



FAMILY BULLETIN #3.7

October 13, 2019

www.nsd.org/northcreek

northcreekpts.com/

Running Calendar (please note - this is the best info we have but dates do change on occasion)

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
13	14	15	16 *Senior Pancake Breakfast! *PSAT Day (Special Schedule)	17 *Regular 1-7 Day (no blocks) *Picture Re-take Day *Homecoming Community Dinner @ 6:30 PM	18	19 *Homecoming Dance (8-11)
20	21	22	23 *Block Day (2,4,6)	24 *Block Day (1,3,5,7)	25 *Deadline for Senior Yearbook Photos!	26
27	28 *Senior Parent Information Night (6 - 7 PM)	29	30 *Block Day (2,4,6)	31 *Block Day (1,3,5,7)	November 1	2
3	4	5	6 *Block Day (2,4,6)	7 *Block Day (1,3,5,7)	8 *Veteran's Day Assembly (AM)	9

ACTION ITEMS

1. Homecoming Community Dinner - Thursday @ 6:30 PM

The 2nd Annual Homecoming Community Dinner is on Thursday October 17 @ 6:30 PM. This event is for all Jaguar families (parents, guardians, grandparents, siblings, etc.). At this dinner, families share food and make connections in an informal setting at North Creek. Last year, we had a couple hundred community members come to the 1st Homecoming Community Dinner. This year, let's shoot for 500 community members coming to the 2nd Annual Homecoming Community Dinner!

We need family volunteers in order to make this community dinner a reality. Please use the link below to sign up for a volunteer shift.

→ <https://www.signupgenius.com/go/8050A4FA8AB2DA2F49-community>



2. Picture Retake Day is THIS THURSDAY October 17

Retake day for North Creek High School is quickly approaching. If we did not see you on picture day or you would like a new image, Dorian Studio will be taking pictures on 10/17/2019. Do not miss out on ordering pictures of your student. Click [HERE](#) for more information.

3. Senior Pancake Breakfast is THIS WEDNESDAY October 16

On October 16, we are offering our Seniors a special pancake breakfast (more details about the day to come). We need parent volunteers to help with actually grilling the pancakes and helping us provide the toppings (syrup, whipped cream, strawberries, blueberries, etc.). If you have a pancake griddle and want to help, please **use this link** (<https://www.signupgenius.com/go/70a0e49acae2e5-senior>) **to sign up!!** This will be a very fun event - and only goes from 7:30 to 8:30 - so not a huge commitment.

4. Senior Portrait Deadline Fast Approaching - October 25, 2019

The deadline for receipt of senior portrait photos for the yearbook (those not taken by Dorian) is Friday, October 25, 2019.

Submission requirements are listed on the North Creek website:

<https://northcreek.nsd.org/activities/class-of-2020> (look on the left navigation bar for Yearbook Photos and Yearbook Senior Ads). Families must follow the quality and sizing guidelines which are given to us by our printing company.

5. National PSAT Wednesday Plans - October 16

High schools across the country, including all 4 Northshore comprehensive high schools, will be giving the PSAT on Wednesday October 16. This will mean a all students have a different schedule for October 16 than usual. Details are below:

10th and 11th Graders

- Almost all 10th and 11th graders in Northshore take the PSAT
- Very few “opt out” and those receiving Special Education services have alternate plans (for the most part - a few of our kids receiving Special Education services do take the PSAT)
- **NOTE: All 10th and 11th graders who are testing need to bring a calculator and #2 pencils with them for the test! We do not have 900 calculators to loan out.**

9th Graders

- Some 9th graders elect to take the test even though it is not designed for 9th graders
- The overwhelming majority of 9th graders will have a 4-part experience on PSAT Day:
 - Part 1: An assembly on making every student feel welcome, valued and included (with guest presenter Erin Jones)
 - Part 2: How to stay “cyber safe” in this age of digital media
 - Part 3: How to stay healthy in this age of teen vaping and drug use
 - Part 4: How to stay academically honest (a session on how to avoid plagiarism etc.)

12th Graders

- This is a special day for Seniors! They have many fun (and some mandatory) events to attend
- We start off with a special “Seniors Only” Pancake Breakfast for the seniors cooked by staff and parents!!!
- It’s followed by a **mandatory Senior Class Meeting** where seniors will work with Jostens to design their **Graduation Announcements** and determine what their **Commencement Tassel** looks like
- That is followed by a **mandatory session with Counselors** so that all seniors complete the State Graduation Requirement of finishing their **High School and Beyond Plan**
- After these sessions, seniors will review the Senior Timeline and will participate in the 1st Annual (the 1st ever) **Commitment to Graduate Assembly**
- Once the assembly ends, Seniors will head off to lunch and then Advisory to finish out the early release Wednesday
- If your Senior is in Running Start or WaNIC, please alert them to this day and check to see if they might be able to attend. If not, information will be available in the Counseling Center for Running Start students (who still have to do a High School and Beyond plan).

6. Veteran's Day Assembly Request from the NCHS ASB Students:

Veteran's Day is coming up soon and ASB would like to include photos of Veterans from our NCHS school community. We are looking for pictures of family members, including the military branch rank (if known), and when they served. All of this information can be sent to northcreekasb@gmail.com and must be submitted by November 1st to be included in the Veterans Day assembly!

Thank you!,
North Creek ASB Veteran's Day Committee

7. October is National Bullying Prevention Month

While the month of October is well underway, I wanted to remind everyone that October is National Bullying Prevention Month. This is a time where we must all work together to shed light on a topic that may be uncomfortable for some. It is reported that when bystanders intervene, bullying stops in 10 seconds a majority of the time. Here are some upcoming events at NCHS:

- Week of October 14th STAND UP for Others Week
 - STAND UP to bullying
 - Create Positive Messages to Hand out at School
 - Celebrate Differences and Similarities
- Week of October 21st Week of Inclusion
 - Continue to Encourage Inclusive Activities Throughout the School Day (especially during lunch)
 - Introduce Yourself to a Student Whom you Have Never Met before
- Week of October 28th Start the Week with Conversations Amongst Your Peers
 - Discuss How We Can Create and/or Change the Culture at School to decrease any instance of bullying

NEWS and INFORMATION

1. Did you know that the SafeSchools Tipline also allows you to send Kudos to any Staff Member?

Click [HERE](#) to access the SafeSchools Tipline and please use this for either alerts or for kudos!

2. This Week's PTSA Newsletter

Click [HERE](#) for the latest PTSA newsletter!

3. Fall Sports Results - So Far....

- Boys Football: 4-1-1
- Boys Golf: 6-4
- Boys Tennis: 3-7
- Boys X-Country: 0-3
- Girls Soccer: 2-4-1
- Girls Swim & Dive: 1-4
- Girls Volleyball: 8-2
- Girls X-Country: 0-3

4. College Visits to North Creek

For more information, check this page on the NCHS website regularly:

<https://northcreek.nsd.org/counseling/college-readiness/college-visits>

5. Upcoming Senior Parent Night - Monday October 28

On Monday October 28 from 6 - 7 PM, we'll have a Senior Parent Night in our Commons. This event is designed to give parents of our Class of 2020 information about the rest of the year, including important information about graduation in June.

Our Family Liaison, Mayela Martinez, will be present and can help with any family needing a Spanish interpreter. If any family needs interpreters in other languages, please contact Mayela (<https://northcreek.nsd.org/counseling/family-liaison>). I hope to see all our Senior Parents at this informational event.

READINGS & OTHER INTERESTING MEDIA

From Dr. Reid:

Dear Northshore Families,

By now you have likely seen the heartbreaking news - the number of local teenagers who have died from accidental fentanyl overdose has risen to three - all in King County. This drug is dangerous, it is stealing young lives filled with great promise, and it is wreaking havoc on families, schools and entire communities.

Ballard High and Skyline High School communities have been grappling with losses due to this devastating fentanyl epidemic in recent weeks, and we send our healing thoughts and prayers out to all those affected. Together, let's prevent such a tragedy from taking hold of our Northshore community.

As a district committed to providing a safe and welcoming learning environment for all, we are committed to working with our schools and community to educate our students on the dangers of fentanyl and other opioids. As we know, education is both powerful and transformational. It informs and can inspire change. I encourage families to talk with your students about the risks of fentanyl and other opioids. It is a matter of life and death. Please note the recent [King County Public Health blog post](#) with images and information that will help guide these conversations.

It takes all of us working together as a community to support one another and actively engage in getting help when needed. I thank you for your partnership in this work and in keeping our community healthy and safe; it matters.

I hope the information and resources below will also prove to be helpful.

Warm regards,

Dr. Michelle Reid
Superintendent

ATHLETICS CALENDAR

All Athletics Schedules and Locations can be found on www.kingcoathletics.com Here are our athletic games for this week. Some athletes will need to leave class early. Please note "Dismiss" times below for our awesome Jaguar sports teams.

Time	Sport	Level	Home	Visitor	Location	Dismiss	Depart
Monday, October 14, 2019							
5:15 pm	Volleyball	Junior Varsity	Issaquah	North Creek	Issaquah High School		3:15 PM
5:15 pm	Volleyball	C-Team	Issaquah	North Creek	Issaquah High School		3:15 PM
5:30 pm	Girls Soccer	Junior Varsity	North Creek	Eastlake	Pop Keeney Stadium		4:15 PM
6:00 pm	Football	Junior Varsity	North Creek	Mount Si	North Creek High School		
7:00 pm	Volleyball	Varsity	Issaquah	North Creek	Issaquah High School		3:15 PM
7:00 pm	Girls Soccer	Varsity	North Creek	Eastlake	Pop Keeney Stadium		5:45 PM
Tuesday, October 15, 2019							
8:00 am	Boys Golf	Varsity	Eastlake	(9) Bothell...	Snohomish Golf Course		
3:45 pm	Boys Tennis	Varsity	Inglemoor	North Creek	Inglemoor High School		3:00 PM
4:00 pm	Boys Tennis	Junior Varsity	North Creek	Inglemoor	North Creek High School		
Wednesday, October 16, 2019							
8:00 am	Boys Golf	Varsity	Eastlake	(9) Bothell...	Snohomish Golf Course		
4:00 pm	Boys Cross Country	Varsity	Newport	(2) Bothell...	Kelsey Creek Park	2:15 PM	2:30 PM
4:00 pm	Girls Cross Country	Varsity	Newport	(2) Bothell...	Kelsey Creek Park	2:15 PM	2:30 PM
4:00 pm	Girls Soccer	C-Team	North Creek	Woodinville	North Creek High School		
5:15 pm	Volleyball	Junior Varsity	North Creek	Newport	North Creek High School		
5:15 pm	Volleyball	C-Team	North Creek	Newport	North Creek High School		
5:30 pm	Girls Soccer	Junior Varsity	North Creek	Inglemoor	Pop Keeney Stadium		4:00 PM
6:00 pm	Football	C-Team	North Creek	Mount Si	North Creek High School		
7:00 pm	Volleyball	Varsity	North Creek	Newport	North Creek High School		
7:30 pm	Girls Soccer	Varsity	North Creek	Inglemoor	Pop Keeney Stadium		5:30 PM
Thursday, October 17, 2019							
3:00 pm	Girls Swim	Varsity	Eastlake	North Creek	Juanita Aquatics Center	1:35 PM	1:50 PM
Friday, October 18, 2019							
7:00 pm	Football	Varsity	North Creek	Issaquah	Pop Keeney Stadium		5:20 PM



Go, Jaguars!