

Why try Fencing?

Due to its unusual physical requirements and its endless tactical nuances, fencing is a sport which challenges pupils to develop extra physical skills, critical thinking and problem-solving abilities.



Who can do it?

Fencing is available to all pupils as a Games option. Year 9 pupils will be able to experience fencing as part of the Thursday sport option in order to challenge and expose them to different experiences. Those Year 9 pupils who have enjoyed fencing within this programme are then welcome to join the Fencing Club and take fencing as a Games option. Years 9-11 can fence up to five times a week and attend competitions at county, regional and national level as part of the squad if they wish. Sixth Form pupils can access fencing through the Games programme, whether they are established international fencers or complete beginners.



Highlights from 2018-19

- Successfully won the National Public Schools overall title for a record eighth consecutive year
- Pupils topped the medal table at the British School Team Championships
- Pupils represented five different nations at international level

Looking forward to 2019-20

- Aiming to win overall Public Schools and IAPS titles again
- Welcoming yet more international athletes from four different nations into the squad
- Working ever more closely with Millfield Prep fencers to create the #fencingfamily

Director of Fencing: Tristan Parris
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Coaches: Glen Golding, Nat Lewis, Mike Cleary, Sue Benney



High performance

Millfield Fencing can provide training in all three fencing weapons at the highest levels.

We offer individually tailored training, including private and group tuition. These sessions are available to all pupils who opt for fencing as their Games option, and all sessions are integrated into the school timetable.

We provide holistic support through athletic development, nutrition, psychology and physiotherapy services.

Jacob Mitchell (GB U17 and U20 fencer) says:

"The combination of expert individual lessons, tactical exercises and physical sessions have meant that I understand how to set my own goals both within fencing and in my studies. The atmosphere in the Salle makes me want to train hard and have fun every session."



Success stories and future stars

David joined us this year from Germany to access our training programme with the aim of making it into the GB squad - he has excelled and represented GB at the World Championships this year. David won the Senior Men's Foil at the Public Schools', anchored the winning Men's Foil team at the School Championships and also referees and coaches the Prep School at their events.



Elena Launder started fencing at the Prep School and had her first taste of international fencing this year, representing England at a competition in Poland.

"If it hadn't been for the opportunity at Millfield I would never have found fencing and now I love it."