

EXERCISE SCIENCE 4-YEAR PLAN

FRESHMAN

FALL			SPRING		
KINE166	INTRO OF KINESIOLOGY	3	KINE268	INTRODUCTION TO HEALTH	3
BIOL214	Human Anatomy & Physiology I	4	BIOL215	HUMAN ANATOMY & PHYSIOLOGY II	4
ENGL101	Written Communication II	3	ENGL102	Written Comm III	3
PSYC182	General Psychology	3	COMM171	Speech Communication	3
THEO110	Exploring Christian Faith	3	SOC151	Principles of Sociology	3
Credit Hours = 16			Credit Hours = 16		

SOPHOMORE

FALL			SPRING		
KINE269	ATHLETIC TRAINING	3	KINE282	APPLIED NUTRITION	3
KINE131	CPR/FIRST AID	.5	MATH111	Basic Probability & Statistics	3
CHEM150 or CHEM163	INTRO TO CHEM OR GEN CHEMISTRY I	4	BIBL215	Old Testament Literature	3
HIST242	Or HIST243	3	-----	Foreign Language	3
-----	Foreign Language	3	PHIL250	Intro to Philosophy	3
-----	Elective	3	KINE 252	Fitness/Wellness	1
			KINEXXX	On the Ball Training, or Aerobics, or Physical Fitness, or Weight Training	1
Credit Hours = 16.5			Credit Hours = 17		

JUNIOR

FALL			SPRING		
KINE349	MOTOR LEARNING	3	KINE465	INTERNSHIP IN KINESIOLOGY	3
KINE350	PSYCHOSOCIAL DIMENSION OF KINESIOLOGY	3	KINE461	ASSESSMENT IN HUMAN PERFORMANCE	3
LIT2XX	Literature Course	3	BIBL215	Old Testament	3
-----	Art/Drama/Music	3	-----	Elective	3
BIBL216	New Testament Literature	3	-----	Elective	3
Credit Hours = 15			Credit Hours = 15		

SENIOR

FALL			SPRING		
KINE462	PHYS OF EXERCISE	3	KINE463	KINESIOLOGY	3
PHIL 452	Senior Experience	1	KINE355	EXERCISE TRG TECHNIQUES	3
-----	Elective	3	-----	Elective	3
-----	Elective	3	-----	Elective	3
-----	Elective	3	-----	Elective	3
Credit Hours = 13			Credit Hours = 15		

52 = General Education Credits Required
 41.5 = Exercise Science Major Credits Required
 26.5 = Elective Hours Required
120 = Total Credits Required