney Stadium

**Saturday, October 26, 2019**

8:00 am  - Boys Cross Country - Varsity - Kiggins Tournament - Qualifiers and Finals - (5) Pasco High School
11:00 am - Girls Cross Country - Varsity - Bellevue - (5) Bothell - Lake Sammamish State Park
1:00 pm  - Girls Softball - Varsity - Juanita - (5) Bothell - Juanita High School