



FRIDAY 11 OCTOBER 2019

MENTAL HEALTH ON THE MINDS OF EVERYONE AT BGS

Maintaining good mental health was an important theme in school this week.

We had a visit from the up-and-coming rock band, Offshore, who performed for our Year 9 pupils and then delivered a presentation and question and answer session about the importance of looking after your mental health.

On Thursday, members of the school, including some staff, came dressed in various items of yellow clothing to celebrate the #Helloyellow campaign as part of World Mental Health Day. The idea was to show young people that they are not alone if they are suffering from poor mental health and that there are people who can help them.

The pastoral teams are looking forward to launching this year's Mental Health Ambassador programme later in the term. We hope that the ambassadors from last year will want to continue in their roles and that more pupils this year will volunteer to join their ranks in supporting their peers and other members of the school.



YEAR 7 BOYS AND GIRLS TAKE PART IN HEARTBEAT BURY

This week all pupils in Year 7 have taken part in the annual Heartbeat Bury event.

During the day the pupils were off their normal timetable whilst they participated in a range of activities relating to living a healthy lifestyle. This included testing their fitness and heart rate in the Sports' Department, learning about the harmful effects of smoking, investigating how much sugar can be found in a range of food and drink products, discussing medical concerns and where and when to seek help, and practising a number of mindfulness techniques to improve our mental health. The day ended with a sponsored run in order to raise money for the School's Charity of the Year, Bury Hospice. The event was a great success with pupils taking away many tips to enable them to live a healthier lifestyle.



LETTERS



[Years 9-12
Geography students -
Azores Trip 2021](#)



[Non-Uniform Day -
17/10/2019](#)



[Year 9 - Bronze Level
Duke of Edinburgh's
Award](#)



[BGS Parents'
Association Christmas
Markets Flyer](#)

Previous letters can be found by visiting www.burygrammar.com/letters-for-parents

NOTICES

Your child's academic assessment / report will be available to view via the [BGS Parent Portal](#) from Monday, 14 October 2019.

Please also read our accompanying document '[Interim Assessment Guidelines for Parents](#)' for more information.

You can also view this information by downloading the **iSAMS Parent** app and receive alerts when new information arrives.



Just download the app, enter your BGS Parent Portal username and password and the school code which is BYGS.

This app links directly to the iSAMS Parent Portal and includes reports and assessments, exam results, pupil timetables, the school calendar and important documents and files.

If you have any queries regarding the BGS Parent Portal please email parentportal@burygrammar.com stating your son/daughter's name and form in the title of the email.

Kind regards,

The BGS Parent Portal Team

Ski Trip to Vermont

The senior school ski trip to Vermont at Easter 2021 has now filled up and applications are no longer being taken. If you would like your son/daughter to be placed on the reserve list, please contact Mrs Sharon Hart in the Boys' Senior School office. If places become available, they will be offered to any pupil on the reserve list.

Non-Uniform Day

On Thursday 17th October, Bury Grammar School is holding a Non-Uniform Day in aid of Bury Hospice.

DIARY DATES

DATE	TIMES	EVENT
16/10/2019	2pm kick off	Senior Boys Year 11-13 football v Wilmslow High School
17/10/2019	All Day 7.35pm – 9.45pm	Whole School Non-Uniform Day Senior Girls/Sixth Form Drama students trip to Lowry Theatre
18/10/2019	n/a 3.45pm	Battlefields Tour departs Half Term begins
22/10/2019	n/a	Battlefields Tour returns
04/11/2019	8.40am	Term resumes

The full school calendar can be found by visiting www.burygrammar.com/calendar