

Health and Physical Education (2019-20)

1st Semester (16 hrs.)	Course Title	Term Offered	Prerequisites & Notes
GATE 101 (1)	Gateway to University Life	Fall	
GPS 110 or 120 (3)	Global Perspectives	Fall, Spring	110 & 120 can be taken in any order
ENG 110 (3)	University Writing & Research	Fall, Spring	If enrolled in ENG 100, 110 is still required;
COMM 101 (3)	Public Speaking *	Fall, Spring	Required for Teacher Education program
ED 300 (1)	Teaching: The Profession *	Fall, Spring	
HPE 201 (3)	Introduction to Health & Physical Education	Fall	
HPE 220 (2)	Educational Gymnastics, Dance & Rhythms	Fall	

2nd Semester (16 hrs.)	Course Title	Term Offered	Prerequisites & Notes
GPS 110 or 120 (3)	Global Perspectives	Fall, Spring	Enroll in the course not completed in the Fall
BIO 120 (4)	Human Biology	Fall, Spring	Minimum grade of C required
PE 101 (2)	Personal Fitness & Wellness	Fall, Spring	Required for University Foundations
Fine Arts (2)	University Foundations	Fall, Spring	
ED 301 (3)	Foundations of Education *	Fall, Spring	
HPE 222 (2)	Teaching Team Sports	Spring	

3rd Semester (16 hrs.)	Course Title	Term Offered	Prerequisites & Notes
GPS 210 or 220 (3)	Global Perspectives	Fall, Spring	210 & 220 can be completed in any order
Foreign Language 101 (3)	University Foundations	Fall, Spring	
PSYC 101/202 (3)	General Psychology/Psychology of Adjustment	Fall, Spring	
ED 303 (3)	Educational Psychology *	Fall, Spring	Sophomore classification
HPE 230 (2)	Fitness Promotion & Assessment	Fall	
EXSC 205 (2)	Principles of Resistance Training	Fall, Spring	

4th Semester (15 hrs.)	Course Title	Term Offered	Prerequisites & Notes
GPS 210 or 220 (3)	Global Perspectives	Fall, Spring	Enroll in the course not completed in the Fall
Foreign Language 102 (3)	University Foundations	Fall, Spring	
MATH (3) & Elective (1) or Lab Science (4)	University Foundations	Fall, Spring	
ED 306 (3)	Curriculum & Instruction *	Fall, Spring	ED 301, 303 & admission to the Teacher Education program
HPE 221 (2)	Teaching Individual and Dual Sports	Spring	

Notes: 1 Fall of Sophomore year: Apply to teacher education program - October 15th deadline (March 1st spring deadline).

*45+ Hours Completed, 2.70+ GPA, 10 Observations Hours, C in Eng 110, Pass Praxis I or SAT/ACT Exemption.

*Formal Application-Autobiography, 3 Refences (at least one from Education Instructor), Interview

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- 2 Bold courses are included in the Specialty Studies of the HPE major and BIO 120; minimum grade of C required.
 3 * courses are included in the Professional Studies of the School of Education; minimum grade of C required.
 4 HPE students apply to the Teacher Education program in Fall (by October 15th) of Sophomore year.

5th Semester (17 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 310 or 320 (3)	Global Perspectives	Fall, Spring	310 & 320 can be completed in any order
	MATH 209 (3)	Inferential Statistics	Fall, Spring	
	ED 326 (1)	Content Area Literacy	?	ED 301, 303, 306
	EXSC 312 (4)	Human Structure & Function	Fall	Prerequisite for 255, 310, and 315
	HETH 101 (3)	Personal and Community Health	?	
	HPE 410 (3)	Adapted Sport & Physical Education	Fall	

6th Semester (16 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 310 or 320 (3)	Global Perspectives	Fall, Spring	Enroll in the course not completed
	ED 304 (1)	Exploring Diversity	Fall, Spring	ED 305 co-requisite
	ED 305 (3)	Introduction to Differentiated Instruction for all Learners*	Spring	ED 303
	EXSC 255 (3)	Nutrition	Spring	EXSC 312
	HPE 320 (3)	Methods of Teaching Health	Spring	ED 301, 303, 306
	HPE 380 (3)	Elementary Physical Education Methods (K-6)	Spring	ED 301, 303, 306

7th Semester (17 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	Lit/Writing (3)	University Foundations	Fall, Spring	200+ level ENGL course
	Restricted Elective (3)	Choose from 5 courses	?	
	EXSC 310 (4)	Exercise Physiology	Spring	EXSC 312
	HPE 203 (3)	Motor Learning	Fall	
	HPE 385 (3)	Middle and Secondary Physical Education Methods	Fall	ED 301, 303, 306
	PE 145 (1)	Sport Safety Training	Fall	May substitute with CPR/AED Certification

8th Semester (12 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	ED 490a (4)	HPE Student Teaching: Instructional Preparation *	Fall, Spring	Completion of program requirements and permission of the Dean of the School of Education & the Teacher Education faculty.
	ED 490b (4)	HPE Student Teaching: Instructional Presentation *	Fall, Spring	
	ED 490c (4)	HPE Student Teaching: Classroom Organization/Management *	Fall, Spring	
	ED 497 (0)	Exit Examination	Fall, Spring	
	ED 498 (0)	Student Teaching Portfolio	Fall, Spring	
	HPE 497 (0)	Exit Examination	Fall, Spring	

Total Credit Hours earned = 125

Four Year Academic Plan
Health and Physical Education (2019-20)

Graduation Requirements:

- 1 Must maintain minimum cumulative and Specialty area GPA of 2.7 to student teach and graduate.
- 2 Must complete the last 30 credit hours of degree at Wingate University.
- 3 Must fulfill Lyceum requirement as outlined in Academic Catalog.

Comments: