

November Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 No School Today
4 Rib B Que Sandwich Cheese (V) or Pepperoni Pizza Rippers Tater Tots offered with all meals	5 Buffalo Chicken Tater Bowl Bosco Cheese Stuffed Breadsticks (V)	6 Teriyaki Beef with Brown Rice Roadrunner Cheese (V) or Pepperoni Pizza*	7 Corn Dog Bosco Cheese Stuffed Breadsticks (V) Toasted Cheese Sandwich Cookie Treat	8 Chicken Alfredo Pasta Roadrunner Cheese (V) or Pepperoni Pizza*
11 No School Today	12 Chicken and Waffles Bosco Cheese Stuffed Breadsticks (V)	13 Orange Chicken Bowl with Noodles Roadrunner Cheese (V) or Pepperoni Pizza*	14 Chicken or Beef or Vegetarian Nachos (V) Bosco Cheese Stuffed Breadsticks (V)	15 Pasta with Meat Sauce Roadrunner Cheese (V) or Pepperoni Pizza*
18 Buffalo or Crispy Chicken Tenders Cheese or Pepperoni Pizza Rippers (V) Tater Tots offered with all meals	19 Country Steak with Mashed Potatoes and Gravy Bosco Cheese Stuffed Breadsticks (V)	20 General Tso's Chicken Bowl with Noodles Roadrunner Cheese (V) or Pepperoni Pizza*	21 Chicken Drumstick with Potato Wedges Bosco Cheese Stuffed Breadsticks (V) Toasted Cheese Sandwich	22 Lasagna Roll Ups (V) Roadrunner Cheese or Pepperoni Pizza (V)*
25 All White Meat Chicken Nuggets Cheese or Pepperoni Pizza Rippers (V)	26 Buffalo or Crispy Layered Chicken Bowl Bosco Cheese Stuffed Breadsticks (V)	27 No School Today	28 No School Today	29 No School Today

Lunch Prices
Paid: \$3.25
Reduced: No Charge
Adult: \$4.50
Milk: \$0.50

V=Vegetarian
* = Pork

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

Offered Daily

- Buffalo or Crispy Chicken Sandwich
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Variety of Deli Sandwich
- Variety of Prepared Salads
- Yogurt and Granola Cup (V)

What is included in your students lunch meal?
Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% White Milk, or Nonfat Chocolate Milk, Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"

Follow us on Facebook: @BeavertonSDNutritionServices
Follow us on Instagram: @bsdnutritionservices
Follow us on Twitter: @BeavertonSDCafe
Visit our Website:

<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school!

Just go to

<https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?category=SUB+FOOD+SERVICE> click and apply!