













Pay for your share of you employer-sponsored ✓ medical ✓ dental ✓ vision ✓ hearing ✓ drug insurance policies with pre-tax dollars

- Easy to enroll
- No change to you current insurance coverage
- No calculating required
- Change how you pay for you premiums
- Cost is payroll deducted pre-tax in the exact amount you contribute
- SAVE 30% to 40%
- Savings depends on you tax bracket

### **Cut Your Out-of-Pocket Costs!**





Without **FLEX** you **PAY**100% of your
out-of-pocket costs

With **FLEX** you **Save 30%**- **40%** of your
out-of-pocket costs

## **Q.** If I set aside part of my paycheck before taxes, will I make less money?

A. No. Your spendable should remain the same or show an increase for your Plan Year. Here is an example of a married individual earning \$35,000 and paying \$1,500 in out-of-pocket medical expenses and health insurance premiums.

	Using After-Tax Dollars	Using <i>Pre-</i> Tax Dollars
Income	\$ 35,000	\$ 35,000
Eligible Expenses	0	-1,500
Taxable Income	35,000	33,500
Estimated Taxes	-9,905	-9,458
Income After Taxes	25,095	24,042
Eligible Expenses	-1,500	0
Spendable Income	23,595	24,042
FLEX Plan Savings!		\$ 447

The \$447 shows this individual's 30% savings in paying for eligible services of \$1,500 with pre-tax dollars

Pay for eligible ✓ medical ✓ dental ✓ vision ✓ dependent day care with *pre-tax* dollars

- Three separate accounts from which to choose
- All three save up to 30% to 40% of your out-of-pocket costs (depending on your tax bracket)
- Covers expenses for you, your spouse, and any of your federal income tax dependents
- Enroll in any or all accounts that your employer offers
- Select an annual target amount that you expect to spend on eligible expenses during your plan year for each account
- Payroll takes deductions from your paycheck pre-tax
- Submit claims for expenses during your plan year for each account (Cannot incur claims in run-out period)
- Same Day reimbursement for eligible claims
- 90-day run-out period following the end of the plan year to submit vouchers for expenses that occurred within the plan year

#### FLEX PLAN RULES

### **Medical FSA Account (Unreimbursed Medical)**

- Pay for medical, dental, vision, and hearing co-pays and deductibles with pre-tax dollars
- Pay for out-of-pocket costs, including eligible expenses not covered by your insurance
- Immediate reimbursement up to your annual target amount
- Cosmetic procedures are not eligible for this account unless medically necessary
- No medical premiums are eligible for this account

#### **Dependent Day Care Account**

- Pay with pre-tax dollars, for day care services that allow you and your spouse to work or attend full-time school
- Expenses for children <u>12 and under</u>; disabled and elderly dependents are eligible at any age
- Dependents receiving services must spend at least 8 hours a day within your household
- Overnight camps and medical costs are not eligible for this account
- Pre-School tuition is eligible
- No Kindergarten tuition

### **Premium Expense Account**

- Pay for privately held, health-related insurance premiums with pre-tax dollars
- No employment-related spousal/dependent premiums
- No Long Term Care or Life Insurance
- No *employee owned* Exchange/Marketplace Medical Policy premiums



# and how can it benefit me?

A. FLEXible Benefit Plan allows the Plan Year, regardless of how you to pay for necessary eligible much you have deposited in your expenses with pre-tax dollars. When Account. The Dependent Day Care affected by a FLEX Plan? you set aside money before the and Premium Expense Accounts are government deducts taxes from your different than the Unreimbursed paycheck, you save up to 30%-40% Medical Account. For these (depending on your tax bracket) on Accounts, you can only be expenses that you already have reimbursed up to your deposits at These expenses can include the time that your voucher is medical, dependent day care costs received. The portion of your claim and health insurance premiums. The that is not reimbursed at the time plan is designed to allow you to that your voucher is received will be participate in any, or all, of the reimbursed as further payroll benefits that your employer offers, deductions are deposited in your to any degree. This means that you Account. can tailor the Plan to suit your needs.

### $\mathbf{Q}.$ Is there any limit on the amount the end of the Plan Year? of money that I can set aside in a FLEXible Spending Account?

Premium Expense Account.

## taxes, how do I get it back?

**A.** You are reimbursed for eligible expenses that occur within your Plan Year. In order to be reimbursed from any FLEXible Spending Account, you submit a signed and completed reimbursement voucher with third
Accounts?

• Which I.R.S. rules apply to the FLEXible Spending Reimbursement Accounts? party receipts to support your claim. You also have a 90-day Run-Out **A.** The I.R.S. has established a few that occurred within the Plan Year. of: 1) Your employer will establish taxes on Flex Plan benefits. Similarly, Please see THE PREFERRED the Plan Year 2) To participate in all state income tax payers receive GROUP's Reimbursement Voucher one or more FLEXible Spending state tax waivers on Flex funds except for more details on each Account.

**A.** Reimbursement is made <u>based</u> • Legal marital status on dates of service, not dates of • Number of dependents payment. As a result, previous • Employment status balances cannot be reimbursed.

# voucher is received?

Q. What is a FLEXible Benefit Plan Account allows you to be Please check your Summary Plan that you set aside at any time during change in status request.

### **Q.** What if there is money left in my FLEXible Spending Account(s) at

**A.** Any money left in your FLEXible Spending Account(s) at the end of the A. Yes. Your employer sets a Plan Year is forfeited to your maximum (and sometimes a employer. The Preferred Group minimum) amount that you can set provides Quarterly and End-of-Year aside in the Unreimbursed Medical Account statements to help you keep Account. The maximum amount for track of the status of your Account(s). the Dependent Day Care Account is You will receive information with set by the I.R.S. at \$5,000 (or each reimbursement check on the \$2,500 if married and filing separate Account(s) from which you were tax returns). There is no limit on the reimbursed. In addition, The Preferred Premium Expense Account.

Group counselors are available by eligible expenses that are not covered phone from 8 AM – 5 PM Monday by your health insurance plan. In through Friday to review your general, expenses that are medically Account(s) and answer any questions necessary to treat or cure a specific you may have. The Preferred Group condition are reimbursable. There are

# • Which I.R.S. rules apply to the

Period following the end of the Plan rules that participants in a FLEXible A. In all states, taxpayers receive Year to submit vouchers for expenses Spending Account need to be aware waivers of Federal Income and FICA

Change in status must be authorized by your employer.

Q. What if I submit an amount for The change in election must be reimbursement that exceeds my consistent with the change in status. payroll deductions at the time my Funds in one FLEX Account cannot be transferred to another Account during the Plan Year. Each employer **A.** The Unreimbursed Medical may have their own definitions. reimbursed up to the annual amount Description before submitting a

## **Q.** Will my retirement benefits be

**A.** No. Most retirement systems' benefits, such as the NY State Employees' and Teachers' Retirement Systems are not affected by a FLEXible Benefit Plan and will centinue to be based on your Gross Income. Check with your retirement plan to be sure.

### **Q.** Will my Social Security be affected by a FLEX Plan?

**A.** Yes. Because you do not pay Social Security taxes on the part of your income that you set aside, your Social Security benefits will be only slightly reduced. The reduction of benefits is minimal, and the advantages of the tax savings from a FLEXible Benefit Plan outweigh the reduced Social Security payments.

### **Q.** Can I be reimbursed for an expense that is not covered by my insurance carrier?

**A.** Yes. The Unreimbursed Medical Account can reimburse you for many encourages all of its participants to be conservative in their elections.

a few exceptions, so please be sure to verify the eligibility of known expenses prior to the start of your Plan Year.

### **Q.**Do all states offer tax-free benefits under Flex?

Accounts, you must enroll each for taxpayers in New Jersey and year. The elections you make at the Pennsylvania, as follows: New Jersey expenses auring the Plan Year, even though the services did not occur during the Plan Year?

solution cannot be changed income tax payers will have to pay state income taxes on the amounts sheltered in a Flex Plan Pennsylvania in status. pay state income taxes on funds sheltered in a Flex Plan to pay for medical expenses – e.g. medical premiums and unreimbursed medical account funds. However, there is no state tax waiver for dependent day care funds.



### Your FLEXible Spending Account Worksheet

This worksheet will help you determine your annual out-of-pocket costs for each FLEX Account.

- Remember to budget carefully •
- Be conservative •

Medical FSA Account (Unreimbursed Medical)		
	Annual	
Deductible(s)	\$	
Co-Pays	\$	
Co-Insurance	\$	
Prescriptions & OTC Rx Drugs	\$	
OTC Supplies (See our website for info)	\$	
Special Equipment	\$	
Physicals	\$	
Medical Travel Costs	\$	
Hearing Aids & Batteries	\$	
Medical, Dental & Vision Exams	\$	
Orthodontia	\$	
Monthly Treatments	\$	
Dentures	\$	
Bridgework	\$	
Partial Plates	\$	
Contacts & Supplies	\$	
Other	\$	
	\$	
Total Medical, Dental & Vision	\$	

Dependent Day Care Account			
	Annual		
Day Babysitters	\$		
Day Care Centers	\$		
Elder Care	\$		
Day Camp	\$		
Before & After School Programs	\$		
Nursery School	\$		
Other:	_ \$		
	_ \$		
Total Dependent Care	\$		

Premium Expense Account			
		Annual	
Non-Employer Health	\$_		
Non-Employer Vision	\$_		
Non-Employer Dental	\$_		
COBRA	\$_		
Contact Lens & Eyeglass Plan	\$_		
Medicare Part B	\$		
Supplemental Health	\$		
Other	_ \$ _		
	_ \$_		
Total Premium Expense	\$		
_			

### **Examples of Eligible Medical Expenses:**

Acupuncture Alcoholism Treatment **Ambulance Services** Artificial Limbs **Braille Books** Chiropractors Contact Lenses & Supplies Contraceptives Co-Pays Crowns, Bridges & Dentures Crutches Deductibles **Dental Cleanings Dermatologists** Eye Examinations Eye Surgery incl. Lasik & Epi-Lasik eye correction Eyeglasses and Prescription Sunglasses Fillings Hearing Aids & Batteries Home Health Care Home Improvements for Medical Purposes Hospital Bills Infertility Treatment Insulin & Syringes

Laboratory Fees Mammography Mental Health Care Nursing (RN/LPN) OB/GYN Examinations Orthodontia Orthopedic Shoes & Braces Over-the-counter drugs (FDA Approved with Rx) Over-the-counter Supplies (See our website for info) Physicals Physical Therapy Prescriptions Psychiatric Services Seeing Eye Dog & Upkeep Sterilizations & Reversals Substance Abuse Treatment Surgical Expenses Telephone Equipment for the Deaf Transportation for Medical Purposes & Mileage Reimbursement Well-Child Care Visits Wheelchairs X-Rays

# **Examples of Eligible Employment Related Dependent Day Care Expenses:**

Babysitters (Daytime Only)
Before/After School Programs
Day Care Centers
Elder Care Centers
Nursery School
Summer Day Camps

# Examples of Eligible Privately Held Insurance Premium Expenses:

COBRA
Contact Lens & Eyeglass Insurance
Non-Employer Health, Vision & Dental
Medicare Part B
Supplemental Health



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