

# CALIFORNIA HEALTHY KIDS SURVEY



Sundown Elementary
Elementary
2018-2019
Main Report





This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

Hilva Chan California Department of Education Coordinated School Health and Safety Office 1430 N Street Sacramento, CA 95814 hchan@cde.ca.gov

#### Recommended citation:

Sundown Elementary School. *California Healthy Kids Survey, 2018-19: Main Report.* San Francisco: WestEd Health and Justice Program for the California Department of Education.

Date prepared: 4 Jun 2019 CDS code: 19651026111520

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## **PREFACE**

#### HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

#### **ALERT**

Categories "High," "Moderate," and "Low" are included for some scales on the report for districts or schools to compare results to those from prior years. This is the last year these "High," "Moderate," and "Low" categories are provided in reports.

This report provides the detailed results for each question from the 2018-19 *California Healthy Kids Survey* (CHKS) for schools within the district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education's *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive effort in the nation to regularly assess students, staff, and parents at the local level to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and wellbeing. Exhibit 1, at the end of the Preface, presents the major school-related domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, emotional, and physical development of all students; create more positive, engaging school environments; and ensure college and career readiness. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (<a href="calschls.org">calschls.org</a>), including Helpful Resources for Local Control and Accountability Plans (<a href="calschls.org/docs/lcap\_cat\_schls.pdf">cat\_schls.pdf</a>). The California Safe and Supportive Schools website (<a href="californiaS3.wested.org">californiaS3.wested.org</a>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer a Data Workshop to help identify local needs and develop action plans to meet those needs, including a *Listening to Students Workshop* for involving student voice in the process (see below).

#### THE SURVEY

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough

understanding of the scope and nature of these student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social and Emotional Health Module (SEHM), that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

#### **Core Module**

As outlined in Exhibit 1, the Core Module consists of key questions, identified by an expert advisory committee, that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- supports for social-emotional learning and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

What's New? For 2018-19, the only changes to the survey are the following improvements:

- a new question asking about usual bedtime to assess nighttime sleep quality;
- added a question asking about how often the student feels sad to assess mental health; and
- included a new question asking about the upkeep of school facilities.

#### Supplementary Social Emotional Health Module (SEHM)

The SEHM greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and college and career readiness. It includes 35 items that capture the totality of core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

#### SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate
  in the survey and the percentage of students enrolled in each of them that completed the
  survey.

### THE REPORT

The survey results are reported in tables, organized by topic, that provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior). Percentages are rounded to the nearest whole number.

#### UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (data.calschls.org/resources/chks\_guidebook\_3\_datause.pdf).

### Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

## **Changes Between Survey Administrations**

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

#### RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS Guidebook to Data Use and Dissemination provides step-by-step instructions on how to interpret survey results and effectively disseminate them (<a href="mailto:data.calschls.org/resources/chks\_guidebook\_3\_datause.pdf">datause.pdf</a>).
- CHKS factsheets analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (<u>calschls.org/resources/factsheets/</u>).

- Assessing School Climate describes the value of the CalSCHLS student, staff, and parent surveys for assessing school climate, listing constructs and individual indicators (data.calschls.org/resources/Cal-SCHLS\_AssessingClimate2013-14.pdf).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3\_schoolclimateguidebook\_final.pdf).
- Using CalSCHLS to Assess Social-Emotional Learning and Health describes how the CHKS Core and Social Emotional Health Module (SEHM) provide a comprehensive profile of student social-emotional competency (learning) and health, and the related supports schools provide, including questions aligned with the framework developed by the Collaborative for Academic, Social, and Emotional Learning (CASEL) (data.calschls.org/resources/CalSCHLS\_AssessSELH.pdf). The staff survey provides data on the perception of adults in the school on social-emotional service needs and provision.
- *Helpful Resources for Local Control and Accountability Plans* describes how survey items align with LCAP priorities and indicators (<a href="calschls.org/docs/lcap\_cal\_schls.pdf">cal\_schls.org/docs/lcap\_cal\_schls.pdf</a>). Also available is an LCAP-related PowerPoint presentation (<a href="calschls.org/site/assets/files/1036/cal-schls-lcap\_schoolclimatev6-1.pptx">calschls.org/site/assets/files/1036/cal-schls-lcap\_schoolclimatev6-1.pptx</a>).
- The *School Climate Connection Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on <u>calschls.org/about</u>.
- CDE's California Safe and Supportive Schools website (CaliforniaS3.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and What Works Briefs that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (calschls.org/resources/#survey\_resources\_and\_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

#### **NEXT STEPS**

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

## Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified needs. Engage them in developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation.

WestEd staff can conduct a *Data Use Action Planning Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for

meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 888.841.7536 or email <u>CalSCHLS@wested.org.</u>

## **Compare Results with Other Data**

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district(s) have administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Item Crosswalk (calschls.org/resources/#survey\_resources\_and\_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If the district(s) did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results**. Examine how the results for 5<sup>th</sup> graders compare with those for 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders if your district(s) also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle-school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The aggregated results from the 2015-2017 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (<a href="mailto:calschls.org/docs/statewide\_1517\_elem\_chks1.pdf">chks1.pdf</a>) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (<a href="mailto:calschls.org/reports-data/search-lea-reports/">calschls.org/reports-data/search-lea-reports/</a>). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

## **Data Workshop**

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS TA Center (888.841.7536) or email <a href="mailto:calschls@wested.org">calschls@wested.org</a>.

## **Request Additional Reports and Data**

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

### **School Reports and School Climate Report Cards**

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides results across eight domains of school climate and provides an overall **School Climate Index** score based on those domains (calschls.org/reports-data/#slcr)

### **District School Climate Report Card**

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

### **Disaggregated Report**

The staff of the CalSCHLS Regional Centers can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

## **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis (<u>CalSCHLS.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

## **Add Questions to Your Next Surveys**

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent survey. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (888.841.7536) or email CalSCHLS@wested.org.

Exhibit 1
Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Well-Being				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Alcohol, tobacco, and drug use	✓		✓	✓
Attendance	✓		✓	
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
School connectedness	✓			
Self-efficacy		✓		
Sleep duration (bedtime)	✓			
Social-emotional competencies and health		✓	✓	
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
School Climate				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Quality of physical environment			✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
<b>School Climate Improvement Practices</b>				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

## **ACKNOWLEDGMENTS**

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, Coordinated School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

Gregory Austin, Ph.D. Thomas Hanson, Ph.D. CalSCHLS Co-Directors, WestEd

Tom Herman Administrator, Coordinated School Health and Safety Office California Department of Education

# **Survey Module Administration**

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Cal-Well Module	
C. District Afterschool Module (DASM)	
D. Gang Risk Awareness Module (GRAM)	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	
Z. Custom Questions	

# **Core Module Results**

# 1. Survey Sample

**Table A1.1**Student Sample Characteristics

	Grade 5	Grade 6
Student Sample Size		
Target sample	130	121
Final number	56	33
Response Rate	43%	27%

# 2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate and Student Well-Being

Key Inaicators of School Cumale and Student Weu-Beth	Grade 5	Grade 6	Table
School Engagement and Supports		, =	
School connectedness <sup>†</sup>	69	72	A4.4
Academic motivation <sup>†</sup>	89	85	A4.4
Caring adults in school <sup>†</sup>	74	69	A4.3
High expectations-adults in school <sup>†</sup>	84	86	A4.3
Meaningful participation <sup>†</sup>	37	25	A4.3
Facilities upkeep <sup>†</sup>	74	59	A4.11
Parent involvement in schooling <sup>†</sup>	82	75	A8.2
Social and emotional learning supports <sup>†</sup>	75	80	A5.1
Anti-bullying climate <sup>†</sup>	75	69	A7.6
School Safety			
Feel safe at school <sup>†</sup>	78	72	A7.1
Been hit or pushed	33	35	A7.2
Mean rumors spread about you	43	29	A7.2
Called bad names or target of mean jokes	47	47	A7.2
Saw a weapon at school <sup>¶</sup>	6	28	A7.5
School Disciplinary Environment			
Students well behaved <sup>†</sup>	48	53	A6.4
Students treated fairly when break rules <sup>†</sup>	69	63	A6.1
Students treated with respect <sup>†</sup>	86	84	A6.1
<b>Substance Use and Mental Health</b>			
Alcohol or drug use	10	19	A9.1
Marijuana use	0	3	A9.1
Cigarette use	2	0	A10.1
E-cigarette use	4	3	A10.1
Experienced sadness <sup>†</sup>	19	13	A11.4

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

<sup>¶</sup>Past 12 months.

# 3. Demographics

Table A3.1

Gender of Sample

	Grade 5 %	Grade 6 %
Female	69	61
Male	31	39

Question ES A.2: Are you female or male?

Note: Cells are empty if there are less than 10 respondents.

Table A3.2

Number of Days Attending Afterschool Program

	Grade 5 %	Grade 6 %
0 days	85	85
1 day	2	0
2 days	2	0
3 days	5	3
0 days 1 day 2 days 3 days 4 days 5 days	2	0
5 days	4	12

Question ES A.6: How many days a week do you usually go to your school's afterschool program?

# 4. School Performance, Supports, and Engagements

Table A4.1
Perceived School Performance

	Grade 5	Grade 6
One of the best students	25	9
Better than most students	22	41
About the same as others	45	41
Don't do as well as most others	8	9

Question ES A.23: How well do you do in your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Truancy, Past 30 Days

	Grade 5 %	Grade 6
I did not miss any days of school	57	45
1 day	18	33
2 days	13	15
3 or more days	13	6

Question ES A.4: In the past 30 days, how often did you miss an entire day of school for any reason?

Table A4.3

**School Environment Scales** 

School Environment Scales	Grade 5 %	Grade 6	Table
Total school supports			
Average reporting "Yes, most of the time" or "Yes, all of the time"	65	60	
High	41	38	
Moderate	53	56	
Low	6	6	
Caring adults in school			
Average reporting "Yes, most of the time" or "Yes, all of the time"	74	69	A4.5
High	51	44	
Moderate	49	53	
Low	0	3	
High expectations-adults in school			
Average reporting "Yes, most of the time" or "Yes, all of the time"	84	86	A4.6
High	75	69	
Moderate	25	31	
Low	0	0	
Meaningful participation at school			
Average reporting "Yes, most of the time" or "Yes, all of the time"	37	25	A4.7
High	14	3	
Moderate	51	34	
Low	35	63	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Respondents were categorized as being "High," "Moderate," and "Low" based on the averages of the questions that comprise each scale. The response options for the survey questions that make up each scale range from "No, never" (1), "Yes, some of the time" (2), "Yes, most of the time" (3), and "Yes, all of the time" (4). Students were classified as "High" if their average question response was greater than 3; "Moderate" if their average question response was greater than or equal to 2 and less than or equal to 3; and "Low" if their average question response was less than 2.

Table A4.4

School Connectedness and Academic Motivation Scales

Sent Commences with remaining 1/2007 union Seutes	Grade 5 %	Grade 6 %	Table
School connectedness			
Average reporting "Yes, most of the time" or "Yes, all of the time"	69	72	A4.8
High	57	38	
Moderate	41	63	
Low	2	0	
Academic motivation			
Average reporting "Yes, most of the time" or "Yes, all of the time"	89	85	A4.9
High	51	47	
Moderate	35	31	
Low	14	22	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Respondents were categorized as being "High," "Moderate," and "Low" based on the averages of the questions that comprise each scale. The response options for the survey questions that make up each scale range from "No, never" (1), "Yes, some of the time" (2), "Yes, most of the time" (3), and "Yes, all of the time" (4). The following thresholds were used to classify question averages into "High," "Moderate," and "Low" categories:

*School Connectedness (High:* >3; *Moderate:*  $\geq 2$  *and*  $\leq 3$ ; *Low:* < 2).

Academic Motivation (High: > 3.5; Moderate:  $\ge 3$  and  $\le 3.5$ ; Low: < 3).

Table A4.5

Caring Adults in School Scale Questions

	Grade 5	Grade 6 %
Caring adults in school		
Average reporting "Yes, most of the time" or "Yes, all of the time"	74	69
Do the teachers and other grown-ups at school		
care about you?		
No, never	0	3
Yes, some of the time	10	19
Yes, most of the time	25	22
Yes, all of the time	65	56
listen when you have something to say?		
No, never	0	3
Yes, some of the time	16	28
Yes, most of the time	38	34
Yes, all of the time	46	34
make an effort to get to know you?		
No, never	10	6
Yes, some of the time	42	34
Yes, most of the time	23	38
Yes, all of the time	25	22

Question ES A.16, 24, 27: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Table A4.6

High Expectations-Adults in School Scale Questions

	Grade 5 %	Grade 6 %
High expectations-adults in school		
Average reporting "Yes, most of the time" or "Yes, all of the time"	84	86
Do the teachers and other grown-ups at school		
tell you when you do a good job?		
No, never	6	6
Yes, some of the time	23	28
Yes, most of the time	38	25
Yes, all of the time	33	41
believe that you can do a good job?		
No, never	0	0
Yes, some of the time	8	3
Yes, most of the time	20	31
Yes, all of the time	71	66
want you to do your best?		
No, never	0	0
Yes, some of the time	6	3
Yes, most of the time	13	9
Yes, all of the time	81	88

Question ES A.17, 25, 28: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job? Do the teachers and other grown-ups at school want you to do your best?

**Table A4.7** *Meaningful Participation at School Scale Questions* 

	Grade 5 %	Grade 6 %
Meaningful participation at school	7.0	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	37	25
Are you given a chance to help decide school activities or rules?		
No, never	50	69
Yes, some of the time	31	25
Yes, most of the time	15	0
Yes, all of the time	4	6
Do the teachers and other grown-ups at school ask you about your ideas?		
No, never	23	34
Yes, some of the time	48	28
Yes, most of the time	17	34
Yes, all of the time	12	3
Do the teachers and other grown-ups give you a chance to solve school problems?		
No, never	33	31
Yes, some of the time	21	28
Yes, most of the time	31	16
Yes, all of the time	15	25
Do you get to do interesting activities at school?		
No, never	8	13
Yes, some of the time	31	56
Yes, most of the time	31	19
Yes, all of the time	31	13

Question ES A.15, 18-20: Are you given a chance to help decide school activities or rules?... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school?

Table A4.7

Meaningful Participation at School Scale Questions – Continued

	Grade 5 %	Grade 6 %
Are you given a chance to help decide class activities or rules?		
No, never	42	44
Yes, some of the time	42	44
Yes, most of the time	10	13
Yes, all of the time	6	0
Do your teachers ask you what you want to learn about?		
No, never	59	59
Yes, some of the time	20	34
Yes, most of the time	10	6
Yes, all of the time	12	0
Do you do things to be helpful at school?		
No, never	2	9
Yes, some of the time	34	47
Yes, most of the time	32	38
Yes, all of the time	32	6

Question ES A.21, 22, 26: Are you given a chance to help decide class activities or rules?... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school?

Table A4.8 School Connectedness Scale Questions

	Grade 5 %	Grade 6 %
School connectedness	70	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	69	72
Do you feel close to people at school?		
No, never	7	3
Yes, some of the time	49	34
Yes, most of the time	18	47
Yes, all of the time	25	16
Are you happy to be at this school?		
No, never	0	9
Yes, some of the time	30	22
Yes, most of the time	30	44
Yes, all of the time	41	25
Do you feel like you are part of this school?		
No, never	4	3
Yes, some of the time	31	25
Yes, most of the time	16	38
Yes, all of the time	49	34
Do teachers treat students fairly at school?		
No, never	2	9
Yes, some of the time	9	6
Yes, most of the time	19	34
Yes, all of the time	70	50
Do you feel safe at school?		
No, never	4	6
Yes, some of the time	18	22
Yes, most of the time	53	44
Yes, all of the time	24	28

Question ES A.8-10, 13, 58: Do you feel close to people at school?... Are you happy to be at this school?... Do you feel like you are part of this school?... Do teachers treat students fairly at school?... Do you feel safe at school? Note: Cells are empty if there are less than 10 respondents.

Table A4.9

Academic Motivation Scale Questions

	Grade 5 %	Grade 6 %
Academic motivation		·
Average reporting "Yes, most of the time" or "Yes, all of the time"	89	85
Do you finish all your class assignments?		
No, never	2	0
Yes, some of the time	4	16
Yes, most of the time	46	44
Yes, all of the time	48	41
When you get a bad grade, do you try even harder the next time?		
No, never	4	0
Yes, some of the time	8	9
Yes, most of the time	10	19
Yes, all of the time	78	72
Do you keep working and working on your schoolwork until you get it right?		
No, never	4	6
Yes, some of the time	12	13
Yes, most of the time	39	34
Yes, all of the time	45	47
Do you keep doing your classwork even when it's really hard for you?		
No, never	0	3
Yes, some of the time	10	13
Yes, most of the time	18	19
Yes, all of the time	71	66

Question ES A.41-44: Do you finish all your class assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your classwork even when it's really hard for you?

Table A4.10 School Pride

	Grade 5 %	Grade 6
Do you feel proud to belong to your school?		
No, never	2	13
Yes, some of the time	18	25
Yes, most of the time	29	28
Yes, all of the time	51	34

Question ES A.11: Do you feel proud to belong to your school?

Note: Cells are empty if there are less than 10 respondents.

Table A4.11

Quality of School Physical Environment

	Grade 5	Grade 6
Is your school building neat and clean?		
No, never	2	9
Yes, some of the time	24	31
Yes, most of the time	48	38
Yes, all of the time	26	22

Question ES A.14: Is your school building neat and clean?

# 5. Supports for Learning at School

Table A5.1
Social and Emotional Learning Supports Scale Questions

	Grade 5	Grade 6
Social and emotional learning supports	, -	,
Average reporting "Yes, most of the time" or "Yes, all of the time"	75	80
Does your school		
help students resolve conflicts with one another?		
No, never	2	9
Yes, some of the time	20	22
Yes, most of the time	34	28
Yes, all of the time	44	41
teach students to understand how other students think and feel?		
No, never	8	9
Yes, some of the time	30	13
Yes, most of the time	28	41
Yes, all of the time	34	38
teach students to feel responsible for how they act?		
No, never	4	9
Yes, some of the time	22	6
Yes, most of the time	30	50
Yes, all of the time	44	34
teach students to care about each other and treat each other with respect?		
No, never	2	3
Yes, some of the time	14	6
Yes, most of the time	20	16
Yes, all of the time	63	75

Question ES A.34-37: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect? Note: Cells are empty if there are less than 10 respondents.

Table A5.2
Students at School Motivated to Learn

	Grade 5 %	Grade 6 %
No, never	7	19
Yes, some of the time	41	44
Yes, most of the time	33	31
Yes, all of the time	19	6

Question ES A.12: Are the students at your school motivated to learn?

# 6. Fairness, Rule Clarity, and Positive Student Behavior

Table A6.1
Fairness Scale Ouestions

	Grade 5 %	Grade 6 %
Fairness		
Average reporting "Yes, most of the time" or "Yes, all of the time"	78	76
Do teachers treat students fairly at school?		
No, never	2	9
Yes, some of the time	9	6
Yes, most of the time	19	34
Yes, all of the time	70	50
Are the school rules fair?		
No, never	2	6
Yes, some of the time	27	22
Yes, most of the time	27	38
Yes, all of the time	45	34
Do teachers and other grown-ups at school treat students with respect?		
No, never	2	3
Yes, some of the time	12	13
Yes, most of the time	44	41
Yes, all of the time	42	44
Are students treated fairly when they break school rules?		
No, never	8	13
Yes, some of the time	22	25
Yes, most of the time	39	44
Yes, all of the time	31	19

Question ES A.13, 29-31: Do teachers treat students fairly at school?... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?

Table A6.2

Clarity of Rules

	Grade 5 %	Grade 6 %
Do students know what the rules are?		
No, never	0	0
Yes, some of the time	16	19
Yes, most of the time	40	38
Yes, all of the time	44	44

Question ES A.33: Do students know what the rules are?

Table A6.3

Positive Behavior Scale Questions

	Grade 5	Grade 6
	%	%
Positive behavior		
Average reporting "Yes, most of the time" or "Yes, all of the time"	94	95
Do you follow the classroom rules?		
No, never	0	0
Yes, some of the time	4	6
Yes, most of the time	39	41
Yes, all of the time	57	53
Do you follow the playground rules at recess and lunch times?		
No, never	0	0
Yes, some of the time	12	6
Yes, most of the time	31	34
Yes, all of the time	57	59
Do you listen when your teacher is talking?		
No, never	0	0
Yes, some of the time	2	6
Yes, most of the time	29	28
Yes, all of the time	69	66
Are you nice to other students?		
No, never	0	0
Yes, some of the time	4	3
Yes, most of the time	39	25
Yes, all of the time	57	72

Question ES A.45-48: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students? Notes: Cells are empty if there are less than 10 respondents.

Table A6.4

Students at School Well Behaved

	Grade 5 %	Grade 6 %
Are students at this school well behaved?		
No, never	4	6
Yes, some of the time	48	41
Yes, most of the time	32	53
Yes, all of the time	16	0

Question ES A.32: Are students at this school well behaved?

# 7. School Violence, Victimization, and Safety

Table A7.1

Perceived Safety at or Outside of School

	Grade 5 %	Grade 6 %
Do you feel safe at school?		
No, never	4	6
Yes, some of the time	18	22
Yes, most of the time	53	44
Yes, all of the time	24	28
Do you feel safe on your way to and from school?		
No, never	0	6
Yes, some of the time	8	9
Yes, most of the time	24	19
Yes, all of the time	67	66

Question ES A.58, 59: Do you feel safe at school?... Do you feel safe on your way to and from school? Note: Cells are empty if there are less than 10 respondents.

**Table A7.2** *Violence Victimization Scale Questions* 

	Grade 5 %	Grade 6 %
Violence victimization		
Average reporting "Yes"	41	37
Do other kids hit or push you at school when they are not just playing around?		
No, never	67	65
Yes, some of the time	29	29
Yes, most of the time	4	6
Yes, all of the time	0	0
Do other kids at school spread mean rumors or lies about you?		
No, never	57	71
Yes, some of the time	35	23
Yes, most of the time	8	3
Yes, all of the time	0	3
Do other kids at school call you bad names or make mean jokes about you?		
No, never	53	53
Yes, some of the time	43	38
Yes, most of the time	2	6
Yes, all of the time	2	3

Question ES A.52, 53, 55: Do other kids hit or push you at school when they are not just playing around?... Do other kids at school spread mean rumors or lies about you?... Do other kids at school call you bad names or make mean jokes about you?

Table A7.3

Been Teased About Body Image

	Grade 5 %	Grade 6 %
No	63	66
Yes	37	34

Question ES A.61: Have other kids at school ever teased you about what your body looks like? Note: Cells are empty if there are less than 10 respondents.

Table A7.4

Violence Perpetration Scale Questions

	Grade 5 %	Grade 6 %
Violence perpetration		·
Average reporting "1 or more times"	21	21
Have hit or pushed other kids		
0 times	80	74
1 time	12	10
2 times	2	6
3 or more times	6	10
Have said mean things about other students or called them bad names		
0 times	67	69
1 time	22	19
2 times	0	3
3 or more times	10	9
Have spread mean rumors about other kids		
0 times	90	97
1 time	2	0
2 times	4	0
3 or more times	4	3

Question ES A.49-51: During the past year, how many times have you hit or pushed other kids at school when you were not playing around?... During the past year, how many times have you spread mean rumors or lies about other kids at school?... During the past year, how many times at school have you said mean things about other students or called them bad names?

Table A7.5
Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 %	Grade 6
Brought a gun or knife to school	·	
No	100	100
Yes	0	0
Saw another kid with a gun or knife at school		
No	94	72
Yes	6	28

Question ES A.54, 56: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Table A7.6

Anti-Bullying Climate Scale Questions

	Grade 5 %	Grade 6 %
Anti-bullying climate		
Average reporting "Yes, most of the time" or "Yes, all of the time"	75	69
Teachers and other grown-ups make it clear that bullying is not allowed.		
No, never	2	0
Yes, some of the time	8	6
Yes, most of the time	6	6
Yes, all of the time	84	88
If you tell a teacher that you've been bullied, the teacher will do something to help.		
No, never	4	3
Yes, some of the time	8	9
Yes, most of the time	26	28
Yes, all of the time	62	59
Students at your school try to stop bullying when they see it happening.		
No, never	18	28
Yes, some of the time	37	47
Yes, most of the time	31	22
Yes, all of the time	14	3

Question ES A.38-40: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening?

# 8. Home Supports and Involvement in Schooling

Table A8.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %	Grade 6 %
High expectations-adults at home		
Average reporting "Yes, most of the time" or "Yes, all of the time"	98	100
Does a parent or some other grown-up at home		
believe that you can do a good job?		
No, never	0	0
Yes, some of the time	2	0
Yes, most of the time	16	9
Yes, all of the time	82	91
want you to do your best?		
No, never	2	0
Yes, some of the time	0	0
Yes, most of the time	8	3
Yes, all of the time	90	97

Question ES A.72, 73: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Table A8.2

Parent Involvement in Schooling Scale Questions

	Grade 5	Grade 6
D 4: 1 4: 1 1:	%	%
Parent involvement in schooling		
Average reporting "Yes, most of the time" or "Yes, all of the time"	82	75
Does a parent or some other grown-up at home		
care about your schoolwork?		
No, never	2	3
Yes, some of the time	4	3
Yes, most of the time	16	22
Yes, all of the time	78	72
ask if you did your homework?		
No, never	4	6
Yes, some of the time	10	9
Yes, most of the time	19	16
Yes, all of the time	67	69
check your homework?		
No, never	14	44
Yes, some of the time	14	13
Yes, most of the time	27	22
Yes, all of the time	45	22
ask you about school?		
No, never	2	3
Yes, some of the time	10	9
Yes, most of the time	23	19
Yes, all of the time	65	69
ask you about your grades?		
No, never	8	6
Yes, some of the time	19	28
Yes, most of the time	21	31
Yes, all of the time	52	34

Question ES A.71, 74-77: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework?... Does a parent or some other grown-up at home check your homework?... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

# 9. Alcohol and Other Drug (AOD) Use

Table A9.1
Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %	Grade 6 %
Alcohol, one or two sips	8	19
Alcohol, a full glass	2	0
Inhalants (to get high)	2	0
Marijuana (smoke, vape, eat, or drink)	0	3
None of the above	90	81
Any of the above	10	19

Question ES A.64-66: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high?"... Have you ever used any marijuana (smoke, vape, eat, or drink)? Note: Cells are empty if there are less than 10 respondents.

Table A9.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %	Grade 6 %
Alcohol		
No, not bad	6	6
Yes, a little bad	41	52
Yes, very bad	53	42
Marijuana (smoke, vape, eat, or drink)		
No, not bad	4	3
Yes, a little bad	2	3
Yes, very bad	71	78
I don't know what marijuana is	22	16

Question ES A.69, 70: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?

### 10. Tobacco Use

Table A10.1
Use of Cigarettes and E-Cigarettes, Lifetime

	Grade 5 %	Grade 6 %
Ever smoked a cigarette	2	0
Part of a cigarette, like one or two puffs	2	0
A whole cigarette	0	0
Ever used an electronic cigarette, e-cigarette, or other vaping device	4	3

Question ES A.62, 63: Have you ever smoked a cigarette?... Have you ever used an electronic cigarette, ecigarette, hookah pen, or other vaping device?

Note: Cells are empty if there are less than 10 respondents.

Table A10.2

Perception of Health Risk of Cigarette and Electronic Cigarette Use

	Grade 5 %	Grade 6
Do you think smoking cigarettes is bad for a person's health?		
No, not bad	2	0
Yes, a little bad	8	3
Yes, very bad	90	97
Do you think using an electronic cigarette, e-cigarette, hookah pen, or other vaping device is bad for a person's health?		
No, not bad	4	3
Yes, a little bad	10	16
Yes, very bad	85	81

Question ES A.67, 68: Do you think smoking cigarettes is bad for a person's health?... Do you think using an electronic cigarette, e-cigarette, hookah pen, or other vaping device is bad for a person's health?..

# 11. Other Physical and Mental Health Risks

**Table A11.1** Frequency of Being Home Alone

	Grade 5 %	Grade 6 %
No, never	76	56
Yes, some of the time	16	38
Yes, most of the time	6	6
Yes, all of the time	2	0

Question ES A.57: Are you home alone after school?

Note: Cells are empty if there are less than 10 respondents.

**Table A11.2** 

Bedtime	

	Grade 5 %	Grade 6 %
Before 7:00 pm	4	3
7:00-7:59 pm	11	13
8:00-8:59 pm	36	31
9:00-9:59 pm	42	38
10:00-10:59 pm	7	13
11:00-11:59 pm	0	3
After 12:00 am	0	0

Question ES A.7: What time do you usually go to bed on nights before you go to school?

Note: Cells are empty if there are less than 10 respondents.

**Table A11.3 Breakfast Consumption** 

	Grade 5 %	Grade 6 %
No	17	42
Yes	83	58

Question ES A.5: Did you eat breakfast this morning?

Table A11.4

Experienced Sadeness

	Grade 5 %	Grade 6 %
No, never	31	25
Yes, some of the time	50	63
Yes, most of the time	15	6
Yes, all of the time	4	6

Question ES A.60: Do you feel sad?

## 12. Gender Breakdowns

Table A12.1

Key Indicators of School Climate and Student Well-Being by Gender

	Grad	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %	
School Engagement and Supports					
School connectedness <sup>†</sup>	76	58	71	73	
Academic motivation <sup>†</sup>	89	88	91	75	
Total school supports <sup>†</sup>	66	61	60	60	
Caring adults in school <sup>†</sup>	74	72	68	69	
High expectations-adults in school <sup>†</sup>	88	74	87	86	
Meaningful participation at school <sup>†</sup>	36	37	26	24	
Facilities upkeep <sup>†</sup>	74	71	70	42	
Parent involvement in schooling <sup>†</sup>	86	76	75	75	
Social and emotional learning supports <sup>†</sup>	79	59	79	83	
Anti-bullying climate <sup>†</sup>	74	79	72	64	
School Safety					
Feel safe at school <sup>†</sup>	85	64	70	75	
Been hit or pushed <sup>†</sup>	21	57	26	50	
Mean rumors spread about you <sup>†</sup>	48	36	21	42	
Called bad names or target of mean jokes <sup>†</sup>	45	57	35	67	
Saw a weapon at school§	6	7	20	42	

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

<sup>§</sup>Past 12 months.

Table A12.1

Key Indicators of School Climate and Student Well-Being by Gender – Continued

	Grad	Grade 5		Grade 6	
	Female	Male	Female	Male	
School Disciplinary Environment	%	%	%	%	
Students well behaved <sup>†</sup>	44	50	45	67	
Students treated fairly when break rules <sup>†</sup>	74	54	60	67	
Students treated with respect <sup>†</sup>	85	86	90	75	
Substance Use and Mental Health					
Alcohol or drug use	9	14	15	25	
Marijuana use	0	0	5	0	
Cigarette use	0	7	0	0	
E-cigarette use	3	7	5	0	
Experienced sadness <sup>†</sup>	15	21	15	8	

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A12.2
Student Positive Behavior by Gender

	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %
Positive behavior <sup>†</sup>	97	88	96	92
Follow classroom rules <sup>†</sup>	97	93	95	92
Follow playground rules <sup>†</sup>	94	71	95	92
Listen when teacher is talking <sup>†</sup>	97	100	100	83
Nice to other students <sup>†</sup>	100	86	95	100

Table A12.3
School Safety-Related Indicators by Gender

	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %
Been harassed on school property <sup>B</sup>				
Been hit or pushed	21	57	26	50
Mean rumors spread about you	48	36	21	42
Been called bad names/mean jokes made about you	45	57	35	67
Feels safe at school most/all of the time	85	64	70	75

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

<sup>&</sup>lt;sup>B</sup>Combines "Some of the time," "Most of the time," and "All of the time."

Table A12.4
Selected Alcohol and Drug Use Measures by Gender

	Gra	Grade 5		Grade 6	
	Female	Male	Female	Male	
	%	%	%	%	
Lifetime AOD Use					
Alcohol, one or two sips	9	8	15	25	
Alcohol, a full glass	0	8	0	0	
Inhalants (to get high)	0	7	0	0	
Marijuana	0	0	5	0	
Any of the above	9	14	15	25	
Perceived Health Risk <sup>C</sup>					
Alcohol	97	93	100	83	
Marijuana <sup>D</sup>	96		100	90	

<sup>&</sup>lt;sup>C</sup>Combines "A little bad" and "Very bad."

<sup>&</sup>lt;sup>D</sup>Students who responded that they didn't know what marijuana was were excluded from calculation.

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**Table A12.5** Selected Tobacco Measures by Gender

	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %
Ever smoked a cigarette	0	7	0	0
Part of a cigarette, like one or two puffs	0	7	0	0
A whole cigarette	0	0	0	0
Electronic cigarette, e-cigarette, or other vaping device	3	7	5	0
Perceived health risk of cigarette smoking <sup>C</sup>	97	100	100	100
Perceived health risk of electronic cigarette use <sup>C</sup>	97	100	100	92

<sup>&</sup>lt;sup>C</sup>Combines "A little bad" and "Very bad."