

November High School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| | | | | 1 No School Today |
| 4 Buffalo or Crispy Popcorn Chicken Orange Chicken Bowl | 5 Country Steak with Mashed Potatoes & Gravy General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 6 Rib B Que Sandwich Sweet and Sour Chicken Bowl | 7 Chicken Alfredo Pasta General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 8 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Tangerine Chicken Bowl |
| 11 No School Today | 12 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 13 Chicken and Waffles Sweet and Sour Chicken Bowl | 14 Pasta with Meat Sauce General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 15 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Tangerine Chicken Bowl |
| 18 Buffalo or Crispy Chicken Tenders Orange Chicken Bowl | 17 Country Steak with Mashed Potatoes and Gravy General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 18 Buffalo or Crispy Popcorn Chicken Sweet and Sour Chicken Bowl | 19 Lasagna Roll Ups (V) General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 20 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Tangerine Chicken Bowl |
| 25 Chicken Soft Taco Orange Chicken Bowl | 26 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl Cheese (V) or Pepperoni Pizza Rippers | 27 No School Today | 28 No School Today | 29 No School Today |

- Offered Daily**
- Beef, Chicken, or Vegetarian Nachos
 - Beef and Chicken Teriyaki Bowls
 - Bosco Cheese Stuffed Breadsticks (V)
 - Buffalo or Crispy Chicken Sandwich
 - Hamburger or Cheeseburger
 - Handmade Burritos
 - Peanut Butter and Jelly Sandwich (V)
 - Roadrunner Cheese or Pepperoni Pizza(V)*
 - Variety of Deli Sandwich (V)
 - Variety of Prepared Salads (V)
 - Yogurt and Granola Cup (V)

Lunch Prices
Paid: \$3.60
Reduced: No Charge
Adult: \$4.50
Milk: \$0.50

V=Vegetarian
* = Pork

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

Follow us on Facebook: @BeavertonSDNutritionServices
Follow us on Instagram: @bsdnutritionservices
Follow us on Twitter: @BeavertonSDCafe
Visit our Website: <http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school!
Just go to <https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Opening.aspx?category=SUB+FOOD+SERVICE> click and apply!

What is included in your students lunch meal? Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Nonfat Chocolate Milk, Bread or Grain item, and a variety of Fruits and Vegetables.
We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always offered a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.
Menus subject to change.
"This institution is an equal opportunity provider"