

Nakavango Packing List

Weather in Victoria Falls in March: 63-86 degrees and possibly a bit rainy

Pack in 2 bags: a soft-sided duffel for most items and a carry-on that fits under an airplane seat (backpack) for 1 full change of clothing, medication and other essential items (such as eyeglasses), and entertainment for flight

Documents

- Passport: **passports cannot expire before October 1, 2020.**
- Criminal background check document (if over 18) or 2 letters of reference on letterhead (under 18)
- Copies of important **travel documents**, such as passport, criminal background check, travel insurance, visas, plane tickets and passport photos

Clothing (NO CAMOUFLAGE)

Neutral or khaki-colored clothing— camouflage clothing is **banned** in Zimbabwe and wearing white should be avoided on the reserve

- T-shirts (7)
- Collared khaki shirts, both short (2) and long-sleeved (1-2)
- Khaki pants and shorts; quick-drying material (2 of each)
- Pajamas (2 sets)
- **Waterproof** hiking/walking shoes, preferably leather
- Crocs or shower shoes/flip flops
- Sun hat/cap
- Sweatshirt/fleece top
- Casual clothing for evening wear (1 set)
- Underwear and long socks (7 each)
- A set of nice clothes; it is most likely you will want to go out for dinner
- Sun hat
- warm hat/beanie
- Swimsuit
- Work gloves
- Light rain jacket with hood
- Warm scarf

Other

- **Medical kit** with aspirin (or a similar pain reliever), antihistamine for relief from allergies or insect bites, anti-diarrheal, scissors and tweezers, band aids, antiseptic cream for cuts and grazes, lip balm, insect repellent and any personal **medication**
- **Toiletries**, including toothbrush, toothpaste, comb or brush, shampoo, conditioner, soap/body wash and contact lenses (saline, eyeglasses, etc.)
- Insect/mosquito repellent (DEET)
- Sunglasses
- Towel
- Mobile phone - you can buy a SIM card for around US\$5 (to make local calls, send texts and receive international calls)
Laptop, iPad or Smartphone so you have access to WiFi in the volunteer base
- Large capacity portable battery to charge electronics
- Camera
- Plug Adapters and chargers for your electronics
- Day Pack/backpack
- A small **padlock** for securing bags and valuables
- Flashlight and/or headlamp
- Binoculars
- water bottle
- Sleeping bag: lightweight, packable bag
- antiseptic wipes or pack of baby wipes
- Books, music, and other entertainment for long travel and 'down time'
- Travel guide (many volunteers find Lonely Planet to be very helpful for preparation and once they are in Victoria Falls)
- Journal and pens to keep a diary
- Small gift for your hosts/cooks (optional): your volunteer accommodation receives money for your board and meals, but some volunteers like to bring a small gift from home as a token of their appreciation
- Snacks: prepackaged peanut butter crackers or protein bars, etc.
- Money for incidental items: Small, new bills in denominations of \$5 and \$10 only