



November 2019

Ionia Elementary Schools Lunch Menu

Student Lunch FREE Milk Only \$0.35 Adult Lunch \$3.85

Your lunch includes: An entrée with protein and whole grains, up to two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk.
 Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.
 Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
Visit Our Website: https://www.ioniaschools.org/departments/food-services	Additional Daily Lunch Choices: Cheese Pizza Hamburger on WG Bun PB&J with String Cheese			1 NO SCHOOL
4 NO SCHOOL	5 Pancakes & Sausage Mashed Sweet Potatoes Tropical Fruit Salad	6 French Bread Pizza Green Beans Peachy Peaches	7 Mini Corndogs & Goldfish Crackers Garden Peas Diced Pears	8 Chicken Fajita Refried Beans Mandarin Oranges
11 Hot Diggity Dog Baked Beans Mixed Fruit	12 Chicken Alfredo Broccoli Rainbow Applesauce	13 Pull Apart Garlic Cheese Bread Green Beans Pineapple Tidbits	14 Beef & Bean Burrito Golden Corn Peachy Peaches	15 NO SCHOOL
18 Chicken Enchilada Seasoned Black Beans Tropical Fruit Salad	19 Lasagna Roll Up California Blend Diced Pears	20 Pepperoni Calzone Green Beans Mandarin Oranges	Thanksgiving Feast Turkey & Stuffing Mashed Potatoes & Gravy Roll & Fruit Salad	22 Fiestada Pizza Golden Corn Rainbow Applesauce
25 Bosco Cheese Filled Breadsticks Green Beans Pineapple Tidbits	26 Chicken Smackers Mashed Potatoes Mandarin Oranges	27 NO SCHOOL Happy Thanksgiving	28 NO SCHOOL Happy Thanksgiving	29 NO SCHOOL Happy Thanksgiving

Your school qualifies for FREE lunch for ALL students! Please fill out a Household Income Survey for our district's supplemental programs.



Questions? Comments?
twnelson@ioniaschools.org

or call Food Service at
 527-1731
 Tracy Nelson, Food Service Director



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