Welcome to the school year!

We are four weeks into the school year and Arrowhead is already a bustling, vibrant place. I love seeing staff invest time in building learning communities that are collaborative, respectful and exciting places where children learn about their world, themselves and each other. Please welcome Cameron Miller and Hajra Azhar as our School Assistants. Mr. Miller will be here most of the day and Ms. Azhar will be here for lunch and afternoon recess.

Despite it being a September whose motto was, “Chance of showers,” we’ve enjoyed recess every day. Recess is a critical time for your child to experience unstructured play where they move their bodies, wake up their minds and strengthen social skills. While adults are always available to help children solve problems and navigate challenging moments, we want to help children feel powerful and independent. When children come to me with a problem, I ask them, “What do you want to have happen?” Then I ask, “How can we make that happen?” Then I ask, “Can you make that happen, or do you need adult help?” Most of the time the child will run back to their playmates and try the strategy they thought of, leaving me to keep a watchful eye from a distance. Sometimes, because they’ve already tried on their own or they are feeling a little nervous, I lend my assistance. We have a few short years of being present during this unstructured time before children are off to middle school and need to navigate challenging social moments on their own. We want them to be confident and capable!

Arrowhead’s PTA had our first meeting and we’re gearing up for both the fall fundraiser and the Hunters Moon Dance. Please join the PTA if you haven’t already. Your membership and participation help knit our community together and your voice is important as we work to make Arrowhead the best possible school for our children.

The Arrowhead community is made strong and joyful because of the partnership between staff and families. We thank you for all you’ve done to launch this school year successfully, and we look forward to everything this year will bring.

Warmly, Kristin Bailey
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>10/1</td>
<td>Cross Country Meet at Moorlands - 4:45 PM</td>
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<tr>
<td>10/2</td>
<td>Rudko &amp; O’Connor’s Class to St. Edward Park - 11:00 AM</td>
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<td>10/6</td>
<td>Health Screening Day</td>
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<td>10/6</td>
<td>PTA Popcorn Friday</td>
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<tr>
<td>10/8</td>
<td>Cross Country Meet at Arrowhead – 4:45 PM</td>
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<td>10/15</td>
<td>Cross Country Meet at Westhill – 4:45 PM</td>
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<td>10/17</td>
<td>1st Grade to Pumpkin Patch – 9:45 AM</td>
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<tr>
<td>10/22</td>
<td>Cross Country Finals at Kenmore Middle School – 4:45 PM</td>
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<td>10/24</td>
<td>Liburdy &amp; Bowker’s Class to the Arboretum - 9:45 AM</td>
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<td>10/31</td>
<td>Kindergarten to Pumpkin Patch - 9:30 AM</td>
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<td>11/1</td>
<td>PTA Popcorn Friday</td>
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<td>11/5</td>
<td>Election Day</td>
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<td>11/6</td>
<td>Picture Retake Day</td>
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<tr>
<td>11/8</td>
<td>Veterans Day Assembly – 2:30 PM</td>
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<tr>
<td>11/11</td>
<td>NO SCHOOL – Veterans Day</td>
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<tr>
<td>11/21</td>
<td>Conference Day – Dismissal at 12:35 PM</td>
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<td>11/22</td>
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<td>11/27</td>
<td>Conference Day – Dismissal at 12:35 PM</td>
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<td>11/28</td>
<td>NO SCHOOL – Thanksgiving Holiday</td>
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<tr>
<td>11/29</td>
<td>NO SCHOOL – Thanksgiving Holiday</td>
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</table>

For a complete listing of school events please go to [www.nsd.org/arrowhead](http://www.nsd.org/arrowhead) and check out our school calendar.

For PTA events go to [www.ptaarrowhead.org](http://www.ptaarrowhead.org) or there is a link from the Arrowhead website.

**Picture Retake Day – Wednesday, November 6th**

Picture retake day is November 6th from 9:30am to 12:00pm. This is an opportunity for those students who were absent on picture day to get their picture taken. There are picture order forms available in the office.

If you would like your student’s picture retaken, please send them to school with their original picture packet, it must be returned to the photographer.

Thanks to our parent volunteers for assisting on picture day – it wouldn’t have gone so smoothly without you!
Honoring Our Veterans – Friday, November 8th

Veterans Day is set aside to recognize the important contributions and sacrifices millions of citizens have made on our nation’s behalf. On Friday, November 8th at 2:30pm, students and staff at Arrowhead will participate in an important school assembly with words and music. If you have a veteran or active military member in your family, please invite them to come and be a part of our special celebration of their service. The 5th grade students will be performing. More information will be sent home with students closer to the event.

Substitute Nurses Needed:

Are you a Registered Nurse who might be interested in exploring the rewards of school-based nursing, supplementing work hours or simply maintaining nursing licensure credentials? We would love to discuss available opportunities as a substitute nurse with the Northshore School District – this is a great way to transition into community nursing with K-12 school age children. Contact Rebecca Cavanaugh, Health and Nursing Supervisor, Northshore School District: 425-408-7728 or rcavanaugh@nsd.org.
November Conference Information

Parent-teacher conferences begin on November 21st and run through November 27th. Please note that **dismissal time is at 12:35pm** on all five days. If you have not signed up for a conference time with your child’s teacher, please contact the school to set up a time.

- Conference time each year is an opportunity to share information about your child, which may make a difference for a teacher to know.
- It is a time to ask questions and allows you to see how your student is as a student or community member.
- Teachers have much to share including: academic performance in a variety of subject matters, what support is needed to make progress, reading levels, friendships and social behaviors.

With a bit of preparation, we can help each other know every child a little better. As in any relationship, teachers and parents set the tone by the attitudes they bring to the conversation. We hope you will be able to participate in this very important parent/teacher meeting.

Early Dismissal **at 12:35pm, November 21st, 22nd, 25th, 26th and 27th.**

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Fall Celebrations

We ask that you keep in mind these Arrowhead guidelines as October 31st approaches:

Classroom celebrations are at the discretion of the classroom teacher.

- Events will be inclusive for all students
- Costumes cannot be worn to or from school or at recess
- Costumes in the classroom are at the teacher’s discretion
- Absolutely no weapons or toy weapons are to be included as part of a costume

Students are not allowed to wear:

- Masks or make-up that covers the face
- Face mask hoodies with graphic violence or a bloody depiction of characters

Please contact your student’s teacher if you have any questions regarding classroom activities happening on October 31st.

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Emergency Contacts

Recently you should have seen a request for review of your emergency contact information. If you have not yet returned this form, we hope that you will take a minute to review it and send it back. During an emergency – for student release, we are limited to only the people who you have indicated are “ok to pick up” on your emergency contact list. We are very limited for accommodating changes to this list, especially during an emergency. Please take a minute to add to the list any friends or neighbors who you would like us to be able to contact in case you are unable to pick up your student. If you would like to make changes, you may send them in a written note with your student or send an email to Heidi Smith in the office (hsmith@nsd.org). Please call the office if you have any questions 425.408.4000.
Health & Vision Screening Day

Each year, students in grades K, 1, 2, 3 and 5 receive hearing and vision screening. At Arrowhead, this day is Friday, October 4th. All schools in Washington are required to provide these services. However, parents have the right to exempt their children from any or all of these health screenings. Please contact Anne Janssen, our school nurse, at 425-408-4006 if you have any questions regarding screening exemptions.

It is important to understand that these are basic screenings and are designed to identify students who may require further testing. They are not intended to replace regular exams by qualified health care providers. A student who fails any screening will be rechecked and you will be notified only if there are concerns after the second screening. If your child wears glasses for distance vision, please be sure they have them on screening day. If you are already aware that your child has a hearing loss and do not wish for them to participate in the screening, please notify Anne Janssen at 425-408-4006.

ATTENDANCE AT SCHOOL IS VERY IMPORTANT

At Arrowhead we review attendance on a monthly basis and as required, by Washington State law, follow up on all unexcused and excessive absences as well as frequent tardiness. It is very important to have your child to school on time and in attendance for the entire day. Appointments should be made before and after school. If you know your student will be late or absent, please call the school office by 9:00AM to excuse them.

PTA Support and Volunteers

We can’t say thank you enough to our amazing PTA. From the volunteers who helped get school up and running and organized the fabulous Welcome Back event to the club chairpersons who have students enjoying before/after school activities. We are so grateful for your tireless efforts and support of the school. Thank you so much for all you do!

Arrowhead Spiritwear Orders – COMING SOON!

This will be the only time we sell Arrowhead spiritwear this school year. Keep an eye out for order forms coming home soon!
Last spring, Arrowhead 3rd - 5th graders took the Smarter Balanced Assessments in English language arts and mathematics. Fifth graders also took the SBA Science Assessment, which they will repeat again in eighth grade.

SBA standardized tests are a measure of student achievement and growth over time. By now parents of these students should have received score reports that will show how their child performed on these assessments. Please contact the office if you have not yet received your student’s report.

In the next few weeks, Arrowhead staff will be examining data from the SBA tests as well as fall diagnostic classroom-based assessments and the new iReady data to look for patterns and determine which individuals and groups may need additional support to be successful. Of course, it is important to consider performance on an assessment as part of a bigger picture. Assessment scores need to be balanced with classroom measures, like individual running records in reading, to give us a solid understanding of a child’s abilities. It is also important to remember that standardized tests measure a narrow range of skills important for success, and are administered using an online platform that doesn't tap into many skills we want children to master. Your child’s teacher can use testing information as one small part of understanding your child as an individual.

If you have concerns or questions about your child's SBA scores, please reach out to your child's teacher to ask his or her impression of where your child is now with language and math skills. We want to build on each child's strengths and help each child feel academically powerful and successful.

NSD App, ParentVUE & Touchbase Logon

Northshore School District has two systems for families to use when managing student information and payments.

**Touchbase** is used to make payments for student activities, sports, ASB fees, field trips and much more. Elementary parents may have very little need to logon to this system early on, but families should be familiar with this system as it becomes frequently used as students move through the grade levels.

**ParentVUE** is the portal where parents and guardians can access important student information such as attendance, class schedules, graduation status, mid-term/quarter and final/semester grades, school information, demographic information, class assignments and earned grades and missing assignments (for middle school and high school students).

**NSD App**
Anyone can download the app to view news, calendars, menus and more. Families can take the additional step of logging in to access a wealth of individual student information and school notifications. Families will be able to follow their students’ schools, track lunch balances, see checked out library books, access grades and attendance and much more!

These systems require a user name and password. Please contact Heidi Smith in the office at 425-408-4003 if you need assistance.
Student Safety

We have been experiencing a larger number of students being dropped off or walking to school too early. For the safety of your children, unsupervised students are not allowed on campus prior to 9:05 am. If you need to drop your child off earlier, you may check with Champions Daycare, located in Portable 136. To check their availability and the cost, please call 800-350-5034. However, students are not to cross Juanita Drive prior to 9:05 am and not before an adult crossing guard is present.

Please continue to drive slowly and safely in our parking lot and the surrounding neighborhood. Thank you for using the crosswalks when walking to and from parked cars. When adults model correct behavior, our students will follow and use the safety of the crosswalks as well. Many thanks to our safety patrol and our staff who help manage safety in our parking lot! Please pass on your thanks to them by smiling and cooperating with their requests and directions.

Student Health

- Please keep your student home if they are sick. Students with a fever, vomiting or diarrhea etc. must be symptom free without medication for 24 hours before returning to school.
- Please do not send any medications to school with your student. All medications (including over the counter) require a doctor authorization to be administered at school. A few over the counter medications can be self-administered by responsible students (with written parent consent), but this must be arranged ahead of time. Please call the nurse for details: 425-408-4006.
- If your student uses an inhaler at home (even if only occasionally), please consider providing one to keep at school. In the event a student has respiratory symptoms at school that cannot be resolved and you are not immediately available, we are required to call 911.
- Flu season peaks in February and can last until May so right now, while the exposure is low, is a perfect time to get a flu shot for your family. Check with your health provider, clinic, or pharmacy for details.
- The nurse home page on our Arrowhead website is a good resource for health guidelines and policies in our school district; you may also call the Nurse at any time with questions or concerns.
Do you love to sing? Would you enjoy the opportunity to perform with a group? Choir is the place for you!! Arrowhead will be running a 3rd, 4th, 5th grade choir, Thursdays at lunch recess from October 10 through January 23. Deadline for returning choir forms to Mrs. Harris has been extended to **October 3rd**.

**Arrowhead Marimba Ensemble**

Marimba ensemble is an exciting performance opportunity open to 4th and 5th graders. This group will perform at the Arrowhead Multicultural Night, Northshore Schools in Rhythm Concert as well as 1-2 other school performances. The marimba ensemble is limited to 16 students which will be selected through a lottery system. Rehearsals will occur Mondays at lunch recess. Deadline for returning marimba forms to Mrs. Harris has been extended to **October 3rd**.

QUESTIONS? Contact Elise Harris [eharris@nsd.org](mailto:eharris@nsd.org) or 425-408-4074
**Athletics at Arrowhead**

**Cross Country Season Has Begun**

10/1 – Cross Country Meet at Moorlands – 4:45pm  
10/8 – Cross Country Meet at Arrowhead – 4:45pm  
10/15 – Cross Country Meet at Westhill – 4:45pm  
10/22 – Cross Country Finals at Kenmore Middle School – 4:45pm

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**Coming Soon! Healthy Hawks**

This is two weeks of crazy workouts and fun games!  
Look for registration information in early November.  
There are a limited number of spaces – sign-ups fill up fast.

Grades 1st & 2nd – Tuesday & Thursday - December 3rd through December 12th.  
Grades 3rd through 5th – Monday & Friday – December 2nd through December 13th.  
4:00 – 5:00 pm  
Contact Ms. Miller with any questions  
fmiller@nsd.org  
425.408.4015

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**Arrowhead Policies**

**Absences & Notifications of Student’s Arriving Late or Leaving Early**  
Please do not email your child’s teacher with regard to an absence, late arrival, or change in after school plan. We cannot guarantee that the teacher will receive your email. Our district’s filter can delay or interrupt delivery of messages or a teacher may be absent. Please send a note to school with your student if possible. For day of changes or absences, please call the office (not the classroom) at 425-408-4003.

**Birthday Policy**  
To avoid hurt feelings, students may only deliver birthday invitations at school if they are inviting every student in their class. Students are responsible for checking with their teacher to determine the appropriate time and manner to distribute the invitations. Often, parents request that they be permitted to celebrate their child’s birthday at school. Sharing this special day with other classmates at school is great; however, we ask that you follow this simple guideline: due to food safety issues, allergies (i.e. peanut, egg, etc.), and the rise of childhood obesity, birthday celebrations at school may not include food items. Please check with your child’s teacher about appropriate alternatives.

**Board Policy 5253 – On Line Socializing**  
School Board Policy #5253 mandates professional boundaries between staff and students. Employees are expected to be sensitive to the appearance of impropriety in their own conduct when interacting with students. Employees are prohibited from inappropiate on-line socializing with students via social networks such as Facebook. Parents, please explain to your child that their teacher or other favorite Arrowhead staff member cannot be their “friend” on Facebook.
Clothing Guidelines
We need your continued help in making sure that children make good choices regarding proper school attire. Please make sure your child has sturdy, close-toed shoes for athletic endeavors in P.E. and safe play at recess. Children should dress for comfort and mobility so they can run, climb, sit on the floor and both play and work hard during the day. We will go out to recess in all kinds of weather, so children need warm jackets and school clothes that can handle the elements. If your family ever needs help with winter clothing or keeping a growing child in shoes, please reach out to Heidi Smith.

Pet Policy
Dogs and other pets are wonderful in your home environment. But, during school hours they can be a distraction and a safety issue. If you want to walk your student to or from school with a dog, please arrange a meeting/departure location off campus. In addition, please discuss with your student’s teacher before bringing the family pet for show and tell, as many animals are not appropriate for the school environment. We have several trained therapy dogs working on campus as well as guide dogs in training. Please respect the trainers and dogs by asking permission before touching. In many cases, the trainer could be using the situation to reinforce appropriate behavior and interaction with people will be discouraged.

Vacations & Homework Requests
As a general rule, teachers do not provide students with schoolwork when families take vacations outside of the district’s scheduled school breaks. The work students do in the classroom, along with the instruction needed for them to adequately understand how to complete it, cannot be replicated outside of school. If you choose to take your child(ren) out of school while it is in session, be aware that they may miss critical learning. For absences greater than two days, please complete a request for an extended absence form. These forms can be picked up in the office or found on the Arrowhead website under the Parents - Attendance tab.

Technology Opt Out Information
We live in a global and digital world -- a world changed by technology and new ideas about how we communicate with one another and exchange information. As a result, students must develop the research, information fluency, and technology skills that will allow them to be successful, safe and ethical in this digital world. For this reason, students are provided computer access privileges at school, as well as access to the Internet, email, digital communication and collaboration tools, online learning spaces, and electronic educational resources. These resources, tools, and equipment are essential to teaching and learning. The guidelines for responsible use of these tools are outlined in School Board Procedure 2022P, which can be found here: https://drive.google.com/file/d/0B6segdCy40zkNXdmUDFvc3NITDA/view

Given all of these factors, parents or guardians still do have the right to terminate their student’s access to electronic tools and resources by signing the District Technology Opt-Out form, which can be found at https://drive.google.com/file/d/0B6segdCy40zkQ180enFqNWVpWm8/view. If you do not want your student to use District technology resources, please be aware that your decision to eliminate access to these tools may significantly affect your student’s ability to work collaboratively with his or her peers on class assignments and projects and may impact the development of skills necessary to live and work in this increasingly digital world.

Only complete the form if you choose for your student NOT to use District Technology. Return the signed form to your school and schedule an appointment to discuss this with your Principal or Designated School Administrator. After meeting with your Administrator, the Opt-Out request will remain in effect for one school year and expires at the end of this school year. To keep this Opt-Out in effect, you must complete a new form every school year.

If no documentation is on file, it will be assumed that permission has been granted for access to the Internet, GoogleApps for Education, Online Curriculum services, and other online applications and services that have been selected for use by the District, your child’s school, or your child’s teacher.
Questions about the Opt-Out request can be directed to your school’s Principal.

PACE Information Night 2019

PACE (Parents Active in Cooperative Education) is an elementary enrichment parent choice program offered by the Northshore School District for children starting in the 1st grade. Families commit to a minimum of 80 hours per year of program support. PACE is located at three sites with feeder patterns from all Northshore Elementary Schools. Some of the hallmarks of PACE include an enriched educational experience due to the high parent involvement, enrichment activities, encouragement for students to become self-motivated learners and a strong sense of community among families. To find out if PACE is a good fit for your family and about the enrollment process, you are invited to attend PACE information night at Lockwood Elementary Tuesday, October 22nd, at 7:00.

It’s All In for Kids Time

Each fall, the community – parents, district leaders, teachers, business owners, and volunteers – donate to help fund grants that will make a difference in classrooms across the district right away. We call this annual campaign All In For Kids. This a time when we can all help make this district a place where each student can stretch, engage, and dive into deep learning.

Your donation powers innovative, engaging programs for students across the district. When you give by October 31st your donation can be
Learning Assistance Program

The Learning Assistance Program (LAP) is a state-funded program established by the Washington State Legislature in 1979. In Northshore, all elementary schools have LAP funding. LAP services is one of several options available to a school team in order to accelerate student growth in reading readiness skills and to improve reading literacy. The purpose of LAP is to provide supplemental academic support if your student is performing below grade level, and operates in addition to your student’s regular classroom reading instructions. If you have questions about your student’s opportunity to participate in the LAP program, please contact your school principal or classroom teacher.

If you have any questions about the LAP program, please contact: Kathryn Li - kli@nsd.org, 425-408-4062.
THE NEXT GENERATION OF BOX TOPS IS HERE.

Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.

HOW TO EARN

BOX TOPS MAKES IT EASY.
No more clipping. No more sending Box Tops to school. All you need is your phone. Download the ALL-NEW Box Tops app, shop as you normally would, then simply scan your store receipts to find participating products. The app will automatically credit your school's Box Tops earnings online.

Twice a year, your school will receive a check and can use that cash to buy whatever it needs!
NORTHSORE

BUS DRIVERS

Job Fair

10/19/2019 10am-2pm

SUBSTITUTE & PERMANENT DRIVERS

Competitive Salary
11 Paid Holidays
Retirement
Paid Training
Up to $1600 Attendance Bonus
Great Benefits: Medical, Dental, Vision
Average 6-8 hours a Day/180 Days a Year
Flexible Hours

JOB REQUIREMENTS

Work with Children
Handles Conflict
Work Independently
Flexible
Obtain CDL
Safe Driving Record

COME IN TO APPLY AT:
21325 20TH AVE SE,
BOTHELL, WA
Interpreter/Translation Services for Parents

Your child’s education is very important. As the parent/guardian of a Northshore student, you have the right to participate in your child’s education, including communicating with teachers and staff about your child. Northshore offers interpreter and translation services to parents free of charge. We encourage you to tell someone at your child’s school if you need an interpreter or a translation. Please contact your school office or Sue Moeller at 425-408-7723 if you have any questions or concerns about Northshore’s language services.

孩子的教育非常重要。作为Northshore 学校学生的父母/监护人，您有权参与孩子的教育，包括与学校教职人员就您孩子的各方面情况进行沟通。Northshore 学校向家长免费提供口译和笔译服务。如果您需要翻译服务，我们鼓励您告诉孩子所在学校的相关人员。如对Northshore 语言服务有任何问题，请与学校办公 处或 Sue Moeller 联系，电话：425-408-7723。

Образование вашего ребенка имеет большое значение. Являясь родителем или опекуном ученика округа Northshore, вы имеете право на участие в его образовании, в том числе на общение с учителями и персоналом школы по вопросам, касающимся вашего ребенка. Школьный округ Northshore предлагает родителям бесплатные услуги устного и письменного перевода. Если вам требуется помощь устного или письменного переводчика, сообщите об этом кому-либо из персонала школы, в которой учится ваш ребенок. Свяжитесь с администрацией школы или по телефону 425-408-7723, если у вас возникнут какие-либо вопросы или трудности со службой переводов Northshore.

Su giáo dục của con quý vị là rất quan trọng. Là phụ huynh/người giám hộ của học sinh Northshore, quý vị có quyền tham gia chương trình giáo dục của con mình, gồm cả việc liên lạc với giáo viên và nhân viên liên quan đến con quý vị. Northshore cung cấp dịch vụ thông dịch và biên dịch miễn phí cho phụ huynh. Chúng tôi khuyến khích quý vị nên thông báo cho một nhân viên tại trường học của con quý vị nếu quý vị cần thông dịch ngôn ngữ hoặc tài liệu khác. Vui lòng liên hệ với phòng nhà trường hoặc Sue Moeller qua số 425-408-7723 nếu quý vị có bất kỳ thắc mắc hay quan ngại nào về các dịch vụ ngôn ngữ của Northshore.

La educación de su hijo(a) es muy importante. Como padre/tutor de un alumno de Northshore, usted tiene derecho a participar en la educación de su hijo(a), esto incluye comunicarse con los profesores y el personal para hablar sobre su hijo(a). Northshore ofrece servicios de traducción e interpretación sin costo para los padres. Si usted necesita un intérprete o una traducción por favor comuníquese con alguien de la escuela donde estudia su hijo(a). Por favor contacte a la dirección de la escuela o a Sue Moeller al 425-408-7723 si tiene preguntas o inquietudes relacionadas con los servicios de traducción e interpretación de Northshore.