

PARENT/GUARDIAN  
**Wellness**  
EVENTS AT RPCS

**Upper School (US) Parent/Guardian Sex Education**

**Program:** Sept. 11, 7 p.m., Faissler Library All US parents/guardians are invited to come meet with the counseling team to discuss how to talk to their children about sex.

**Middle School (MS) Parent/Guardian Sex**

**Education Coffee:** Oct. 14, 8-9 a.m., Trustee Seminar Room All MS parents/guardians are invited to come meet with the counseling team to discuss how to talk to their children about sex.

**Tri-School Lower School (LS) Parent/Guardian Discussion with Katherine Reynolds Lewis:**

Oct. 23, 7-9 p.m., Sinex Theater Parents and guardians from the Tri-School Lower Schools are invited to attend this program focused on the book *The Good News About Bad Behavior*.

**US Junior and Senior One Love Parent/Guardian Night:** Oct. 28, 7 p.m., Faissler Library

Parents/guardians of 11th and 12th graders are invited to discuss how to talk to their children about healthy and unhealthy relationships.

**Parent and Guardian Book Discussion: *Under***

**Pressure by Lisa Damour, Ph.D.:** Nov. 19, 8-9 a.m., Faissler Library Parents/guardians are invited to come in and discuss the book *Under Pressure* with Carolyn Parker, Director of Counseling.

**MS Freedom from Chemical Dependence (FCD)**

**Night:** Jan. 22, 7- 8:30 p.m., Faissler library MS parents/guardians are invited to meet the counselors from FCD and discuss how to talk with their children about drugs and alcohol.

**US Freshman and Sophomore Drug and Alcohol**

**FCD Night:** Jan. 23, 7 -8:30 p.m. Ninth and 10th grade students and their parents/guardians are invited to meet the counselors from FCD and discuss drugs and alcohol.

**Robinson Health Colloquium with Lisa Damour:**

Feb. 12, 7-9 p.m., Sinex Theater All RPCS parents/guardians are invited to come and hear author and psychologist Lisa Damour speak about her new book *Under Pressure*. Open to the public.

**Lower School (LS) Parent/Guardian Sex Education**

**Coffee:** Feb. 27, 8-9 a.m., Trustee Seminar Room All LS parents/guardians are invited to come meet with the counseling team to discuss how to talk to their children about sex education.

# Counseling Department —at RPCS—

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# RPCS