



DAILY BULLETIN for

WEDNESDAY, OCTOBER 23, 2019

TODAY'S SCHEDULE: Blocks 2, 4, 6 | Paws Time | Collab: **INDIVIDUAL**
[Today's Bells](#)

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- Thursday, Oct. 24 Blocks 1, 3, 5, 7 | Paws Time
 - Friday, Oct. 25 Periods 0-7 | Club Time | **PTSA Luncheon**
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THIS WEEK:

- Make sure you have your Club Pass for Club Time on Friday! No pass? Stay in 2nd period!
- **Juniors!** There's a **mandatory junior class meeting in the NPAC during Club Time** this Friday. Mrs. Yamada, one of our counselors, will be presenting important information you'll need to navigate your year. **Juniors - go to the NPAC on Friday, not your CLUB!**
- Voting is open for the **KING 5's BIG GAME OF THE WEEK!** Get on king5.com and cast your vote. It's us vs. IHS at the Pop on Friday!



NATIONAL SUDDEN CARDIAC ARREST AWARENESS MONTH!

Keep your heart in the game and get a **free EKG youth heart screening on November 6th in the Bothell High gym.** You may be one in 250 teens with an underlying heart condition that can put you at risk for Sudden Cardiac Arrest, a syndrome that can stop your

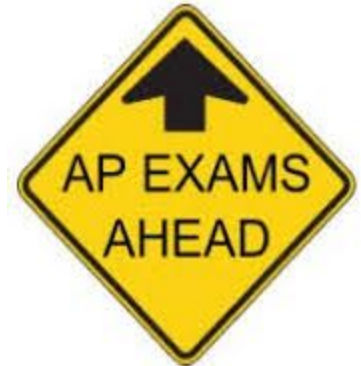
heart without warning. This is an easy test - no needles or x-rays, just a non-invasive EKG that measures your heartbeat. We encourage all students to attend (and you miss a little bit of class!). Check out the Bothell High School website for details on how to register for the Nick

of Time heart screening. Ask your parents to complete the registration packet and return it to the main office prior to the screening.

ALERT: AP STUDENTS!

Get online and register for your exams! Even though the tests aren't until may, registration is only open until Oct. 31st.

Go to myap.collegeboard.org and make sure your account is set up. You'll get your "join codes" from your AP teachers, then pay the fees on Total Registration.



THE CLOCK IS TICKING SO GET REGISTERED!



OCTOBER IS BULLYING PREVENTION MONTH

The theme this week is INCLUSION:

- Continue to encourage inclusive activities throughout the school day (especially during lunch).
 - Introduce yourself to a student you haven't met before.
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SPORTS [SCHEDULE](#) /DAILY BELLS

Tuesday, October 22, 2019

4:00 pm	Boys Tennis	Varsity	Skyline	(9) Bothell...	Skyline High School
5:30 pm	Girls Soccer	Junior Varsity	Bothell	Inglesmoor	Pop Keeney Stadium
7:30 pm	Girls Soccer	Varsity	Bothell	Inglesmoor	Pop Keeney Stadium

Wednesday, October 23, 2019

4:00 pm	Boys Tennis	Varsity	Skyline	(9) Bothell...	Skyline High School
5:15 pm	Volleyball	Junior Varsity	Bothell	Eastlake	Bothell High School
5:15 pm	Volleyball	C-Team	Bothell	Eastlake	Bothell High School
6:00 pm	Football	C-Team	Mount Si	Bothell	Mt. Si High School
7:00 pm	Volleyball	Varsity	Bothell	Eastlake	Bothell High School

Thursday, October 24, 2019

3:00 pm	Girls Swim	Varsity	Eastlake	Bothell	Juanita Aquatics Center
4:00 pm	Girls Slowpitch Softball	Varsity	Chief Sealth	Bothell	SWAC
5:00 pm	Girls Soccer	Junior Varsity	Lake Washington	Bothell	Lake Washington HS
7:30 pm	Girls Soccer	Varsity	Lake Washington	Bothell	Lake Washington HS

Friday, October 25, 2019

8:00 am	Boys Tennis	Varsity	Kingco Tournament Quarterfinals and Semi Finals (if qualified)	(15) Bellevue...	Edgebrook
3:30 pm	Girls Slowpitch Softball	Varsity	Bothell	Eastlake	Bothell High School
7:00 pm	Football	Varsity	Inglesmoor	Bothell	Pop Keeney Stadium

Saturday, October 26, 2019

TBD	Volleyball	Junior Varsity	Bothell	(15) -...	Bothell High School
8:00 am	Boys Tennis	Varsity	Kingco Tournament Finals and Consolation (if qualified)	(15) Bellevue...	Edgebrook
11:00 am	Boys Cross Country	Varsity	Bellevue	(16) Bothell...	Lake Sammamish State Park
11:00 am	Girls Cross Country	Varsity	Bellevue	(16) Bothell...	Lake Sammamish State Park
1:30 pm	Girls Swim	Varsity	Juanita	(31) Bainbridge...	Juanita High School

COLLABORATIVE WEDNESDAY

Periods 0, 2, 4, 6: 95 min. classes

0	6:30-7:20
2	7:30-9:05
(Paws Time)	8:50-9:05
4	9:10-10:50
(Paws Time)	10:35-10:50
LUNCH ALL STUDENTS	10:50-11:25
6	11:30-1:05
(Paws Time)	12:50-1:05