

Mansfield ISD Special Olympics Handbook



*Mansfield All Stars
A Special Olympics Team*

Contact Information

Mansfield ISD All Stars web address is <https://sites.google.com/site/mansfieldallstarsspecialo/home>

Co-Heads of Delegation

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Mission and Purpose

The purpose of Mansfield ISD Special Olympics Delegation is to enrich the lives of students with intellectual disabilities by giving them opportunities to grow in the sport of their choice. It is the intention of the MISD delegation to offer athletes the opportunity to participate in several sports.

Criteria for Athlete Participation

Athletes must be currently enrolled in the Mansfield ISD.

Athletes must qualify as having an intellectual disability.

Athletes must maintain sportsmanlike conduct. The athlete must sign and adhere to the Special Olympics Texas Code of Conduct. The code of conduct must be signed before the athlete can participate in Special Olympics Meets including local meets.

Athletes must have a physical on file with the MISD delegation and SOTX (Special Olympics Texas). A new physical is required every three years. The athlete may not participate in practices outside of the school hours or SOTX meets unless they have a current physical on file.

The athlete must be in good standing with the Mansfield ISD.

Volunteers with Mansfield ISD

Mansfield ISD volunteers must adhere to the SOTX criteria for volunteers which include a background check, general orientation and protective behaviors. (This includes unified partners.) Parents whose athletes attend

State Level games must have a current background check on file with Special Olympics Texas.

Unified Partners

Unified partners are peers without intellectual disabilities who are currently enrolled in the Mansfield ISD. Unified partners are a wonderful asset to the program. Unified Partners compete alongside athletes in various sport settings. Unified partners' focus must be the athlete. Unified partner spaces are limited. The use of unified partners is up to the discretion of the Co-Heads of Delegation and Head Coach.

Criteria for Area Games

Athletes must be 8 years or older to compete at Area 11 Games. Area games are open to elementary, intermediate, middle and high school students.

Athletes must also have met the criteria for participation

Athletes must attend at least eight practices prior to competition and one local meet or scrimmage.

Criteria for State Games

Athletes must be enrolled in middle and high school students for Fall Classic and Summer Games if overnight travel is required. If the games are local, athletes must be 12 or above to attend. Athletes may attend Winter Games if they are 12 or above.

Athletes must be passing all classes in order to attend. Athletes and Unified Partners must submit their most recent grade report to their Head Coach one week prior to State Games.

Athletes must participate in Area Games.

MISD athletes will be invited to attend state meets by Special Olympic coaches. With reasonable accommodations athletes must meet Special Olympics criteria for participation and be in good standing with the Mansfield ISD. Athletes and Unified Partners must be passing all classes in

order to attend. The MISD Delegation will abide by the "No Pass, No Play rule".

Parents must provide transportation to all Area and State Games. They must accompany their athletes to all events and stay at the events. A portion of state costs may be funded by the district.

Parent meetings will be held prior to competition by the Co - Heads of Delegation or designated representative.

Sports Offered by the Mansfield ISD Delegation

The Mansfield ISD Delegation will offer the following sports at the local and state level; aquatics, bocce, athletics, basketball and cycling. Bowling is sponsored by the district at the area level. The Booster Club sponsors bowling at the State level.

Bocce

Bocce is a sport that the MISD Delegation offers at area and state level. Bocce is a sport which practices approximately from May to October each year. The district provides the practice area for bocce. The coach serves as a volunteer and works with Head of Delegation to make athletes successful at bocce. Attire for bocce includes cool clothing, sneakers (no sandals please) and a smile. If your athlete is interested in participating in this sport please check with the Co-Heads of Delegation prior to May for practice times and details.

The following events may be offered by the Mansfield ISD Delegation.

- Singles
- Doubles and Unified Sports Doubles
- Ramp Singles
- Half- Court Singles

Aquatics

Aquatics are a sport that the MISD Delegation offers at area and state level. Aquatics are a sport which practices approximately from April to October each year. The district provides the practice facility for aquatics. The coach serves as a volunteer and works with the Co-Heads of Delegation to make athletes successful at swimming. Attire and equipment needed for swimming will include appropriate swimwear, towel, goggles, swim cap (if desired) and a smile. Athletes' families will be responsible for purchasing their swim suit. If your athlete is interested in participating in this sport please check with the Co-Heads of Delegation prior to April for practice times and details.

The following events may be offered by the Mansfield ISD Delegation.

- Individual Events

- Freestyle - 25, 50, 100, 200 and 400 meter
- Backstroke- 25, 50, 100 and 200 meter
- Butterfly
- Breaststroke
- Relay Events and Unified Sports Relays
 - Freestyle Relay - 4 x 25, 4 x 50
 - Medley Relay
- Individual Skills
 - 15m Walk
 - 15m Flotation Race
 - 15m Unassisted Swim
 - 10m Assisted Swim
 - 25m Flotation Race

Bowling

Bowling is a sport that the MISD Delegation offers at area level and the Booster Club sponsors it at the state level. The district pays for bowling fees through Area Games. Athletes going to State Games must pay for their bowling fees after area. Bowling Balls and shoes are provided by the alley, however the MISD Delegation encourage athletes to purchase their own. Parents must purchase bowling shirts. Bowling practices are scheduled from approximately September through February each year.

The following events may be offered by the Mansfield ISD Delegation.

- Singles
- Doubles
- Mixed Doubles
- Unified Sports Doubles
- Ramp Assisted
- Ramp Unassisted

Basketball

Basketball is a sport that the MISD Delegation offers at area and state level. Attire includes shorts, t-shirts, tennis shoes and a great attitude. The MISD Delegation furnishes the uniforms for this sport. Uniforms are checked in and out on game day. Athletes are required to wear black shorts and a solid white shirt under their uniform.

The following events may be offered by the Mansfield ISD Delegation.

- Team Competition
- Individual Skills
- Team Skills
- 3 on 3

Athletics

Athletics is a sport that the MISD Delegation offers at area and state level. Attire includes shorts, t-shirts, tennis shoes and a great attitude. The Delegation will furnish track uniforms on the days of competition. Athletes must turn in the uniforms following the competition days.

The following events may be offered by the Mansfield ISD Delegation.

- 50m, 100m, 200m, 400m Dash
- 800m, 1500m, 3000m Run
- 10m, 25m, 50m Assisted Walk
- 25m, 50m Walk
- 100m, 400m Race Walk
- 4 x 100m Relay
- 4x 400m Relay
- Ball Throw
- Softball Throw
- Shot Put
- High Jump
- Standing Long Jump
- Running Long Jump
- 10m, 25m, 100m Wheelchair Race
- 30m Wheelchair Slalom
- 25m Motorized Wheelchair Obstacle Race
- 50m Motorized Wheelchair Slalom

Cycling

Cycling is a sport that is offered by the MISD Delegation for Area and Summer Games. Cycling practices are scheduled from approximately January through May each year.

Students must furnish their own bicycle and helmet. Athletes can not practice without a helmet. Athletes may use a two or three wheel bicycle.

The head coach must pre-approve the bicycle. Parents must transport the bicycle to and from events.

The following events may be offered at the Area and State level.

1 km Time Trial

1 km Modified Bicycle Time Trail

5km Modified Bicycle Time Trail

5km Road Race and Time Trail

10km Road Race and Time Trail

25km Road Race

500m Bicycle Modified Time Trail

500m Bicycle Time Trail

15km Road Race

Tennis

Tennis is a sport that will be offered to Middle and High School students.

Tennis practices are scheduled from approximately January through May each year. Athletes may participate in Area and State Games. Some of the events that may be offered are listed below.

Individual Skills

Doubles

Singles

Two Bounce Singles and Doubles

Transitional Ball Singles and Doubles

Low Compression Ball Singles and Doubles