

what's for breakfast?

Lakeland School District Elementary November Breakfast Menu This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
Locally Grown Vegetarian	We support Local Farmers!			No school 1
4 Whole Grain Waffle w/Maple Syrup Scrambled Eggs Assorted Cereal Whole Grain Toast Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	5 Breakfast Pizza Assorted Cereal Whole Grain Muffin Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	6 Whole Grain French Toast Sticks w/Maple Syrup Assorted Cereal Cheese sticks Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	7 Chicken Biscuit Sandwich Assorted Cereal Whole Grain Toast Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	8 Baked Cinnamon Roll Assorted Cereal Strawberry Yogurt Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
11 Breakfast Pizza Assorted Cereal Whole Grain Muffin Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	12 Sliced Whole Grain Cinnamon Toast (2) Assorted Cereal Strawberry Yogurt Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	13 Whole Grain Fudge Frosted Pop-Tart Assorted Cereal String Cheese Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	14 Whole Grain Waffle w/Maple Syrup Scrambled Eggs Assorted Cereal Whole Grain Toast Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	15 Biscuits & Gravy Assorted Cereal Strawberry Yogurt Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
18 Fruit Smoothie W/ Whole Grain Muffin Assorted Cereal Whole Grain Muffin Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	19 Whole Grain Fudge Frosted Pop-Tart Assorted Cereal String Cheese Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	20 Breakfast Pizza Assorted Cereal String Cheese Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	21 Whole Grain Waffle w/Maple Syrup Scrambled Eggs Assorted Cereal Whole Grain Toast Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	22 Baked Cinnamon Roll Assorted Cereal Strawberry Yogurt Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
25 No School	26 No School	27 No School	28 No School	29 No School

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Paid Student \$1.50. Reduced \$0.30. Adult \$2.25