



EDEN PRAIRIE SCHOOLS
Inspiring each student every day

**Eden Prairie Schools
Wellness Advisory Committee**

Convener: Kristin Treptow, Child Nutrition Coordinator
Facilitator: Jason Mutzenberger, Executive Director of Business Services

Date: September 17, 2019 – Riley Creek Room (Administrative Services Center)
Time: 3:00 pm – 4:00 pm

Our Mission

Inspire each student to learn continuously so they are empowered to reach personal fulfillment and contribute purposefully to our ever-changing world.

Our Purpose

The school wellness committee is an advisory group including school staff, parents, and community members concerned with the health and well-being of students and staff. We will monitor the implementation and effectiveness of the school district's Local Wellness Policy according to the Healthy, Hunger-Free Kids act of 2010 and study and make recommendations regarding wellness related issues.

Agenda:

1. Kristin-Introductions
2. Amanda-SHIP Grant Update and Champions (20mins)
3. Mary-Wellness Mindfulness Update (10 mins)
4. Jason-Alternative Meals Lunch Change
5. Jason-Wellness Policy Triennial Assessment

Protocols:

1. Start and end on time
2. Reveal our interests and work toward the common good
3. Honor and respect multiple voices and ideas
4. Speak your truth with grace
5. Contribute to the conversation
6. Take care of self and others

Attendees:

Jason Mutzenberger, Exec Director Business Services
Roxann Roushar, Director of Child Nutrition
Kristin Treptow, Child Nutrition Coordinator
Hernan Moncada, Principal
Chuck Knuth, Community Member
Sujata Costello, Community Member
Mrinalni Iyer, Student
Mary Cryer, Health Services
Jackie Getchius, Community Member
Amanda Nagy, Hennepin County Health Specialist
Amy Antilla, Health Services

Meetings:

School Year 2019-20
September 17, 2019
November 12, 2019
January 14, 2020
March 10, 2020
May 12, 2020