



Loomis Chaffee Athletics Programs



Fall

Interscholastic Teams Team and Physical Exertion

V & JV Football
V,JV,3rds Field Hockey
V,JV,3rds Boys Soccer
V,JV,3rds Girls Soccer
V,JV,3rds Volleyball
V,JV Boys Cross Country
V,JV Girls Cross Country
V,JV Boys Water Polo
Equestrian

Intramural Programs Team and Physical Exertion

Intramural Soccer
Intramural Crew

Life Fitness Programs Physical Exertion

Cardio Fitness
Performance Training
Squash
Tennis
ISP
Athletic Training



Winter

Interscholastic Teams Team and Physical Exertion

V,JV,3rds Boys Basketball
V,JV Girls Basketball
V,JV Boys Ice Hockey
V,JV Girls Ice Hockey
V Girls Swimming and Diving
V Boys Swimming & Diving
V,JV Wrestling
Equestrian
V,JV Alpine Skiing
V,JV, Boys Squash
V,JV, Girls Squash

Intramural Programs Team and Physical Exertion

Intramural Basketball

Life Fitness Programs Physical Exertion

Cardio Fitness
Performance Training
Skiing/Snow boarding
Winter Jogging
Spin Class (9)
Yoga
ISP
Athletic Training



Spring

Interscholastic Teams Team and Physical Exertion

V,JV Baseball
Crew
V,JV Boys Golf
V Girls Golf
V,JV,3rds Boys Lacrosse
V,JV,3rds Girls Lacrosse
V,JV Boys Tennis
V,JV Girls Tennis
V Softball
V,JV Boys Track and Field
V,JV Girls Track and Field
V Girls Water Polo

Intramural Programs Team and Physical Exertion

Intramural Ultimate Frisbee

Life Fitness Programs Physical Exertion

Cardio Fitness
Performance Training
Cycling
Hiking Badminton
Equestrian
Outdoor Fitness Yoga
ISP
Athletic Training